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U.S. Department of Agriculture Agricultural Outlook Forum 2004 February 19 & 20, 2004

Pepsico Health and Wellness Case Study: Capturing Growth at the Intersection

By

Brock Leach



PepsiCo Health and Wellness Case Study:

Capturing Growth at the Intersection

USDA Outlook Forum February 20, 2004



Wellness is One of the Largest Growth Opportunities in Food

Major Trends

1. Big Demographic Shifts

- Both older and younger
- Increasing ethnicity

2. Increasing Time Pressure

- Dual Income Families
- Increasing Work Time

3. Increasing Health Concerns

- Emerging obesity epidemic
- Increasing age-related
- Behavioral shift to prevention



Major New Growth Opportunities

- Life-stage Tailored Products
- More Taste / Experience Variety



- Improved Convenience
- Re-Defined Meals: "Snack Meals"



- Growing Demand for Wellness
 - Better-For-You choices
 - Good-For-You nutrition

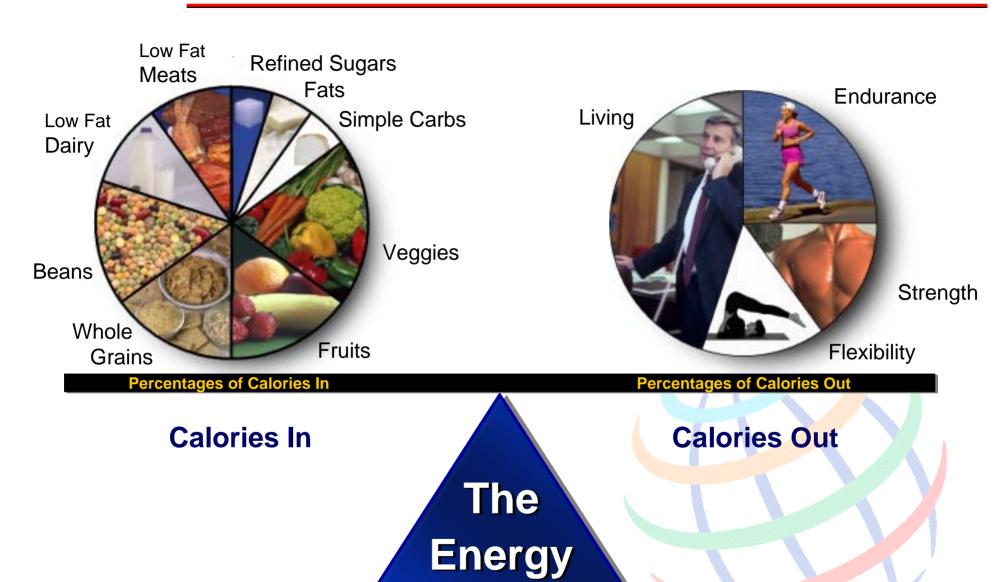


But What's the Solution to Obesity?





The Big Idea in Wellness: Energy Balance

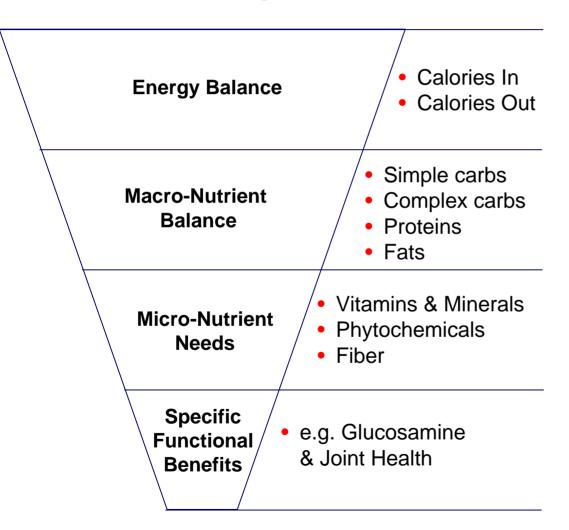


Balance



The Big Idea In Nutrition: Making it Easier and more Enjoyable

Consumer Knowledge Needs



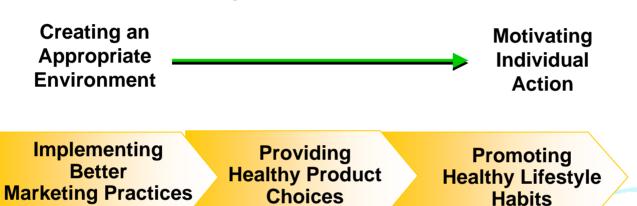
Biggest Consumer Opportunities

- Easier ways to manage energy balance
- Easier ways to replace simple carbs with complex carbs and low fat proteins and healthier fats.
- Easier ways to get micronutrients through a mix of whole foods & appropriate fortification



The Big Idea in Lifestyle Change: Individual Motivation

Proposed Solutions



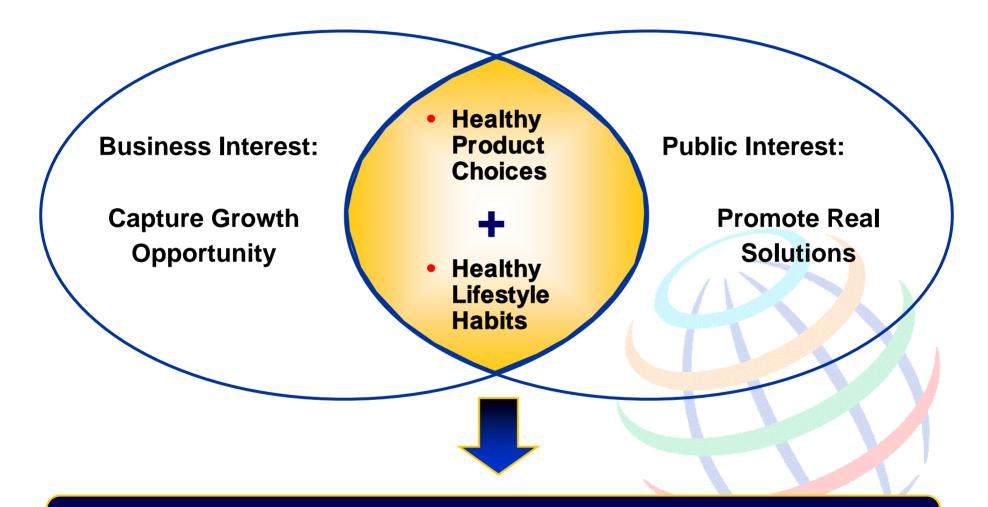
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WELLNESS



PepsiCo Strategy:

Focus Our Efforts at the Intersection of Business Interest and Public Interest . . .



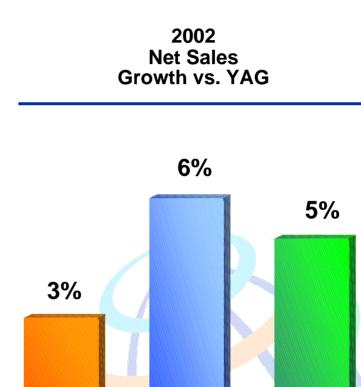
Making it Easier and More Enjoyable for Mainstream Consumers



In North America, GFY/BFY Is Almost Half The Business And Growing Faster.

2002 Revenue — PepsiCo North America





Better-

For-You

Fun-For-

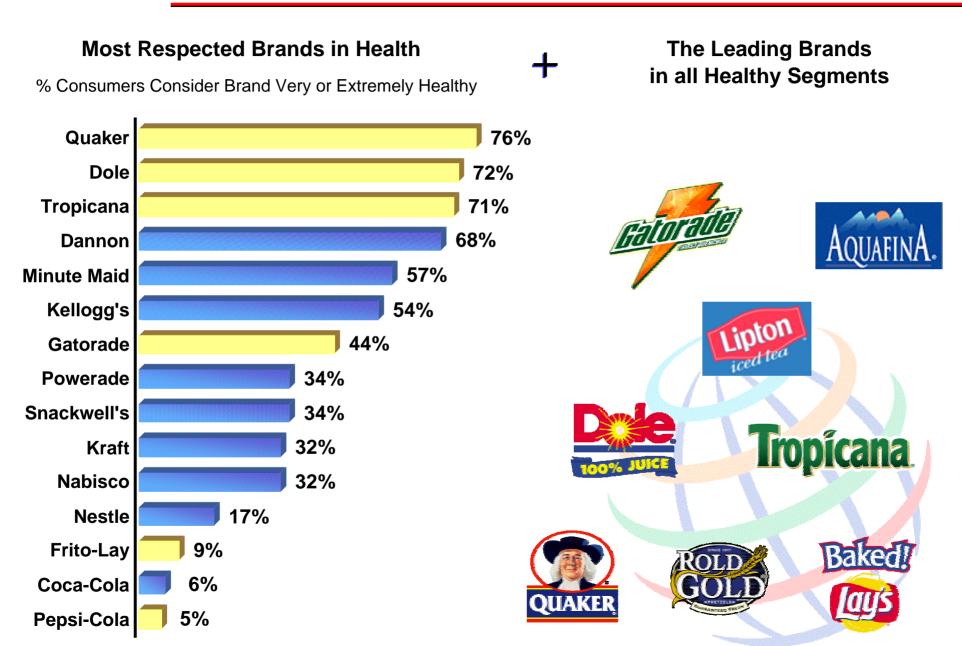
You

Good-

For-You



We're Starting From A Very Strong Position





PepsiCo Health & Wellness: A Commitment to Action

Choices

2

Habits

1

Accelerate BFY / GFY Product Development Improve
Healthfulness
of Existing
Products

Deliver
Healthy Food
& Bev Solutions
to Schools

Promote Healthy Kids

Lifestyles

- 50% of 3-Year New Product Revenues
- New Good-For-You Ventures
 - Proteins
 - Whole grains
 - Fruits & vegetables

- Eliminated Trans-Fats at Frito-Lay
 - Completed on core salty snacks
 - New labels in market
- Cooper Smart Snack Labeling
- Establishing
 Wellward Choices™
 Nutrition Standards

- Introducing New Wellward Choices[™] in Schools
- Promoting Wellward Choices™ in Schools
 - New Aquafina & Gatorade vending
 - In-School marketing
- Promoting Healthy Breakfast

- Promoting YouthSports
- Motivating Lifestyle Change: America On The Move™
- Supporting Scho<mark>ol
 Decision-Makers:
 "Health Is Power™"</mark>



Big New Healthy Product Introductions This Year in Every Division





























Provide Healthy Product Choices



Promote Healthy Lifestyles



Support School Decision-Makers



School Resource Guide



ASFSA Partnership & Interactive Wellness System



What Are Wellward Choices™?



- Consumer reference for BFY/GFY
 - Naturally Nutritious
 - Formulated for Function
 - Reduced and Rewarding
- Based on Credible Nutrition Standards
 - Fat, Saturated fat, Trans-fat
 - Sugar
 - Sodium
- Used as a Connector / Endorser.

Snacks

Examples:

Baked! Lays® Original Potato Crisps Baked! Ruffles® Originals Potato Crisps Baked! Tostitos® Bite Size Tortilla Crisps Cheetos Reduced Fat Cheesepuffs Fritos® Black Bean Dip Quaker® Rice Cakes Cheddar Quakes® Butter Flavored Rold Gold® Honey Braided Twists Ruffles Reduced Fat Potato Chips WOW! Fat Free Snacks Tostitos® Restaurant Style Salsa

Beverages

Examples:

All Gatorade® Products Aquafina® Purified Drinking Water Diet Pepsi® Dole® 100% Juices Lipton® Iced Teas Propel Fitness Water™ SoBe® Black Tea 3G™ SoBe® Synergy™ Tropicana® 100% Juices Tropicana® Smoothies

Foods

Examples:

Baked Apple Breakfast Squares Instant Quaker® Oatmeal Kretschmer® Wheat Germ Near East® Taboule Wheat Salad Mix Quaker Oats Nutrition for Women Old Fashioned Oatmeal Quaker® Cinnamon Oatmeal Squares Quaker® Low Fat 100% Nat. Granola Quaker® Oatmeal Express®







- Energy balance education & activation:
 "Move More, Eat Less"
- A National Movement to help people get started
 - Eating Habits: 100-calorie sustainable charge
 - Exercise Habits: 2000+ extra steps
- A "Big Tent" public/private partnership
 - Organization: 501(C)3 affiliated with University of Colorado Health Sciences Center
 - <u>Developers</u>: HHS, CDC, State of Colorado
 - Sponsors: PepsiCo as national presenting sponsor,
 4-5 additional corporate sponsors
 - Affiliates: States & Cities
 - Delivery Partners: e.g. AARP, Association of Black Churches, Y of the USA
- An umbrella development resource for programs in schools
 - Elementary schools
 - Middle schools



Support School Decision-Makers





- Strategic partnership with American School Food Service Association
- PepsiCo "Wellness Day" at National Convention
 - Dr. Cooper keynote speech
 - Dr. Cooper video of ASFSA wellness strategy with PepsiCo leadership
 - Breakouts led by PepsiCo wellness partners
- PepsiCo Health Is Power™ School Resource Guide
- PepsiCo-ASFSA Interactive Wellness System
 - Provided by PepsiCo, a personal wellness resource for American Food Service workers
 - Integrated into ASFSA web site



Enlisting the Best Support

- Dr. Ornish & Preventive Medicine Research Institute
- Dr. Cooper & The Cooper Aerobics Center
- Dr. Jim Hill & America On The Move™
- YMCA Mission Sponsorship
- American School Food Service Administrators
- PepsiCo Blue Ribbon Advisory Council on Health & Wellness



Enlisting the Best Support



Blue Ribbon Advisory Board on Health & Wellness

S. Ward Casscells, III, M.D. Professor of Medicine & Cardiology, University of Texas

Kenneth H. Cooper, M.D., M.P.H. President & Founder, The Cooper Aerobics Center

Antonia Demas, Ph.D. Director, Food Studies Institute

Ambassador Thomas Foley Partner, Akin Gump Strauss Hauer & Feld, LLP

Kenneth L. Gladish, Ph.D. National Executive Director, YMCA of the U.S.A.

George Graham, Ph.D. Professor of Kinesiology, Pennsylvania State University

David Heber, M.D., Ph.D. Professor of Medicine & Public Health, UCLA Center for Human Nutrition

James O. Hill, Ph.D.

Professor of Pediatrics & Medicine, University of Colorado Health Sciences Center

Governor James B. Hunt, Jr. Former Governor of North Carolina (1977-1985; 1993-2001)

David A. Kessler, M.D., J.D. Dean, School of Medicine, University of California - San Francisco

Susan Love, M.D. Co-Founder & Senior Partner, Lluminari

Dean Ornish, M.D. Founder & Director, Preventive Medicine Research Institute

Pamela Peeke, M.D. Assistant Professor of Medicine, University of Maryland



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