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Using panel data to estimate the effect of rainfall shocks on smallholders food security and vulnerability in rural Ethiopia

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Abstract

Ethiopia's agriculture is predominantly rainfed and hence any irregularity in weather conditions has adverse welfare implications. Using panel data, this paper analyzes the effect of rainfall shocks on Ethiopian rural households' food security and vulnerability over time while controlling for a range of other factors. To this end, we generated a time-variant household food security index which is developed by principal components analysis. Based on the scores of the index, households were classified into relative food security groups and their socioeconomic differences were assessed. The exploratory results show that compared to the less secured households, the more secured ones have male and literate household heads, tend to have a greater number of economically active household members, own more livestock, experience better rainfall outcome, participate in *equb* (a local savings group), and use chemical fertilizer. Fixed effects regression was used to identify the factors which affect the score's variability and the results indicate that rainfall shock is an important factor affecting households' food security over time. It is also noted that household size, head's age, participation in *equb*, off-farm activities, use of fertilizer, and livestock ownership positively and significantly affect the food security score. Results from multinomial logistic regression model reinforce the fixed effects regression results by showing the strong association of persistent food insecurity and vulnerability with adverse rainfall shock. A number of conclusions can be drawn from the results which are useful for policymakers as well as for agencies that engage in areas of risk and food security.

Keywords: *food security, principal components analysis, rainfall, panel data, Ethiopia*

Using panel data to estimate the effect of rainfall shocks on smallholders food security and vulnerability in rural Ethiopia

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1. Introduction

Over the last decades many developing countries have experienced notable progress in their economic growth and managed to improve the welfare status of their population considerably. Technological changes in agricultural production combined with the prevalent favourable economic policies have played a major role in their overall economic development in general and the availability and access to food in particular. Nevertheless, food security has not been attained in most developing countries and in several Sub-Saharan African (SSA) countries food insecurity continues to be a deep seated problem. Statistics shows that between 1990/92 and 2003/05 the number of undernourished in Africa escalated from 169 million to 212 million (FAO 2008). Also, per capita food production has declined steadily over the past decades while it increased in the other parts of the world (FAO 2006). The state of food self-sufficiency deteriorates with each passing year thus increasing the number of food deprived households. Even now developing countries are overwhelmed by heightened food security crises making the problem of food security an issue of great concern.

As in other SSA countries, Ethiopia has persistently suffered widespread food insecurity. The results of a nation-wide Welfare-Monitoring-Survey conducted in 2004 indicate that 31% of Ethiopian households have had difficulty meeting their food demands in the past 12 months. The same data further show that 51.2% of households indicate their own production will last only 4-9 months; only 2% of the households surveyed expect to cover their food needs from their own production (Abebe 2007). Since the country's economy is mainly based on rainfed agriculture, food production is highly vulnerable to the influence of adverse weather conditions such as drought[3]. According to Von Braun (1991) a 10% decline in the amount of rainfall below the long run average leads to a 4.4 % reduction in the country's national food production. Drought has been an increasing occurrence over the last decades as has the proportion of the population adversely affected by it. For example, Adnew (2003) indicates that the proportion of drought affected people almost doubled from 8% of the total population

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3 For example, the annual agricultural growth rate has been negative between 1999/2000 and 2003/04 due to drought (MOFED, 2002).

in 1975 to 16% in 2003. Consequently, the country has been dependent on food aid to bridge its huge food gap. Even in a year where rainfall is favourable it is estimated that around 4-5 million Ethiopians depend on food aid (Devereux 2006) reflecting how deep-rooted food insecurity is in the country. Thus, increasing food production and ensuring its steady access to the fast growing population on one hand and designing effective drought mitigation strategies on the other remains to be a major challenge for Ethiopia's development endeavour.

Previous studies have shown that changes in climatic condition largely affect food security (Rosenzweig et al. 1995) and the effect is more pronounced particularly in developing countries (Downing 1992) such as Ethiopia as much of agricultural production depends on a highly variable rainfall and the capacity to cope in the event of shock is low. The impact of change in climatic condition on agricultural production and productivity in different parts of Africa has been widely studied (Downing 1992; Schulze et al. 1993; Mohamed et al. 2002a, b; Chipanshi et al. 2003; Deressa 2007; Yesuf et al. 2008). However, as Gregory et al. (2005) state, while several studies delve into assessing the link between changes in weather conditions and crop production and productivity, direct assessments of the effect of climate change on food security remain limited. Hence, the present study attempts to contribute towards this literature by empirically assessing the impact of rainfall shock which is a critical climatic factor in Ethiopia on changes in households' food security over time.

Many studies have been conducted and published so far using the same data as utilized here. Nevertheless, given the pervasive nature of food insecurity in the country, the issue requires more attention than given in prior studies. Furthermore, many governmental and non-governmental agencies look for a relatively easy measure of food security so they can monitor the prevalence of food security or insecurity, which makes deriving alternative measures desirable. Accordingly, the present study attempts to construct a relatively simple and time-variant food security index using Principal Components Analysis (PCA) and thereby assess the dynamics of food security and how it is related to rainfall variation at household level.

The present study is different from earlier works in two important aspects. Firstly, earlier works on food security and vulnerability commonly concentrate on employing a single measure of food security such as calorie availability, per capita food expenditure, self-reported food security status, and daily meal intake frequency. Yet, food security is a broad concept and it is difficult to capture by simply applying a single indicator (Von Braun et al. 1992). In the present study, however, a time-variant food security and vulnerability index has been built from a combination of several factors which capture its different dimensions as

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well as its validity and evolution over time assessed. Secondly, previous research on food security and vulnerability mainly used cross-sectional data and assessed the problem of food security at one point in time while the present study, using panel data, tries to address the dynamics of food security and examine the impact of rainfall shock and other variables on household food security. The results of the present study provide useful information to policymakers which can help them fine-tune and adjust how they address the problem of food insecurity. The remainder of the paper is organized as follows. The next section gives overview of the data and the third section provides methods of analysis employed in the study. The results are presented in the fourth section and the last section offers the conclusions.

2. Data and study areas

The study used a dataset commonly called the Ethiopian Rural Household Survey (ERHS) - a longitudinal dataset collected from randomly selected farm households in rural Ethiopia. Data collection and supervision was conducted by the Department of Economics at Addis Ababa University, Centre for the Study of African Economies (CSAE)-University of Oxford, UK and International Food Policy Research Institute (IFPRI) in collaboration. Data collection started in 1989 on seven study sites mainly those which suffered from the 1984-85 drought and others that occurred between 1987 and 1989. The sample size was 450 households. The primary intention of the survey was to study smallholders' responses to food crisis (Dercon and Hoddinott 2004).

The 1989 survey was expanded in 1994 by incorporating other survey sites in different regions of the country. From 1994 onwards data collection has been conducted in a panel framework. Six of the study areas covered in 1989 have been included and one site was excluded due to security reasons. The number of study areas was increased to fifteen with the resulting sample size totalling 1477 households. The newly included study villages were selected in order to represent the country's diverse farming systems.

Before a household was chosen, a numbered list of all households (sampling frame) was developed with the help of local Peasant Association (PA) authorities. Once the list had been constructed, stratified sampling procedure was applied to select sample households in each village (Kebede, 2002). In each study sites sample size was determined by the proportion of the entire population of the respective village and hence the samples are self-weighting (Dercon and Hoddinott 2004).

A total of six rounds (from 1994 till 2004) of data collection have been undertaken with an emphasis on emerging current issues in each wave although the main module of the questionnaire was kept as it was. The data is an unbalanced panel and the spacing between the survey rounds was inconsistent. It has been indicated that these data are not nationally representative, however they give a good picture of the major farming systems of the Ethiopian highlands. The main parts of the questionnaire include demography, asset ownership, farm input use, outputs, livestock production, and health. The present study utilized three rounds of the dataset (1994a, 1999 and 2004) which are spaced at five year intervals.

3. Methodology

3.1 Generating index of household food security: Application of PCA

Although food security has been defined in many different ways most of these definitions are more or less similar to that of the World Food Summit in 1996 which states "Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active and healthy life" (FAO 1996). There are three important components imbedded in this definition. The first component is the availability of food in a given country/household through any means (production, imports or food aid, for example). The second aspect concerns the access to food by people/households as reflected by their ability to get food through purchases from market, from own stock/home production, gift or borrowing. The third component relates to the actual processing and absorption capacity of the body of the supplied nutrients. These three components, though they are theoretically hypothesized to reflect different dimensions of food security, in actual terms are indeed not separate but interlinked.

Maxwell et al. (2008) describe the frequently available and utilized indicators which potentially measure food security as the following: nutritional status, actual food consumption at the household level by a 24-hr recall, coping strategies index, as well as proxy indicators such as calorie intake, household income, productive assets, food shortage, under 5 nutritional status, dietary diversity, and household food insecurity access scale. Although these indicators reasonably capture and designate a small portion of the problem, they do not provide a comprehensive picture. Maxwell et al. (2008: 534) further note that "although some progress has been made, the search for more broadly applicable measures of food security continues".

Hence, in the present study we try to develop a relatively simple measure of food security which encompasses its access and availability components in the context of rural Ethiopian households and thereby make a contribution to the improvement of food security measurement. To this end we employ a multivariate statistical technique known as Principal Components Analysis (PCA). We incorporated several indicators that are hypothesized to capture the different dimensions of food security. PCA extracts the linear combination of these variables which give the maximum variance and transform them into one index (Zeller, et al. 2006). The new index represents "the best summary of the linear relationship among the initial variables" (Conte 2005). Stated mathematically, from an initial set of n correlated variables $(x_1, x_2, x_3, . . ., x_n)$, PCA creates uncorrelated indices or components whereby each component is a linear weighted combination of the initial variables (Vyas and Kumaranayake 2006) as follows:

$$PC_m = a_{m1}x_1 + a_{m2}x_2 + a_{m3}x_3 + . . . + a_{mn}x_n \qquad (1)$$

Where a_{mn} represents the weight for the mth principal component and the nth variable. The components are ordered so that the first component explains the largest amount of variance in the data subject to the constraint that the sum of the squared weights $(a^2_{m1} + a^2_{m2} + a^2_{m3} + . . . + a^2_{mn})$ is equal to one. Each subsequent component explains additional but less proportion of variation of the variables. The higher the degree of correlation among the original variables, the fewer components required to capture common information ((Vyas and Kumaranayake 2006). Once the first component is identified, we can derive the food security index for each household as follows:

$$FSI_j = \sum F_i [(x_{ji} - x_i)/S_i] \qquad (2)$$

Where F_i is the weight for the ith variable in the PCA model, x_{ji} is the jth household's value for the ith variable, and x_i and s_i are the mean and standard deviations of the ith variable for overall households. Since we are using three rounds of household panel dataset, we need to generate the index that is comparable over time. To this end, following the innovative approach of Cavatassi et al. (2004) we pooled the data for the three rounds and estimated the principal components over the combined data. The resulting weight is then applied to the variable values for each rounds of the data using equation (2) above. According to Cavatassi et al. (2004) this approach helps to facilitate the index's comparability over time. Since the

variables used to construct the index and their respective weights remained the same in all the three rounds, we can use it to compare changes over time (Vyas and Kumaranayake 2006).

Identification and selection of indicator variables was driven by the data available and food security literature in Ethiopia or elsewhere. Accordingly, five indicator variables[4] were used to construct the index: size of land cultivated, the availability of food stocks, variety of food groups consumed, the variety of crops planted, and oxen ownership. In general, these variables reflect the access and availability dimensions of food security. World Food Program routinely applies PCA in generating food security index and household profiling. A study by Qureshi (2007) also employed PCA generated food security measurement index for rural households in the Bolivian Amazon.

3.2 Results of principal components analysis

The results of the PCA indicate that all five variables were combined and the first factor explained 32.5% of the total variation in the data. The second factor explains only 12% of the variance. The component loadings, which are the most important output for determining the first principal component, (Zeller, et al. 2006) are presented in Table 1.

As the table makes clear, the loadings in the first component all exhibit positive signs and are in accordance with our expectations. For example, ownership of more oxen, which are the primary draft power source in rural Ethiopia, guarantees the timely execution of agricultural activities thereby improving household food availability. This variable is hypothesized to correlate positively with the index and is confirmed as anticipated.

Table 1: Component loadings of the food security indicators

Variables	Components	
	1	2
Number of oxen owned	.715	-.275
Number of crops grown	.698	-.281
Whether the household stored crops	.536	.409
Size of land under cultivation	.448	-.258
Number of food groups consumed	.370	.781

Source: own computation

More oxen is also associated with having larger cultivated land size, consumption of more diverse food, growing of varied types of crops, and higher probability of crops stored by the household. So, the first component is considered to be the index of food security and

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4 With regard to measurement of the variables, size of land cultivated was measured in hectare. For the availability of stored crops, household were asked if they had stored any crops for future use and a value of one was assigned if the household had stored crops and zero if not. The types of crops grown, food groups consumed, and oxen owned were measured in numbers.

vulnerability for our purpose. The value of the Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy is 0.66 which justifies the model as fairly acceptable (Henry et al. 2003).

A correlation analysis was done for each year to examine to what extent our index is associated with some of the factors commonly known to indicate food security. Results are presented in Table 2. On the whole, our index seems to be well correlated with the variables in the expected directions implying the validity of our index in reasonably measuring the relative food security status of sample households.

Table 2: Correlation between food security index and other measures of food security

Indicators	Pearson correlation		
	1994	1999	2004
Consumption expenditure per capita	0.370 (0.000)	0.400 (0.000)	0.420 (0.000)
Value of food consumption per month	0.330 (0.000)		0.370 (0.000)
Value of food consumed per week	0.348 (0.000)		
Amount of food consumed in a typical week		0.093 (0.000)	
No. of cows	0.286 (0.000)	0.364 (0.000)	0.375 (0.000)
No. of sheep and goat	0.179 (0.000)	0.436 (0.000)	0.326 (0.000)
Dependency ratio[5]	-0.121 0.000)	-0.065 (0.000)	-0.044 (0.1330)
Value of agricultural tools owned	0.119 (0.000)		
Value of other household assets owned	0.240 (0.000)		0.218 (0.000)
Value of food consumed from own stock per week	0.399 (0.000)		0.264 (0.000)
No. of meal per day last week	0.234 (0.000)		
No. of food shortage months			-0.275 (0.000)
No. of meal per day during famine			0.246 (0.000)

Source: own computation from ERHS dataset. The figures in parenthesis are p-values.

3.3 Rainfall variable measurement approach

The crucial role of rainfall in the life of agricultural households in Ethiopia is widely recognized; any irregularity in its timing and/or fluctuation in amount results in adverse welfare consequences. The present study examines how household food security is associated with rainfall variation over time. In assessing the effect of rainfall variability on outcome variables such as farm profit or poverty, the traditional approach in measuring rainfall is to use time series meteorological data available from different weather stations. However, in developing countries like Ethiopia meteorological stations are sparse and hence reliable

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[5] Haddad, Kennedy, and Sullivan (1994) pointed out that dependency ratio, asset ownership and household size can be used as indicators of food insecurity.

rainfall data at micro-level is scarce. So, given this difficulty, the present study uses the recall method to measure rainfall.

The rainfall index is calculated to represent households experience in rainfall quality based on their recall of the preceding agricultural season. More specifically, households were asked whether rain came and stopped on time, whether there was enough rain at the beginning and during the growing season and whether it rained at harvest time. The responses for these questions were dichotomized in such a way that those who respond "on time" coded into one and others (early /late) into zero. We summed them up and divided them by the number of rain related questions (5). So the most favourable rainfall outcome is one and the least is zero. Quisumbing (2003) in a study of food aid and child nutrition in Ethiopia also followed similar approach in generating a rainfall variable.

3.4 Econometric Models and variables

The present analysis is performed on three rounds of household panel data sets which are spaced five years apart. The panel nature of the data calls for the use of models which are appropriate for it. Accordingly, econometric estimations are done applying the two prominent panel data models: fixed effects and random effects models. These models, by virtue of their capacity to account for intertemporal as well as individual differences, provide a better control for the influence of missing or unobserved variables (Chan and Gemayel 2004). Let us consider the following simple panel data model:

$$Y_{it} = \beta X_{it} + \alpha_i + u_{it} \qquad (3)$$

Where:

Y_{it} is the dependent variable observed for household i at time t, in our case it is the food security index derived from PCA procedure.

X_{it} is a vector of explanatory variables for household i at time t

ß is a vector of coefficients.

α_i denotes unobserved household specific effects which are assumed to be fixed over time and vary across household i.

u_{it} is the error term

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The assumption behind the relationship between the X_{it} and α_i makes the fixed effects and random effects models different. The fixed effects approach assumes that α_i is treated as non-random and hence make the correlation between the observed explanatory variables (X_{it}) and α_i possible. On the other hand, the random effects approach is applicable under the assumption that α_i is random and not correlated with X_{it} and puts it into the error term (Wooldridge 2003). We used a Hausman test to check whether there is such a correlation between the observed explanatory variables and α_i so that the suitable model specification is decided. According to Hill et al. (2008) if there is no correlation, in large samples the results obtained in applying the two estimators should be alike. Yet if there is correlation, the estimated results of the two estimators are different. Specifically, in the presence of such a correlation the random effects estimator is inconsistent whereas that of the fixed effects remains consistent. We also conducted a test to detect whether there is autocorrelation and whether the variance of the residuals is homeskedastic in the model specified.

In the following, we describe the variables included in the model and our prior expectations about their relationship with food security. Table 3 presents the definitions of the variables included in the empirical model. Although the focus is effect of rainfall shock on food security and vulnerability, we also controlled for other factors that are hypothesized to associate with food security index. Thus, a number of demographic, social, and economic variables are included in the model. Prevalence of favourable rainfall is hypothesized to affect food security positively as most sample households engage predominantly in agriculture which is entirely rain dependant. We expect food security to be positively associated with modern technology use, such as fertilizer, since its application might augment both food and income. Access to credit is anticipated to have a positive influence because it enables farmers apply more inputs by easing short term liquidity constraints thereby influencing food production. Credit can also be used as a consumption smoothing mechanism in the event of food shortage in the household (Zeller and Sharma 2000). Involvement in off-farm activities is also hypothesized to affect household food security but its effect cannot be determined beforehand. This is because engagement in these activities might bring about more money thereby corroborating the food security situation of the household. If, however, farmers spend more of their time on off-farm activities, there is less time for farm operation and particularly if the wage they earn is not commensurate with the forgone farm income, their food security situation will be in jeopardy.

Livestock ownership is expected to have positive effects on food security since livestock are an important source of household capital and a means to cope with difficult times. Membership in traditional revolving saving and credit associations (*equb*[6]) is expected to influence food security positively since it reduces potential household liquidity problems. Also, more savings encourage more investment in farm and household affairs.

Table 3: Description of the variables included in the estimation

Variable	Description
Age	Age of the household head in years
Household size	Size of the household head in numbers
Gender	Gender of the household head (=1 if head is male, 0 otherwise)
Credit	Whether any member has taken out a loan (=1 if taken, 0 otherwise)
Equb	Whether any member is member in *equb* (=1 if member, 0 otherwise)
Off-farm	Whether any member has participated in off-farm activities (=1 if participates, 0 otherwise)
Literacy	Whether the head can read and write (=1 if he/she can, 0 otherwise)
EAL	The number of household members who are economically active (EAL)[7]
Fertilizer	Whether the household uses chemical fertilizer (=1 if use, 0 otherwise)
Livestock	The number of livestock owned by the household
Rainfall index	Index constructed from responses of a set of questions related to rainfall timeliness, amount and distribution

Family and household characteristics can also play a role in determining households' food security. Male-headed households are expected to have higher food security status than their female-headed counterparts since most female-headed households in the Ethiopian rural system are formed as a result of death of husband or divorce, a situation which leaves the female with insufficient resources such as land, livestock and other productive assets. The head's age might affect food security of the household he/she manages through asset accumulation, technology adoption or risk aversion but cannot be determined *a priori* since household heads become more experienced with age and acquire more knowledge and physical assets thereby affecting food security positively. Yet it could be negatively correlated with food security indicating that as the head ages he/she might be less efficient to carry out demanding farm operations resulting in low farm production and productivity. Likewise, the size of a household definitely has an effect on food security though its direction cannot be known beforehand. In many prior empirical works, the effect of household size on food

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6 Equb is a traditional source of fund both in rural and urban Ethiopia. Usually people form small groups to improve their own economic conditions through savings that may be used for consumption and new investments (Mamo 1999). A fixed amount of money is collected from members (usually monthly) and paid out for members turn by turn in a lottery system. For a more extensive description of equb see Dejene (1993).

7 Aged between 15 and 65

security is mixed. Some studies identify household size negatively associated with food security since larger sized households need more resources to fulfil household food needs whereas others read this positively as it means that there is a larger available labour force. Availability of economically active manpower helps to carry out farm operations timely and effectively. The subjects might also be involved in other farm or non-farm activities thereby diversifying and increasing the income source of the household which in turn affects food security in a positive way. In any development endeavour the role of education is well-acknowledged. In the present study we hypothesize a household with literate head will have a better food security status.

In addition to the model specified above, we also estimated a multinomial logit model. Based on the evolution of their index values over the three periods, households were classified into three states of food security: always-less-secured (households whose index value is persistently negative across the three survey periods), vulnerable (households whose index value is sometimes positive and sometimes negative), and always-more-secured (households whose index value is persistently positive). Using the multinomial logistic model we tried to identify the factors that affect the likelihood of the household becoming always-less-secure, vulnerable, and always-more-secure. The model compares the probability of two states of food security to the probability of the third (the reference category). The explanatory variables described above are used in this model as well.

4. Results

4.1 Descriptive analysis

Applying the index derived earlier, sample households are classified into a relative food security groups. Those households with a positive index values are categorized as a relatively more food secured whereas those with negative index values as less food secured. In the following we examine differences between these groups thereby evaluating the validity of the index in differentiating the households into the two groups in a logical fashion. Results of the investigation of the differences between the more and the less food secure groups in several demographic, economic and institutional variables are provided in Table 4.

Human capital

One can identify from the table that in all the three rounds of the data the more food secure households tend to consistently have more family members than the less secured ones. Moreover, the number of household members who are economically active is far higher in more secured households indicating that these households are better endowed with economically active labour resource which is vital for agricultural production. Similarly, in all the three rounds the less secured households tend to have larger number of dependents than the relatively more secured ones. In each of the cases the analysis reveals that the difference is statistically significant at 1% level of probability. With regard to household head attributes such as gender and education, the results show that the index score is significantly higher for households whose head is male and literate signifying that secured households are in a better position in human capital. Concerning the head's age, in 1994 data, more secured households tend to have relatively older heads than the less secured ones and the difference is statistically significant at 1%. However, in 1999 and 2004, there is no statistically significant age difference between the two groups.

Ownership of livestock, land, and production

Livestock is an integral part of smallholders' production system in Ethiopia. It can serve as a critical input in farm operations as it enhances production and is also an important source of capital through which considerable income is generated. In our analysis of all of survey periods the two groups noticeably differ in the number of livestock owned, i.e. more livestock was kept by households that were more food secured. The difference is statistically significant at 1%. This implies that if households' livestock possession were increased, their food security status would also respond positively. Specifically, the two groups also differ in oxen possession. The more secured households possess more oxen compared to the less secured ones over the three survey periods and the difference is highly significant at 1%. Likewise, there is a significant variation in the area under cultivation between the two groups in all the three years. On average the more secured households command 1.2 ha of land compared to 0.56 ha for less secured ones. The difference is statistically significant at 1%. Agricultural production is mainly dependent on the availability of sufficient rain. Over the three survey periods the two groups significantly differ in their experience of rainfall quality in that the more secured ones persistently experiencing relatively better rainfall outcome than the less secured counterparts. These results confirm the centrality of land, oxen and rainfall in household food production system in Ethiopia and in line with the common knowledge that

Table 4: Differences in household characteristics by food security groups

Characteristic	1994		1999		2004	
	More secure	Less secure	More secure	Less secure	More secure	Less secure
Gender of the head is male, %	40.1	37.7	34.0	40.8	35.45	39.70
Mean age of the household head, years	47.01	45.88	50.24	49.01	51.14	50.07
Mean household size	5.88	4.78	5.27	4.44	5.63	4.88
Mean number of economically active members (age >=15 & <65)	3.14	2.73	3.06	2.46	3.19	2.52
Mean dependency	0.52	0.62	0.47	0.50	0.26	0.24
Mean value of food consumption per month, Birr	341.7	206.1	558.1	336.1	566.5	296.4
Mean value consumption expenditure per capita, Birr	85.2	62.1	99.3	82.8	113.4	73.8
The household head can read and write, %	39.9	28.1	36.2	26.0	47.9	32.5
Mean value of consumer durable assets owned, Birr	247.5	88.4			325.6	115.9
Mean number of meals per day during recent drought					2.33	1.98
Household faced shortage of food during the last rainy season, %					52.6	74.3
Mean number of months in the last 13 months had food shortage					2.11	3.08
Mean rainfall index	0.28	0.24	0.68	0.63	0.68	0.61
At least one household member taken any positive credit, %	20.0	17.2	47.3	56.2	56.3	51.2
At least one household member participates in *equb*, %	23.9	12.4	16.0	12.3	22.1	12.8
At least one household member involved in off-farm activities, %	31.8	37.0	20.2	32.7	53.3	42.3
Used purchased fertilizer for use on own fields, %	53.6	20.0	76.3	27.5	69.5	29.5
The household stored crops for future use, %	91.7	37.9	74.2	42.9	62.9	40.6
Mean number of cows owned	0.48	0.16	1.00	0.47	0.91	0.50
Mean number of sheep and goat owned	1.24	0.46	2.47	1.11	2.56	1.25
Mean number of oxen owned	1.06	0.15	1.65	0.30	1.39	0.22
Mean number of crops grown	2.80	1.44	2.70	1.23	2.52	1.50
Mean size of land cultivated, ha	1.70	0.70	1.25	0.54	1.94	1.02
Mean number of food groups consumed	4.00	3.08	3.90	3.48	4.34	3.30

Source: Own computation from ERHS dataset.

prevalence of adverse weather conditions, lack of oxen and smaller size of land holding as the underlying causes of food insecurity.

The number of crops grown and food groups consumed also differ between the two groups. The more secured households grow relatively more number of crops and consume a more diverse diet with a statistically significant difference at 1% level. Similarly, the proportion of households who stored crops for future use is higher in more secured category than the less secured ones and the difference is statistically valid at 1% level of significance.

Off-farm employment, input use, and credit

In all survey rounds under consideration, we found a clear and consistent pattern of association of fertilizer use and participation in equb with higher level of food security index score. The results indicate that those households who use fertilizer and are members in equb consistently registered a significantly higher score of the food security index. This observation might justify the role fertilizer use and traditional savings associations play in strengthening household food security in sample households. The pattern in households' credit access and participation in off-farm activities is rather mixed. In 1994 and 2004 those households who had access to credit exhibit a significantly higher index value whereas in 1999 survey period the trend is reversed. Likewise, participation in off-farm activities shows an inconsistent picture. In 2004 those who participated in these activities were found to have a significantly higher index score but the reverse holds true for 1999.

Coping with food crisis

Rural households in Ethiopia operate under entirely rainfed conditions and hence they are highly exposed to several types of climatic risks and shocks. Here we briefly highlight the differences between the more secured and less secured households in managing and coping with food crises situation emanated from rainfall shock. To this end we used the 2004 round dataset as prior to it there was an occurrence of a widespread drought in the country. At the worst time of the drought the average number of meals per day for the more secured households was 2.33 and for the less secured ones it was 1.98 and the difference is significant statistically at 1%. The proportion of households who suffered food shortage in the year prior to the 2004 survey was 74.3% for the less food secured groups and 52.6% for the more secured groups with a difference statistically significant at 1%. Likewise, there is also variation in the number of months households have food shortage in a given year. On average

less food secured households suffer 3.1 months of food shortage compared to the more secured ones who suffer only 2.1 months.

Table 5 depicts the coping measures taken by sample households in response to drought. The table makes it clear that a large proportion of households with less food security status reduced quantities served per meal to adults and children at all times, at least one member went a whole day without eating, ate wild food, and sold animals and jewellery. These measures are considered to be adverse and might push adopting households into the state of further poverty and food insecurity and make them highly vulnerable to future shocks.

Table 5: Households responses to drought by food security group

Drought coping	Less secure		More secure		Total	
	N	%	N	%	N	%
Ate less preferred foods	357	59.5	243	40.5	600	45.8
Always or often cut back amount of food served per meal to adult males	299	42.5	226	38.2	525	40.6
Always or often cut back amount of food served per meal to adult females	355	67.1	224	42.3	529	40.5
Always or often cut back amount of food served per meal to children	228	32.8	139	23.8	367	28.7
At least one household member went a whole day without eating	105	68.2	49	31.8	154	11.8
Collected and ate wild foods	102	68.5	47	31.5	149	11.5
Forced to sell livestock to pay for food	275	52.4	250	47.6	525	40.0
Forced to sell jewelry or furniture to get food	100	67.6	48	32.4	148	11.3

Source: Own computation from ERHS dataset

The foregoing descriptive analyses seem to reconfirm the validity of the food security index for measuring household relative food security. The index performed well in categorizing households into more food secured and less secured groups. It is demonstrated that there are clear significant differences between the two groups in their various socioeconomic characteristics. Overall, the more secured households experience better rainfall outcome, have male and literate head, tend to have more number of economically active household members and less dependents, own more livestock, participate in *equb,* and use chemical fertilizer.

Changes in relative state of food security

The movement of sample households in and out of a given state of food security between 1994 and 2004 is assessed using the transition matrix presented in Table 6. A simple visual inspection of the matrix makes it clear that most households who are at the first (severely insecured) and the fifth (highly secured) quintiles remained in their same respective quintiles between 1994 and 2004.

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Table 6: Transition matrix for quintiles of the food security factor score between 1994 and 2004

Quintiles	1	2	3	4	5	Total
1	119	64	43	17	11	254
2	61	74	57	47	13	252
3	53	53	63	50	31	250
4	18	37	58	72	67	252
5	5	20	31	66	130	252
Total	256	248	252	252	252	1260

Source: Own computation from ERHS dataset

However, households' status is not stable over the years. Those who were relatively more secured in some of the rounds have been found less secured in the others and vice versa. For example, of 250 households classified as being in the third quintile in 1994, only 63 households remained in their same position in 2004; some 100 households moved back to less secured state and 89 moved forward.

Table 7 shows the mobility households between the two survey periods. In the table we see the movement of households in all the three rounds of the data. The table shows that 31.6% of households were less food secured in all the three survey rounds whereas the always-more-secured category constitutes 28.4%. The remaining households have experienced movements into less secured status (20.8%) and movements out of it (19.2%) over the three survey periods.

Table 7: Food security mobility (1994-2004)

Food security position (1994→1999→2004) MS=more secure; LS=less secure	Frequency	Percentage
LS→LS→LS	398	31.6
LS→LS→MS	81	6.4
LS→MS→LS	78	6.2
LS→MS→MS	87	6.9
MS→MS→MS	358	28.4
MS→MS→LS	83	6.6
MS→LS→MS	74	5.9
MS→LS→LS	101	8.0

Source: Own computation from ERHS dataset

The indices computed for the three rounds were also compared to each other to determine whether there were changes in the overall food security situation of sample households. A paired t-test analysis shows that between 1994 and 1999 there is no statistically significant difference in relative food security status measured by our index. However, the same analysis reveals that between 1994 and 2004 and between 1999 and 2004, there is a statistical difference at 10% and 1% level of significance respectively. These results were compared

against the results of prior studies which report poverty is showing a declining trend over the period from 1994 and 2004 in the same households (Dercon et al. 2007) and in line with these findings. This suggests the strong link between poverty and food security in the sample households.

4.2 Econometric analysis

Estimations employing both fixed effects and random effects model were done and the results compared using the Hausman test under the null hypothesis that the unobserved household effects are uncorrelated with the explanatory variables included in the model. The analysis rejected the null hypothesis (Prob>chi2=0.000). This implies that the unobserved effect and the other regressors are correlated hence a random effect model produces inconsistent results and we should use the fixed effects estimator (Hill et al. 2008). Thus, we report here the fixed effects model estimation results. The model was diagnosed to identify whether problems of heteroskedasticity and autocorrelation occur in it. In testing heteroskedasticity, we used the modified Wald statistics (Greene 2000) and the results suggest the model is not homoskedastic. With regard to autocorrelation, a test was done by employing a procedure suggested by Wooldridge (2002) and we cannot reject the no autocorrelation hypothesis (Prob>F=0.3347). These results indicate that if we do not take the problem of heteroskedasticity into consideration in the estimation, the parameter estimates will be less efficient. Hence, in the fixed effects estimation we used robust and consistent standard errors corrected for heteroskedasticity. The estimation results are presented in Table 8. The estimated results show both head and farm characteristics matter in explaining sample households food security score. Most of the variables have their expected sign except credit which carried unexpected sign.

The effect of rainfall shock is as anticipated, positively and significantly associated with food security over time. The result suggests that if rainfall is favourable (in terms of timeliness, amount and distribution), then households experience a relatively better food security condition. This finding confirms the notion that climate is one of the critical "drivers of food security" in many African agrarian households (Gregory et al. 2005). As expected, education of the household head affects food security positively though the coefficient is not statistically different from zero. The positive sign suggests educated heads might have better knowledge in acquiring and information processing potential which eventually translates into better farm input use, resource management and consequently better food security. The findings of the study by Ramakrishna and Demeke (2002) lend support to this result.

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Table 8: Estimation results of the fixed effects regression model

Food security index	Coef.	Robust std. Err.	t
Gender	0.0021	0.216	0.01
Age	0.0149*	0.008	1.81
Age2	-0.0002**	0.000	-2.06
Literacy	0.0144	0.051	0.28
Household size	0.0382***	0.010	4.03
EAL	0.1685	0.108	1.56
Fertilizer	0.2731***	0.042	6.55
Equb	0.1697***	0.045	3.75
Credit	-0.0617*	0.033	-1.90
Off-farm	0.0678**	0.034	1.97
Livestock	0.0128***	0.004	3.06
Rainfall index	0.0883**	0.046	1.94
Constant	-0.8056*	0.252	-3.20
R-sq within	0.0690		
R-sq between	0.3276		
R-sq overall	0.2557		
Number of observations	3296		

Note: *, **, *** indicate significance levels at 10, 5, and 1% respectively.

The gender of the household head is positively but insignificantly associated with food security. A positive gender variable implies that male-headed households tend to be more food secured than female headed ones as expected. The result reflects the fact that female-headed households in rural Ethiopia, by virtue of their formation, are often less privileged in terms of asset and productive capital ownership. A study by Riber and Hameric (2003) assert that female-headed households face a high risk of being food insufficient in the US, a finding similar to ours. Household head's age is associated with food security positively and significantly whereas its squared value registers negatively. The higher the age the more food secured a household will be yet the negative and significant squared age value suggests age and food security score go together only to a certain age after which increased age has a food security diminishing effect. However, this result differs from results of Alene and Manyong (2006) for Nigeria and Muluken et al. (2008) for Ethiopia.

The parameter estimates for household size is significant and positive reflecting that a household with more family members is in a more advantageous position to enhance its food security. The positive sign is consistent with the findings of Alene and Manyong (2006) in Nigeria. A study by Toulmin (1986) in rural Mali also suggests that larger sized households tend to have diverse income sources and have the advantages of economies of scale that can be realized by higher family assets such as oxen and labour income sources. However, this result is contradicted by other studies done in Ethiopia (Feleke and Gladwin 2003;

Ramakrishna and Demeke 2002; Muluken et al. 2008; Kidane et al. 2005) and elsewhere (Nyariki et al. 2002; Wilde and Nord 2005).

In line with our hypothesis, the number of economically active members in the household has been found to affect food security positively yet significant at 11.8% level suggesting that increases in household endowment with more of active and capable labor force affects its food security status positively. Labour is one of the most important capitals rural families possess.

Consistent with our expectation, livestock asset endowments are positively and significantly associated with food security implying that the more livestock a household has the better its food security position. This is similar to the finding of Ramakrishna and Demeke (2002) in Ethiopia. Economists have long stated that the welfare status of a household is determined by its resource endowment. Our results are consistent with this notion.

In accordance with our expectation, use of chemical fertilizer a proxy for modern technology use has its expected positive sign and is highly significant. This implies that households could improve their food security situation by increasing use of modern technological inputs in their farm operations. Feleke and Gladwin (2003), Ramakrishna and Demeke (2002), Muluken et al. (2008), and Kidane et al. (2005) also found use of fertilizer positively and significantly related to food security.

Membership in *equb,* a local savings group, significantly contributes to household food security. This result was anticipated because in rural Ethiopia, where the existence and operation of formal financial institutions is limited or nonexistent, one would expect the positive role played by such local savings and credit associations. Households who are members of these associations are in a better condition to access financial resources for making investments in their farm and/or for bridging the food gap in times of scarcity. Contrary to our expectation, access to credit was found to be negatively and significantly associated with food security. The negative sign perhaps partly indicates that credit was not mainly used for investment but rather for food consumption, which could trigger repayment problems. As a result, households are forced to sell off their scarce holdings such as livestock and stored grains. Participation in off-farm activities was found to be significantly and positively associated with food security, a finding similar with Nyariki et al. (2002) who found involvement in off-farm activities positively and significantly affect food security in Kenya. Contrary findings to this were the Zona de Mata households in Brazil where the likelihood of malnourishment was higher for households who depend more on off-farm

employment sources for their income than other households in the sample (Von Braun and Pandya-Lorch 1992:42). Overall, the empirical results presented here correspond to the results of foregoing descriptive analysis.

Finally, to identify the factors that affect the likelihood of becoming always-less-secure, vulnerable and always-more-secured, multinomial logit model estimation was done on the explanatory variables of the 1999 observations and results are shown in Table 9.

Table 9: Determinants of being always-more-secured, vulnerable, and always-less-secured: multinomial logit regression results

Variables	Always-less-secured			Vulnerable		
	Coeff.	Std. Err.	Z	Coeff.	Std. Err.	Z
Gender	-1.346***	0.285	-4.72	-0.8114**	0.256	-3.17
Age	-0.066	0.045	-1.47	-0.0741*	0.039	-1.91
Age2	0.001	0.000	1.30	0.0006*	0.000	1.71
Literacy	-0.495**	0.236	-2.10	-0.2827	0.187	-1.51
Household size	0.031	0.059	0.520	-0.0446	0.051	-0.88
EAL	-2.185**	0.993	-2.20	0.0734	0.787	0.09
Fertilizer	-2.665***	0.224	-11.88	-1.1361***	0.192	-5.92
Credit	0.131	0.202	0.65	0.1900	0.167	1.14
Equb	-0.045	0.291	-0.15	-0.1312	0.230	-0.57
Off-farm	0.340	0.232	1.47	0.0321	0.206	0.16
Livestock	-0.254***	0.023	-8.56	-0.9943***	0.016	-6.41
Rainfall index	-1.490***	0.344	-4.33	-1.4291***	0.279	-5.12
Constant	6.735	1.208	5.58	5.5671	1.047	5.32

No. of obs = 1119
Psedo R^2=21.7
Log likelihood = -955.4
LR chi2(24)=527.94, Prob > chi2 = 0.0000

Note: *, **, *** indicate significance levels at 10, 5, and 1% respectively.

The results reinforce the above fixed effects regression results by showing the strong association of persistent food insecurity and vulnerability with adverse rainfall shock. It is also indicated that gender of household head, livestock ownership, and fertilizer use significantly affect the likelihood that households are in a state of always-less-security and vulnerability and is a result corresponding to our expectation. The likelihood of persistent less food security and vulnerability diminishes with male headed households, more livestock, more use of modern inputs such as fertilizer, and with favourable rainfall.

Additional variables such as the number of economically active household members and education of the head were also found to significantly influence the probability of becoming always-less-secured. The likelihood of staying in always-less-secure status is lower for households with a greater active labour force and an educated head, whereas household head's age significantly influences the likelihood of being in state of vulnerability. In both

models, the coefficients for the credit variable and in the vulnerability model for the labour size variable carried unexpected signs though insignificant. The explanatory variables included in the model are jointly significant at 1% error probability (Prob>Chi2=0.0000) and the Psedo R^2 associated with the model is 0.217 indicating that both always-less-secure and vulnerable states of food insecurity are well predicted by the model.

5. Summary and conclusion

The main objective of this study was to investigate how household food security is associated with an important climatic variable, rainfall variation, over time. To this end, we developed a food security index using a combination of food security indicators and used this new index to examine the dynamics and determinants of food security and vulnerability among selected farm households using panel data in rural Ethiopia. We employed a principal components analysis technique to estimate a relative food security index which can be comparable over time. Descriptive statistical analysis showed that the index performed well at categorizing households into relative food security groups. Accordingly, the results showed that the more food secured households tend to consistently endowed with more human capital, livestock, and land assets and experience favorable rainfall outcome compared to less secured households. As well, the more secured households use more modern inputs, such as fertilizer, which play a considerable role in their agricultural production and hence contributing to food availability. Correlation analysis indicates our index is correlated strongly with some alternative indicators of food security suggesting the validity of the index in reasonably measuring the relative food security status of sample households. Results from regression analyses are consistent with the descriptive analysis. In the regression analysis rainfall has emerged as an important factor influencing household food security. In addition, age of the household head, family size, fertilizer use, *equb* membership, livestock ownership, and off-farm participation variables are also positively and significantly associated with household food security. Similarly, the results from a multinomial logistic regression analysis reveal the critical role of favorable rainfall in reducing food insecurity and alleviating vulnerability. It is also noted that gender of household head, fertilizer use, and livestock ownership are associated with the likelihood of remaining in always-less-secured and being vulnerable. In addition, education and number of active family members are significantly associated with the state of always-less-secured whereas age is associated with the state of household vulnerability.

Several important lessons can be drawn from these results. Firstly, both the descriptive and regression results highlight the critical role rainfall and assets play in household food security. This calls for policies that enhance the asset base of households thereby strengthening their food production capability on one hand and coping capacity in the event of rainfall shock on the other. Included in this would be measures which improve the productivity of the household labor such as education and training, actions that improve the diversity and productivity of the livestock asset such as provision of improved feed and fodder crops and improvement in animal health and market infrastructure. As well, the study suggests strong consideration of programs which encourage irrigation development schemes and water resources conservation activities. Interventions that assist the expansion of traditional savings associations as potential avenues for financial resources should also be given due emphasis.

Secondly, the positive and significant association of food security with participation in off-farm activities highlights the importance of programs that create employment opportunities for farmers to diversify their income sources.

Thirdly, fertilizer use is found to significantly impact food security indicating that development interventions should coordinate efforts to encourage farmers to use modern farm technologies by providing them technical assistance through effective extension programs. There are widespread problems surrounding fertilizer use in Ethiopia including non-timeliness, repayment timing and exorbitant price. Policymakers have to make efforts to curb these problems and encourage use of fertilizers as recommended by agronomic researchers. Given that food insecured groups are characterized by deep-rooted asset deprivations, targeted support should be designed for these vulnerable groups to assist them use more productive inputs thereby benefiting from its potential in augmenting farm output.

However, our analysis is restricted to the non-pastoralist households and hence, although suggestive, the results cannot be generalized to all rural households in Ethiopia. Furthermore, due to inconsistency in the data available for constructing the index of food security, the set of indicators ultimately considered are limited and by no means complete. Also the method developed here in measuring relative household food security has to be tested in different settings to validate its usefulness in measuring food security and all these issues should be taken into consideration at future research.

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