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# Model selection for univariable fractional polynomials

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**Abstract.** Since Royston and Altman’s 1994 publication (*Journal of the Royal Statistical Society, Series C* 43: 429–467), fractional polynomials have steadily gained popularity as a tool for flexible parametric modeling of regression relationships. In this article, I present `fp.select`, a postestimation tool for `fp` that allows the user to select a parsimonious fractional polynomial model according to a closed test procedure called the fractional polynomial selection procedure or function selection procedure. I also give a brief introduction to fractional polynomial models and provide examples of using `fp` and `fp.select` to select such models with real data.

**Keywords:** `st0488`, `fp.select`, continuous covariate, fractional polynomials, regression models, model selection

## 1 Introduction

Since Royston and Altman’s 1994 publication, fractional polynomials (FPs) have steadily gained popularity as a tool for flexible parametric modeling of regression relationships in both univariable and multivariable settings. A recent inquiry in Google Scholar (17 January 2017) yielded 1,289 citations of Royston and Altman (1994) to date. For those unfamiliar with FPs, I provide a brief introduction below. For a much wider view, please see Royston and Sauerbrei (2008), the multivariable fractional polynomials website at <http://mfp.imbi.uni-freiburg.de>, and the articles cited therein.

An FP is a special type of polynomial that might include logarithms, noninteger powers, and repeated powers. Every time a power repeats in an FP function of  $x$ , it is multiplied by another  $\ln(x)$ . One may write an FP in  $x$  as

$$x^{(p_1, p_2, \dots, p_m)'} \beta$$

where the positive integer  $m$  is known as the degree or dimension of the FP. For example, an FP in  $x$  with powers  $(-1, 0, 0.5, 3, 3)$  and coefficients  $\beta$  has the following form:

$$x^{(-1, 0, 0.5, 3, 3)'} \beta = \beta_1 x^{-1} + \beta_2 \ln(x) + \beta_3 x^{0.5} + \beta_4 x^3 + \beta_5 x^3 \ln(x)$$

In the above example, the dimension of the FP is  $m = 5$ .

Despite their somewhat dry definition, FPs are not just a mathematical abstraction. With a suitable range of powers, they provide a considerable range of functional forms in

$x$  that are useful in regression models of real data. The default set of powers from which FP powers are selected is  $\{-2, -1, -0.5, 0, 0.5, 1, 2, 3\}$ , with 0 signifying log (that is,  $\ln$ ). In practice, even FP1 and FP2 functions (FPs of dimension 1 and 2) offer much more flexibility than polynomials of the same degree, that is, linear or quadratic functions. See, for example, figure 1, which shows schematically some FP2 functions with various powers  $(p_1, p_2)$  and coefficients  $(\beta_1, \beta_2)$ .

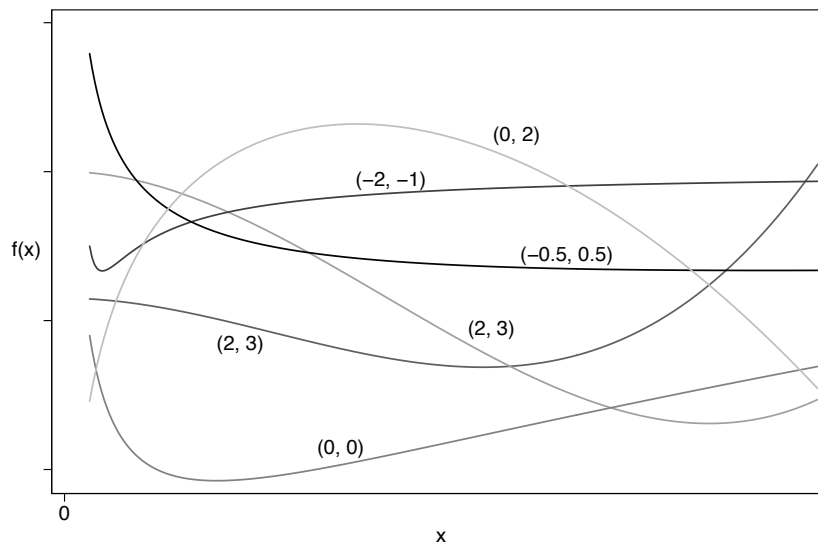


Figure 1. Examples of some functional forms available with FP2 functions with various powers  $(p_1, p_2)$

The aim of flexible regression models for a single continuous covariate  $x$  is to provide a succinct and accurate approximation of the relationship between  $x$  and a response  $y$  without resorting to “categorization” (discretization) of the covariate into groups. Further material on FPs, including a discussion of the pitfalls of categorization and the motivation and potential advantages of FPs, may be found at <http://mfp.imbi.uni-freiburg.de/fp>, along with a real example.

Univariable FP regression models have been available in official Stata for two decades following the release of the **fracpoly** command in Stata 5 (1997). After a ground-up rewrite, the current official implementation of univariable FPs as **fp** appeared in Stata 12 (2011). Using a revised command syntax and FP search algorithm, **fp** extended the types of regression model in which FPs could be fit.

An important concept in flexible regression modeling is “parsimony”: the need to remove “dead wood” from a model, mainly to avoid overfitting and improve the interpretability of the selected model. An example of dead wood in univariable FP modeling is the inclusion of high-dimensional FP terms not supported by the data. Such terms would likely produce “wiggly” fit curves that exhibit uninterpretable local features (recognized as an issue also when fitting standard polynomials of high dimension). For an example of the curve instability that can result from overfit spline models (another type of smoother), see [Royston and Sauerbrei \(2008\)](#) figure 3.3.

With FP modeling, one can use the function selection procedure (FSP), which, if possible, simplifies an FP model to one of lesser complexity by appropriate statistical testing. In this article, I outline how the FSP works and introduce a new `fp` postestimation command, `fp_select`, that implements the FSP. I illustrate `fp_select` in an example with real data.

## 2 The FSP

An important (default) option of `fp` is `compare`. The table of FP model comparisons presented with `compare` contains all the elements needed to select a preferred model according to the FSP, an ordered sequence of hypothesis tests. The FSP has the flavor of a closed test procedure ([Marcus, Peritz, and Gabriel 1976](#)) that (approximately) protects the “familywise” type 1 error probability for selecting an FP transformation of  $x$  at some nominal value,  $\alpha$ , such as 0.05. For further details of the closed test aspect, see the description of the FSP in [Ambler and Royston \(2001\)](#), there called “procedure RA2”. Although `fp` (and `fracpoly`) supply the necessary information on which the FSP operates, neither program actually indicates which model the FSP would choose at a given  $\alpha$  level.

The FSP starts with an FP model of maximal allowed complexity, defined by its dimension, say,  $m_0$ . By default in `fp`,  $m_0 = 2$ , that is, an FP2 (FP of dimension or degree 2). The FSP attempts to simplify the model to an FP1 or linear function of  $x$  by applying a specific sequence of tests. The sequence of tests for  $m_0 = 2$  is described under the heading *Methods of FP model selection* in the Stata manual entry for `mfp` (see [R] `mfp`). See also [Royston and Sauerbrei \(2008\)](#), 82–84).

In general terms, the FSP has two parts. The maximum permissible FP degree,  $m_0$ , is chosen by the analyst a priori and is usually 2. The first part of the FSP is a test for including an FP-transformed continuous covariate  $x$  in the model. Let us call the corresponding significance level  $\alpha_{\text{select}}$ . Conventionally, if  $\alpha_{\text{select}} = 1$ , no test occurs and  $x$  (possibly FP transformed) is included in the model anyway, with the final choice of the functional form being determined by the subsequent steps of the FSP. If  $\alpha_{\text{select}} < 1$ , the best-fitting  $\text{Fp}_{m_0}$  model is tested against the model omitting  $x$  on  $2m_0$  degrees of freedom (d.f.) at significance level  $\alpha_{\text{select}}$ . If the test is significant, the algorithm continues as described below; otherwise,  $x$  is “omitted” (taken as uninfluential) and the procedure ends.

Let the critical significance level for the tests of functional form in the FSP be  $\alpha$  ( $0 < \alpha < 1$ ). Assuming the inclusion test at level  $\alpha_{\text{select}}$  is “passed”, the remaining steps for general  $m_0 \geq 1$  are as follows:

1. Test  $\text{FPM}_0$  against linear (a straight line) in  $x$  on  $2m_0 - 1$  d.f. at level  $\alpha$ . If significant, continue; otherwise, stop, with the chosen model for  $x$  being a straight line.
2. If  $m_0 > 1$ , test  $\text{FPM}_0$  against  $\text{FP1}$  on  $2(m_0 - 1)$  d.f. at level  $\alpha$ . If significant, continue; otherwise, stop, with the chosen model for  $x$  being  $\text{FP1}$ .
3. If  $m_0 > 2$ , test  $\text{FPM}_0$  against  $\text{FP2}$  on  $2(m_0 - 2)$  d.f. at level  $\alpha$ . If significant, continue; otherwise, stop, with the chosen model for  $x$  being  $\text{FP2}$ .
4. Continue in this manner until the test of  $\text{FPM}_0$  against  $\text{FP}(m_0 - 1)$ . If significant, the selected model is  $\text{FPM}_0$ ; otherwise, it is  $\text{FP}(m_0 - 1)$ . This is the end of the procedure.

In some situations, one might have reason to vary the significance levels  $\alpha_{\text{select}}$  and  $\alpha$ , the two “tuning” constants of the FSP. In an observational study, for example, where possible overfitting of the variables in a confounder model is not necessarily a critical issue, one might choose  $\alpha_{\text{select}} = 1$  and  $\alpha = 0.2$  to select the functional form for a continuous confounder.

### 3 Example

#### 3.1 Data and preliminary analysis

As an example, I use the IgG data ([Isaacs et al. 1983](#)), which may be loaded into Stata by typing `webuse igg`. The aim is to model  $y = \text{sqrtingg}$ , the square root of the serum immunoglobulin-G (IgG) concentration in 298 children as a function of  $x = \text{age}$ , a child’s age in years. I square-root transform the response to stabilize the variance and normalize the residuals.

Figure 2 is a smoothed scatterplot of  $y$  against  $x$ .

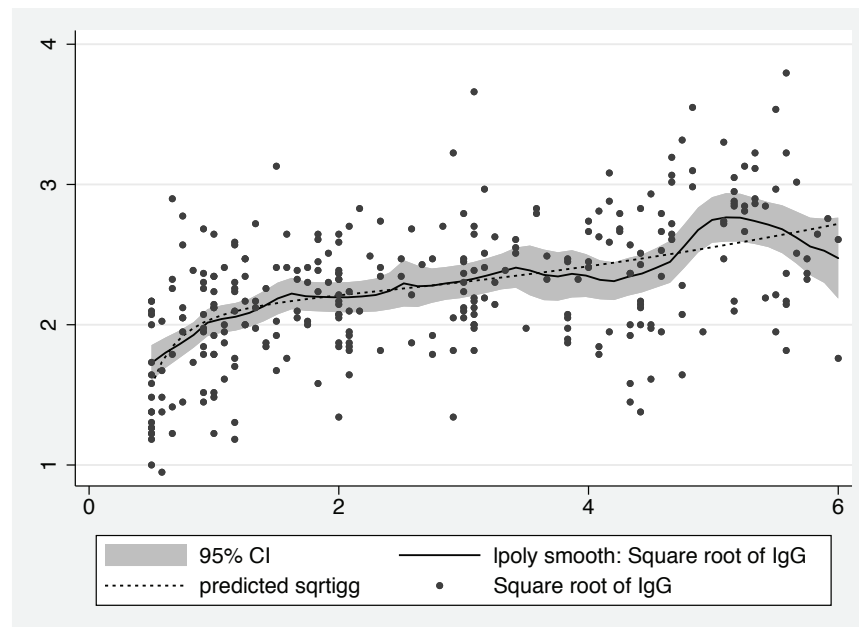


Figure 2. IgG data with local polynomial and FP smoothing

The solid line is a local polynomial fit created by Stata's `lpoly` graph subcommand with a relatively narrow bandwidth of 0.2, hence the rather “wiggly” curve. Nevertheless, a visual indication of nonlinearity is present. The dashed line is the best-fitting FP2 curve as computed by the `fpfit` subcommand. The commands that created the figure are as follows:

```
. webuse igg
. set scheme sj
. graph twoway (lpoly sqrttigg age, bwidth(0.2)) (fpfit sqrttigg age)
> (scatter sqrttigg age, msymbol(o) msize(*0.75))
```

A biological argument suggests that because IgG is a blood protein reflecting the maturity of the immune system from birth on, the underlying curve should be monotone increasing. The fit FP2 curve is in fact monotone. It indicates a rapid rise in IgG in the youngest children followed by a gentler rate of increase. By contrast, the “nonparametric” local polynomial fit is nonmonotone, with local features that evidently are present in the data but are unlikely to be real in the population.

### 3.2 FP model selection

I now consider FP model selection for the IgG dataset. Below is the output from running `fp` with the default `dimension(2)` setting.

```
. fp <age>: regress sqrtigg <age>
(fitting 44 models)
(....10%....20%....30%....40%....50%....60%....70%....80%....90%....100%)
Fractional polynomial comparisons:
```

age	df	Deviance	Res. s.d.	Dev. dif.	P(*)	Powers
omitted	0	427.539	0.497	108.090	0.000	
linear	1	337.561	0.428	18.113	0.000	1
m = 1	2	327.436	0.421	7.987	0.020	0
m = 2	4	319.448	0.416	0.000	--	-2 2

```
(*) P = sig. level of model with m = 2 based on F with 293 denominator dof.
```

Source	SS	df	MS	Number of obs	=	298
Model	22.2846976	2	11.1423488	F(2, 295)	=	64.49
Residual	50.9676492	295	.172771692	Prob > F	=	0.0000
				R-squared	=	0.3042
				Adj R-squared	=	0.2995
Total	73.2523469	297	.246640898	Root MSE	=	.41566

sqrtigg	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
age_1	-.1562156	.027416	-5.70	0.000	-.2101713    -.10226
age_2	.0148405	.0027767	5.34	0.000	.0093757    .0203052
_cons	2.189242	.0473835	46.20	0.000	2.095989    2.282495

As seen for  $m = 2$  in the table titled **Fractional polynomial comparisons**, the best-fitting FP2 powers of `age` are  $(-2, 2)$ . This FP2 transformation of `age` is represented by the two variables `age_1` and `age_2` that appear in the table of regression estimates.

Although the results are suggestive, the output is not explicit as to whether an FP2 model is really needed or whether a simpler model (FP1 or linear) would suffice at significance level 0.05. Using `fp_select` (described in section 4) with  $\alpha_{\text{select}} = \alpha = 0.05$  immediately after `fp`, we obtain the following result:

```
. fp_select, alpha(.05) select(.05)
selected FP model: powers = (-2 2), df = 4
```

The output confirms that when  $m_0 = 2$ , an FP2 model is selected at the 0.05 significance level. The selected model can be fit as follows using results (best FP powers) stored by `fp.select` in `'r(powers)'`:

```
. fp <age>, fp(`r(powers)`) replace: regress sqrtigg <age>
-> regress sqrtigg age_1 age_2
```

Source	SS	df	MS	Number of obs	=	298
Model	22.2846976	2	11.1423488	F(2, 295)	=	64.49
Residual	50.9676492	295	.172771692	Prob > F	=	0.0000
				R-squared	=	0.3042
				Adj R-squared	=	0.2995
Total	73.2523469	297	.246640898	Root MSE	=	.41566

sqrtigg	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
age_1	-.1562156	.027416	-5.70	0.000	-.2101713	-.10226
age_2	.0148405	.0027767	5.34	0.000	.0093757	.0203052
_cons	2.189242	.0473835	46.20	0.000	2.095989	2.282495

Because in this case the FP2 model was not simplified by `fp.select`, the result is the same as that reported by `fp` for the default  $m_0 = 2$  model.

### 3.3 Impact of complexity on model selection

Let us see what happens if a more complex model with  $m_0 = 4$  is taken as the starting point for model selection:

```
. fp <age>, dimension(4) replace: regress sqrtigg <age>
(fitting 494 models)
(...10%...20%...30%...40%...50%...60%...70%...80%...90%...100%)
Fractional polynomial comparisons:
```

age	df	Deviance	Res. s.d.	Dev. dif.	P(*)	Powers
omitted	0	427.539	0.497	109.795	0.000	
linear	1	337.561	0.428	19.818	0.007	1
m = 1	2	327.436	0.421	9.692	0.149	0
m = 2	4	319.448	0.416	1.705	0.798	-2 2
m = 3	6	319.275	0.416	1.532	0.476	-2 1 1
m = 4	8	317.744	0.416	0.000	--	0 3 3 3

(\*) P = sig. level of model with m = 4 based on F with 289 denominator dof.

Source	SS	df	MS	Number of obs	=	298
Model	22.5754541	4	5.64386353	F(4, 293)	=	32.63
Residual	50.6768927	293	.172958678	Prob > F	=	0.0000
				R-squared	=	0.3082
				Adj R-squared	=	0.2987
Total	73.2523469	297	.246640898	Root MSE	=	.41588



sqrtingg	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
age_1	.8761824	.1898721	4.61	0.000	.5024962	1.249869
age_2	-.1922029	.0684934	-2.81	0.005	-.3270044	-.0574015
age_3	.2043794	.074947	2.73	0.007	.0568767	.3518821
age_4	-.0560067	.0212969	-2.63	0.009	-.097921	-.0140924
_cons	2.240866	.1019331	21.98	0.000	2.040252	2.44148

The  $m_0 = 4$  model has powers  $(0, 3, 3, 3)$ . Next, we apply model selection:

```
. fp_select, alpha(0.05) select(0.05)
selected FP model: powers = (0), df = 2
```

Instead of FP2, the selected model is now an FP1 with power  $(0)$ , that is,  $\beta_0 + \beta_1 \ln(x)$ .

Table 1 shows  $p$ -values from the FSP with increasing maximum complexity. Taking  $\alpha_{\text{select}} = \alpha = 0.05$ , it shows model comparisons in the FSP pathways for  $m_0 = 1, 2, 3, 4$ .

Table 1.  $p$ -values and selected models arising from FP model comparisons with the IgG data

Comparisons with FPM <sub>0</sub> model	Maximum FP complexity, $m_0$			
	1	2	3	4
Not in model	0.000	0.000	0.000	0.000
Linear	0.002	0.000	0.003	0.007
$m = 1$	—	0.020	0.092	0.149
$m = 2$	—	—	0.919	0.798
$m = 3$	—	—	—	0.476
Selected model	$m = 1$	$m = 2$	$m = 1$	$m = 1$

For all four values of  $m_0$ , the test of FPM<sub>0</sub> against  $x$  “Not in model” is highly significant ( $p < 0.0005$ )—see the third row of table 1. This confirms that `sqrtingg` is associated with `age`. All tests of FPM<sub>0</sub> against linear (fourth row) are also significant, providing evidence that the relationship is nonlinear.

With maximum complexity  $m_0 = 2$ , the test of FP2 against FP1 is significant at the 5% level, resulting in the selection of an FP2 model (as already seen). This is not the case for  $m_0 = 3$  and  $m_0 = 4$ , where an FP1 model is chosen instead. However, there is no evidence that more complex models with dimension 3 or 4 fit better than FP2. For example, a test of  $m = 3$  against  $m = 2$  has  $p = 0.919$ , and a test of  $m = 4$  against  $m = 2$  has  $p = 0.798$  (see table 1).

The reason why an FP1 function, rather than an FP2 function, is selected when  $m_0 > 2$  is presumably an increase in the type 2 error probability (that is, reduced statistical power) because of redundant parameters being estimated in the models with dimensions

greater than 2. See [Royston and Sauerbrei \(2008, sec. 4.16\)](#) for further discussion of the power issue.

## 4 The `fp_select` command

### 4.1 Syntax

The syntax of `fp_select` is as follows:

```
fp_select, alpha(#) [select(#)]
```

You must run `fp` to fit FP models before using `fp_select`.

### 4.2 Description

Taking the results from the most recent run of `fp`, `fp_select` tries to simplify the most complex reported FP model by applying an ordered sequence of significance tests. The aim is to reduce possible overfitting. The sequence, known as the FSP, approximates a closed test procedure. See the foregoing sections for further details.

### 4.3 Options

`alpha(#)` defines the significance level for testing less complex models against the most complex FP model that was fit,  $FPm_0$ . A typical value of `#` might be 0.05 or 0.01. `alpha()` is required.

`select(#)` defines the significance level for testing whether the covariate is influential. Specifically, if  $m_0$  is the dimension (degree) of the most complex fit FP model, the test is of  $FPm_0$  against the “null” model that omits the covariate. If the covariate is not significant at level  $\# < 1$ , the procedure terminates. Otherwise, testing continues. The default is `select(1)`, meaning the selection test is not performed and the covariate is automatically included.

### 4.4 Examples

Fit default FP2 model:

```
webuse igg
fp <age>: regress sqrtigg <age>
fp_select, select(0.05) alpha(0.05)
display ``r(powers)``
```

Fit a more complex FP model:

```
fp <age>, dimension(4) replace: regress sqrtigg <age>
fp_select, alpha(0.2)
display ``r(powers)``
```

A multiequation example:

```
sysuse auto
fp <weight>: sureg (price foreign <weight> length) (mpg foreign <weight>) ///
  (displ foreign <weight>)
fp_select, select(0.05) alpha(0.05)
display ``r(powers)``
```

## 5 Comments

`fp_select` fills a gap in the ability of `fp` to select a parsimonious model. It removes the need to use `mfp` (searching on one continuous covariate) to select such a model. Note that `fp` requires that a model return a log likelihood, whereas `mfp` can fit some additional models (see help on `mfp`).

## 6 Acknowledgments

I thank a reviewer and Dr. Tim Morris, whose helpful comments prompted me to widen the scope of the article and improve its presentation.

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Patrick Royston is a biostatistician with 40 years of experience and with a strong interest in biostatistical methods and statistical computing and algorithms. He works largely in methodological issues in the design and analysis of clinical trials and observational studies. He is currently focusing on alternative outcome measures in trials with a time-to-event outcome; on problems of model building and validation with survival data, including prognostic factor studies and treatment-covariate interactions; on parametric modeling of survival data; and on novel clinical trial designs.