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# **Foodservice Composting Crowds out Consumer Food Waste Reduction Behavior in a Dining Experiment**

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## Foodservice Composting Crowds Out

# Consumer Food Waste Reduction Behavior in a Dining Experiment<sup>1</sup>

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Pressure mounts to address food waste, which deprives hungry people of needed nutrition, depletes resources used to produce food, and accounts for substantial greenhouse gas emissions during production, distribution and disposal. Composting, and other food waste recycling technologies that divert food waste from landfills, mitigate the environmental damages of food waste disposal and grow in popularity. We explore whether consumer knowledge that the environmental damage created by their food waste will be mitigated undermines personal food waste reduction behavior. Subjects in a dining situation are randomly assigned whether or not they receive information about the negative effects of landfilling food waste and whether they are told that uneaten food from the study will be composted or landfilled. We find that providing information about the negative effects of food waste in landfills significantly reduces both the propensity to create any food waste and the total amount of solid food waste created when compared to control subjects. However, if subjects are also informed that food waste from the study will be composted, the propensity to create food waste and the amount of solid food waste generated is similar to control situation which features neither a reduction nor a recycling policy. This suggests a crowding out effect or informational rebound effect in which promoting policies that mitigate the environmental damages of food waste may unintentionally undermine policies meant to encourage individual consumer food waste reduction. We discuss key policy implications as well as several limitations of our experimental setting and analysis.

**Key Words:** Food waste, composting, rebound effects, supply chain, policy, economic experiments, crowd-out effect, single-action bias

35 *JEL Codes:* C90, Q18, Q53

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36 Pressure mounts to address food waste, which deprives hungry people of needed nutrition, depletes  
37 resources used to produce food, and causes greenhouse gas emissions during production,  
38 distribution and disposal (Okawa, 2015, Parfitt, et al., 2010, Quested, et al., 2013, Quested, et al.,  
39 2013, Secondi, et al., 2015). In response to the U.S. government's announcement of a goal to cut  
40 domestic food waste in half by 2030 (USDA, 2015), the private-public group Rethink Food Waste  
41 through Economics and Data (ReFED) issued a synthesis report that articulates and assesses 27  
42 strategies for addressing food waste (ReFED, 2016). One category of strategies – reduction  
43 strategies – engage consumers and the institutions serving consumers (e.g., food service,  
44 supermarkets) to reduce the amount of food wasted. Another category – recycling strategies –  
45 engage consumers and the institutions serving consumers (e.g., food service and local governments)  
46 to divert food scraps from landfills through technologies such as composting or anaerobic digestion.  
47 ReFED (2016) argues that reduction strategies deliver the greatest potential net economic benefits  
48 on a per-strategy basis while recycling strategies hold the greatest potential in terms of scalability  
49 and the total volume of food waste potentially diverted from landfills.

50 In this paper we explore possible behavioral interactions between food waste reduction and  
51 recycling strategies and assess whether the implementation of recycling strategies may undermine  
52 the effectiveness of reduction strategies. The ReFED report (2016) emphasizes that all strategies  
53 are needed to make significant progress towards national food waste reduction goals and predicts  
54 that the suite of strategies explored in the report could deliver a 20% reduction in US food waste  
55 if all strategies were fully implemented. Understanding possible behavioral interactions among  
56 the reduction and recycling strategies is crucial on two fronts. First, understanding if the proposed  
57 strategies work at cross purposes could refine the estimates of potential total reduction capacity  
58 achievable for the proposed suite of strategies. Second, understanding any mechanisms that might

59 cause negative interactions could guide strategic implementation to mitigate any undesirable  
60 interactions.

61 The economics literature provides relevant examples of unintended behavioral  
62 consequences of public policies in other contexts including rebound effects (e.g., policies  
63 mandating improved energy efficiency that spur little to no reduction in energy use, e.g., Chan and  
64 Gillingham, 2015), charitable crowding-out effects (e.g., government grants to non-profits that  
65 deter private charitable donations, e.g., Andreoni, Payne and Smith, 2014), and lulling effects (e.g.,  
66 policies mandating safer technologies such as seatbelts and child-resistant aspirin bottles that  
67 spurred increased consumer recklessness and little improvement in safety, e.g., Peltzman, 1975,  
68 and Viscusi, 1984). The psychology literature also recognizes the potential for a motivational  
69 crowding-out effect under the concept of single-action bias, in which people cognizant of an issue  
70 and motivated to act will often engage in only a single action to address the issue (Weber 1997,  
71 Slovic and Weber, 2002). If made aware of a policy that addresses an issue (e.g., composting  
72 undertaken by a food service provider to reduce the negative consequences of food waste), the  
73 person may count that as the ‘single action’ and lose motivation to undertake their own action  
74 (personal reductions in food waste).

75 To test the hypothesis that recycling strategies for food waste such as composting may  
76 deter consumers from implementing waste reduction strategies, we conduct a dining study.  
77 Subjects are provided a free meal and exposed to one of four randomly assigned information  
78 treatments drawn from a 2x2 experimental design that varies by (a) the receipt of information  
79 concerning the deleterious effects of food waste and the mitigating effects of composting (yes or  
80 no) and by (b) the information provided about the destination of food that remains uneaten at the  
81 conclusion of the dining study (landfill or compost). The amount of food left uneaten is carefully

82 measured and then modeled as a function of the randomly assigned information treatment with  
83 controls for individual characteristics.

84 We find the receipt of the information concerning the deleterious effects of food waste and  
85 the mitigating effects of composting led to statistically significant and economically relevant  
86 reductions in food waste with 16% fewer subjects generating any waste and 58% less solid waste  
87 generated compared to controls who received information on an unrelated topic. However, if in  
88 addition to this information, the subjects are also told that uneaten food will be composted, the  
89 percent of subjects creating waste and the total solid waste generated is not significantly different  
90 from the baseline control. We find these results are robust to several different specifications and  
91 to specifications where we instrument for the compost/landfill destination treatment due to  
92 heterogeneous subject beliefs about whether the promised destination for uneaten food would  
93 really be implemented (i.e., imperfect and endogenous compliance). The results are consistent  
94 with motivational crowd-out or an informational rebound effect. That is, for this particular dining  
95 situation, the average decline in food waste due to a consumer reduction strategy is offset by an  
96 increase in food waste that occurs when a subject is made aware of a food waste recycling strategy  
97 provided by the food service institution.

98 The results match the predictions from a formal model of consumer ordering and  
99 consumption behavior that incorporates key facets of our dining study (food must be ordered in  
100 discrete amounts, zero marginal cost of increasing order size, a single opportunity to order food,  
101 no food may be taken away from the study). The results suggest that a possible avenue for  
102 offsetting such rebound or crowd-out effects is for food service institutions to focus consumer  
103 messaging on the benefits of reducing food waste while remaining silent to consumers about any  
104 institutional food waste recycling efforts. Hence, institutions may want to reconsider ‘green

105 promotion' efforts targeted at consumers that highlight environmentally beneficial initiatives such  
106 as food waste composting if such efforts may undermine consumer motivation to reduce waste.

107 The remainder of the article is organized as follows. First we provide a theoretical model  
108 of consumer behavior in a dining situation mirroring our experiment and derive a key proposition  
109 about the effect of recycling strategies to frame our empirical work. We then introduce the  
110 experimental methods and design and discuss summary statistics of the experimental data gathered.  
111 We then introduce the estimation model and discuss several challenges to obtaining consistent  
112 estimates of treatment effects. We next discuss the results and derive several policy implications.  
113 We end by discussing limitations of the experimental and empirical analysis and frame subsequent  
114 questions stimulated by the current work.

115

### 116 **A Model of Consumer Food Ordering, Consumption and Waste**

117 To frame the empirical analysis, we solve a diner's food ordering, consumption and wasting  
118 problem for a setting that mirrors the experiment: a free dine-out meal in which discrete units of  
119 food may be ordered once and where take-away is not allowed (i.e., no doggy bag, which implies  
120 that consumption and waste decisions become a single reciprocal decision). The diner chooses  
121 two quantities in sequence to maximize utility: how much to order ( $q_t$ ) and then how much to eat  
122 ( $q_c$ ). Similar to 'all-you-care-to-eat' settings, the marginal cost of  $q_t$  is zero. Hence, the diner  
123 never orders less food than he expects to eat ( $q_t \geq E[q_c]$ ) if  $q_t$  can be chosen freely from a  
124 continuous interval that contains  $E[q_c]$ .

125 The utility from food intake is  $U(q_c)$  which features a classical shape that is increasing at  
126 a decreasing rate until a saturation point at which marginal utility declines with additional food  
127 intake (i.e., there is disutility from over-eating). The diner experiences disutility (e.g, a general

128 feeling of guilt) when food is wasted, which occurs when  $q_t - q_c > 0$  in this ‘no doggie bag’  
129 setting.  $G(q_t - q_c)$  is the disutility of food waste, which is increasing with the total amount of  
130 waste ( $G'(\cdot) > 0$ ) and yields no disutility from zero waste ( $G(0) = 0$ ). Disutility grows with a  
131 diner’s awareness of food waste,  $\lambda_{fw}G(q_t - q_c)$  where  $\lambda_{fw} \in [0,1]$  represents the awareness  
132 level. A fully aware diner ( $\lambda_{fw} = 1$ ) experiences the full disutility  $G(q_t - q_c)$  while a fully  
133 unaware diner ( $\lambda_{fw} = 0$ ) experiences no disutility.

134 At the same time, wasted food in landfills generates an extra environmental cost,  $e(q_t -$   
135  $q_c)$ , which increases with the amount of waste  $e'(\cdot) > 0$ . This cost is mitigated by food waste  
136 recycling policies such as composting. Hence the actual environmental cost is  $f(\eta)e(q_t - q_c)$   
137 where  $\eta \in [0,1]$  is the composting rate and  $f(\eta) \in [0,1]$  is the mitigation effect. For simplicity,  
138 we assume that composting ( $\eta = 1$ ) eliminates all the extra environmental costs ( $f(1) = 0$ ), while  
139 food waste remaining in a landfill ( $\eta = 0$ ) will generate the full environmental cost  $f(0) = 1$ .  
140 When  $0 < \eta < 1$ , part of the food waste is composted and the rest goes to a landfill. The  
141 environmental cost from wasted food is reduced as the composting rate increases ( $f'(\cdot) < 0$ ).

142 The diner internalizes the environmental cost based on his awareness of the environmental  
143 externality from wasted food in the landfill and of his awareness of the differences between the  
144 two waste management methods, composting and landfilling, ( $\lambda_m \in [0,1]$ ). The internalized  
145 environmental cost combines the actual cost and awareness level  $\lambda_m f(\eta)e(q_t - q_c)$ . The diner  
146 who is unaware of the environmental externality from food waste in a landfill ( $\lambda_m = 0$ ) doesn’t  
147 internalize the extra cost and also doesn’t appreciate the benefits of composting. An aware diner  
148 ( $\lambda_m = 1$ ) fully internalizes the environmental costs of food waste destined for the landfill ( $e(q_t -$   
149  $q_c)$ ), and such costs are eliminated when food waste is composted.

150 The diner maximizes utility by choosing  $q_t$  and  $q_c$  in sequence:

151  $U(q_c) - \lambda_{fw}G(q_t - q_c) - \lambda_m f(\eta)e(q_t - q_c).$

152 When the diner is fully unaware of the food waste issue  $\lambda_{fw} = \lambda_m = 0$ , the optimal intake  
 153 maximizes his utility from food intake:

154 (1)  $U'(q_c) = 0.$

155 Let  $U'(q_c^*) = 0$ , hence  $q_c^*$  is the unconstrained maximizer of  $U(q_c)$  of the unaware diner in this  
 156 no-storage situation. Within the context of the experiment, diners can only order items in discrete  
 157 units (4 inch segments of sandwich and fixed-size bags of chips and apples). Hence, rather than  
 158 choosing food quantity from a continuous interval, the diner must choose quantities from a discrete  
 159 set,  $q_t \in [0, q_t^1, q_t^2, \dots, q_t^n]$ . Assume the choice set does not contain the optimal amount, i.e.,  $q_c^* \notin$   
 160  $[0, q_t^1, q_t^2, \dots, q_t^n]$ . Define  $q_c^{min} < q_c^* < q_c^{max}$  as the quantities from the choice set that surround  
 161 optimal consumption.<sup>1</sup> When wasting food is costless ( $\lambda_{fw} = \lambda_m = 0$ ), the diner over-orders, i.e.,  
 162  $q_t = q_c^{max} > q_c^*$ , eats  $q_c^*$ , and wastes the rest ( $q_c^{max} - q_c^*$ ).

163 When wasting food reduces utility ( $\lambda_{fw} > 0, \lambda_m > 0$ ), the diner may either over-order  
 164 ( $q_t = q_c^{max}$ ) or under-order ( $q_t = q_c^{min}$ ). When the diner orders less than his personally optimal  
 165 amount,  $q_t = q_c^{min} < q_c^*$ , he consumes all that is ordered ( $q_{c\_under}^* = q_c^{min}$ ) and wastes zero:

166 (2)  $U(q_{c\_under}^*) = U(q_c^{min}) < U(q^*).$

167 When he over-orders, e.g.,  $q_t = q_c^{max} > q_c^*$ , he determines the amount of intake ( $q_{c\_over}$ ) to  
 168 maximize utility:

169 (3)  $U(q_{c\_over}) - \lambda_{fw}G(q_c^{max} - q_{c\_over}) - \lambda_m f(\eta)e(q_c^{max} - q_{c\_over}) < U(q^*).$

170 To maximize utility,

171 (4)  $U'(q_{c\_over}^*) = -\lambda_{fw}G'(q_c^{max} - q_{c\_over}^*) - \lambda_m f(\eta)e'(q_c^{max} - q_{c\_over}^*) < 0.$

172 Here the diner reduces food waste by eating more than is optimal,  $q_c^* < q_{c\_over}^* < q_c^{max}$ . However,  
 173 such an effort to reduce food waste is discouraged when the diner knows that wasted food will be  
 174 composted, and hence the cost of wasting decreases:

175 (5) 
$$\frac{\partial U'(q_c)}{\partial \eta} = -\lambda_{fw} f'(\eta) e'(q_c^{max} - q_c) > 0.$$

176

177 *Proposition 1: When the diner perceives wasting food to be costly and the optimal intake level  
 178 is unavailable when ordering ( $q_t \neq q_c^*$ ), the diner will reduce food waste either by under-  
 179 ordering and under-eating or by over-ordering and over-eating. However, such an effort is  
 180 discouraged when the diner becomes aware of composting. Awareness of a higher composting  
 181 rate encourages over-ordering and results in more food waste when food is over-ordered,  
 182 which yields a crowding-out/rebound effect.*

183 To determine which is the constrained optimal (under-ordering to ensure zero waste or  
 184 over-ordering to ensure sufficient intake), the diner calculates:

185 (6) 
$$d(\eta) = U(q_c^{min}) - U(q_{c\_over}) + \lambda_{fw} G(q_c^{max} - q_{c\_over}) + \lambda_m f(\eta) e(q_c^{max} - q_{c\_over}).$$

186 If the utility loss from insufficient food is smaller than the disutility from wasting food and over-  
 187 eating ( $d(\eta) > 0$ ), the diner will under-order and waste nothing. If the disutility from wasting  
 188 food and over-eating is smaller than utility loss from insufficient food ( $d(\eta) < 0$ ), the diner will  
 189 over-order and waste food. A higher composting rate decreases the cost of wasting and encourages  
 190 the option involving over-ordering and food waste:

191 (7) 
$$\frac{\partial d(\eta)}{\partial \eta} = \lambda_m f'(\eta) E(e(q_c^{max} - q_{c\_over})) < 0.$$

192

193 **Experimental Methods**

194 In order to explore and estimate the effect of composting, a widely proposed food waste recycling  
195 policy, an experimental study was conducted at large urban university during June and July of  
196 2016. Participants were recruited from the university's student and staff population and from the  
197 general population of the surrounding region. To limit self-selection bias, food waste was not  
198 mentioned in the recruitment materials.

199 The provided lunch offered the following components: bags of chips, bags of apple slices,  
200 drinks and sandwiches of different types in 4-inch segments. The lunch was free of charge and  
201 participants could order as much as they wanted in any combination, but they could only order  
202 once (i.e., no second helpings). The sandwich segments were prepared by the research staff to  
203 ensure that all sandwich portions weighed the same (180g per 4 inches) while the remaining items  
204 were prepackaged in standardized package sizes by the manufacturer. The amount served to each  
205 diner was recorded upon serving. Upon completion of the meal the diner returned the tray  
206 individually. Research staff took the tray including all uneaten food and drink to a separate room  
207 out of visual range of the diner, where items were weighed after the conclusion of each session to  
208 determine each respondent's total solid and liquid waste and to match this to the respondent's order  
209 information. Participants completed a survey and then, upon dismissal, were provided a debriefing  
210 script describing the complete purpose of the study. The full sequence of study activities is detailed  
211 in figure A1 in the Appendix. The protocol was approved by the local Institutional Review Board.

212 *Experimental Design*

213 Participants are randomly assigned to one of four treatments drawn from a 2 x 2 design (table 1):  
214 (a) receive general information about the negative societal impacts of food waste and the mitigating  
215 effects of composting (yes or no) x (b) destination of any uneaten food from the study (compost  
216 or landfill). To ensure that the effects of design element (a) are not related to the extra time or

217 cognitive effort required to receive and process additional information, those who don't receive  
218 information about food waste receive a control set of information about an unrelated topic  
219 (financial literacy).

220 All participants in a given dining session receive the same treatment. Multiple dining  
221 sessions were held for each treatment to ensure that results are not influenced by any particular  
222 dining session. Sessions featuring the same treatment were held on different days of the week to  
223 minimize potential confounds between day of the week effects and treatment, and only one session  
224 from the same treatment was held in any given week. All sessions were held at the same time of  
225 day (11:30 – 1:30) and the same location.

226 At the beginning of the session, each participant receives a Welcome Sheet explaining the  
227 terms of the study: 1) All food is free of charge; 2) Participants may only order food once though  
228 they may order as much as they want; 3) Doggy bags are not allowed, i.e., food can only be  
229 consumed at the study location; 4) No food sharing with other participants; 5) Upon completing  
230 the meal, return the tray to the research staff before picking up a survey to complete; and 6) The  
231 destination of their uneaten food is listed (compost or landfill, depending on the treatment). On  
232 all the hand-outs, we use the term *uneaten food* instead of *food waste* whenever possible (except  
233 for food waste information card and the accompanying quiz).

234 Respondents assigned to the first column of table 1 were informed that "...all uneaten food  
235 will be placed in the facility's normal waste baskets, whose contents are placed in local landfills..."  
236 Therefore, the perceived compost rate is zero ( $\eta = 0$ ) and the internalized environmental cost is  
237  $-\lambda_m E(q_t - q_c)$ . In sessions from the second column of table 1, participants were informed that  
238 "...all uneaten food will be sent to a compost facility so that emission of methane from the uneaten  
239 food will be largely reduced and the compost generated can nourish soil for healthier plants and

240 gardens..." Hence, no food waste ends in landfill ( $\eta = 1$ ) and participants internalize zero  
241 environmental cost  $f(\eta) = \lambda_m f(\eta) e(q_t - q_c) = 0$ . For these sessions, all uneaten food was  
242 deposited in a compost facility located on the University's farm.

243 After the Welcome Sheet, an information card detailing the negative societal impacts of  
244 food waste was given to those in sessions randomly assigned to the bottom two cells of table 1  
245 (see Appendix for the card). Such information enhances participants' awareness of the societal  
246 cost of food waste and the differences between compost and landfill options.

247 If we define that the participants who read and understood the food waste information card  
248 as aware participants,  $\lambda_{fw} = 1$  and  $\lambda_m = 1$ , they experience the full disutility from wasting food  
249  $G(q_t - q_c)$  and may fully internalize the environmental cost generated from wasted food  
250  $f(\eta) e(q_t - q_c)$ . Those in the opposite treatment (top two rows of table 1) receive a similar length  
251 information card and subsequent quiz about financial literacy (see Appendix for the card).  
252 Financial literacy is unrelated to food, waste or food waste and helps ensure any estimated effects  
253 are the result of information about food waste and not just a general informational effect or an  
254 effect of the additional time delays prior to food consumption. Participants who read the  
255 information card about financial literacy may still feel bad about wasting food based on knowledge  
256 they had prior to the study. For example, one might assume  $\lambda_{fw} = \frac{1}{2}$  based on a U.S survey in  
257 2015 that found that about half of Americans are aware of recent coverage of the level of food  
258 waste or food waste reduction efforts (Qi and Roe 2016). However, aware individuals may not  
259 know the differences in environmental cost between food waste in landfills and composted food  
260 waste ( $\lambda_m = 0$ ). As a result, they may experience a partial negative emotion of wasting food (e.g.,  
261  $\frac{1}{2} G(q_t - q_c)$ ) and may not fully internalize any perceived environmental costs of food waste in  
262 landfill and will not appreciate the societal benefits from composting.

263       Based on this reasoning, representative utility functions for participants randomly assigned  
264    to each group are presented as the third line in each cell in table 1 for purposes of illustration and  
265    to guide empirical interpretation. Participants in the food waste landfill group are expected to  
266    perceive the highest cost of wasting food and are expected to waste the least, while the participants  
267    from the two financial literacy groups are expected to perceive the lowest cost of wasting food and  
268    waste the most. Participants from the food waste by compost group are in the middle. They are  
269    expected to perceive lower costs of wasting food than those in food waste landfill group and hence  
270    waste more.

271       To reinforce and test the information about the destination for uneaten food and the  
272    message from the information card, participants take a quiz (see Appendix). The awareness about  
273    food waste and the environmental externality of food waste in landfills is determined by their  
274    answer to the question: “Based on the information card, how does the damage from food waste in  
275    landfills compare to food waste sent to compost facilities?” The perceived composting rate is  
276    determined by the participants’ answer to “Where will the uneaten food from today’s lunch be  
277    placed?”

278       Summary statistics by treatment group are listed in table 2 along with results from tests  
279    that determine if randomization yielded participants across the four treatments with statistically  
280    similar individual characteristics.<sup>2</sup> The composition across treatment groups is balanced with  
281    respect to gender, race, age, urbanicity of current residence, and current recycling tendency.  
282    Further, the groups are balanced in terms of the amount of each individual food and beverage item  
283    ordered. Groups are unbalanced across several characteristic (e.g., education and employment).  
284    To best estimate treatment effects, we include demographic and order variables in subsequent  
285    regressions as control variables.

286 Order data includes the number of: 4-inch sandwiches (180g per sub), bags of apple slices (113g  
287 per bag), bags of chips (28.3g per bag), bottles of beverage (355ml per bottle) and bottles of water  
288 (355ml per bottle). Demographic characteristics ( $X_i$ ) includes age, gender, race, education,  
289 employment, metro status of the place where the subject grew up, metro status of the place where  
290 the subject currently resides, and participant's responsibility for food shopping and meal  
291 preparation at home (Qi and Roe, 2016). Other demographic variables that feasibly affect  
292 participants' food waste behavior in this study include, participants' awareness about food waste  
293 before the study, and the participant's awareness of the purpose of this study prior to the exit  
294 debriefing. The participant's recycling frequency is also included to control for ongoing pro-  
295 environmental behaviors.

296

## 297 **Empirical Methodology**

298 Let  $y_i$  denote the grams of food waste for each participant  $i$ . Let the relationship between food  
299 waste, information treatments ( $FW_i$ ,  $Comp_i$ ,  $FWxComp_i$ ), order size ( $Order_i$ ), and participants'  
300 demographic characteristics (vector  $X_i$ ) be:

$$301 \log(y_i + 1) = \alpha + \theta_1 FW_i + \theta_2 Comp_i + \theta_3 FWxComp_i + \gamma Order_i + X_i' \beta + \varepsilon_i, \quad (8)$$

302 where the  $\theta$ 's and  $\gamma$  are coefficients to be estimated and  $\beta$  is a conformable vector of demographic  
303 coefficients to be estimated.  $FW_i = 1$  if the participant received the information about the negative  
304 social impacts of food waste and mitigating effects of compost, and  $FW_i = 0$  if the participant  
305 received the information card about financial literacy.  $Comp_i = 1$  if participant  $i$  is told that all  
306 uneaten food will be composted, while  $Comp_i = 0$  if participant  $i$  is told that all the uneaten food  
307 will be disposed of in a landfill.  $FWxComp_i$  is the interaction term of  $FW_i$  and  $Comp_i$ .

308 *Treatment versus Compliance*

309        While participants are randomly assigned to treatment groups, each participant may not  
310    comply with the treatment, i.e., may not believe or internalize the information provided in the  
311    treatment. To gauge compliance with the treatment, respondents answered a quiz after receiving  
312    all information. For participants assigned to the food waste information treatment, 96% agreed  
313    that more environmental damage arises from food waste in landfills than from food waste in  
314    compost facilities. Hence, for simplicity, we define all the participants in the food waste group as  
315    compliant, i.e., participants understood and internalized the information about food waste. To  
316    denote this we say that  $E[FW_i] = FW_i$ .

317        To gauge compliance with the treatment concerning the destination for the respondent's  
318    uneaten food, we ask "Where will the uneaten food from today's lunch be placed?" For those in  
319    the compost treatments, 95% answered correctly. However, for those told that the uneaten food  
320    would go to a landfill, 16% answered incorrectly among those receiving the financial literacy  
321    information card and 34% answered incorrectly among those receiving the food waste information  
322    card. This indicates not only imperfect compliance (i.e.,  $E[Comp_i] \neq Comp_i$ ) but also suggests  
323    that the degree of noncompliance may be related to treatment information and raises the possibility  
324    that unobservable characteristics drive both noncompliance and food waste behavior.

325        To deal with the possible endogeneity of the perceived destination of uneaten food, we use  
326    instrumental variable methods in which we (1) estimate a first-stage binary model (e.g, probit) of  
327    compliance as a function of the random group assignments ( $FW_i, Comp_i, FWxComp_i$ ) and  
328    participants' awareness about food waste before the study, (2) predict the fitted probability of  
329    believing the correct food waste destination information ( $\hat{p}_i$ ), and (3) estimate the treatment effects  
330    using  $\hat{p}_i$  as the instrument for the  $E[Comp_i]$  and the interaction of  $\hat{p}_i$  and  $FW_i$  as the instrument  
331    for  $FWxE[Comp_i]$ .

332        However, another estimation complication exists. The data on food waste contains a large  
333    percentage of observations featuring zero waste, and instrumental variable approaches yield  
334    inconsistent estimates for nonlinear models that correct for censoring (e.g, Tobit). The commonly  
335    used method for estimating such models, control function estimators, yields consistent estimates  
336    only when the endogenous variable is continuously distributed. Our endogenous variable,  
337     $E[Comp_i]$ , is binary. Therefore, we also estimate models in which the dependent variable is binary  
338    and equals 1 if any food has been wasted and equals 0 otherwise. These models are interpreted as  
339    the effects of treatment on food waste at the extensive margin or, in other words, the fraction of  
340    respondents who failed to ‘clean their plate’ during the dining session.

341        We estimate a sequence of models for the log levels of waste as a function of the  
342    experimental treatments and then the instrumented compliance with treatment.<sup>3</sup> To explore the  
343    treatment and compliance effects on food waste at the extensive margin, we present a sequence of  
344    models with the binary dependent variable.

345

## 346    **Results**

347        Our theory suggests that the information treatments alter both the amount of food ordered  
348    and the amount of food waste. The ANOVA results from table 2 find no evidence that the amount  
349    of food ordered differs by treatment, but we also estimate a full regression model of the amount  
350    ordered with treatment effects and other relevant control variables (all results in the Appendix).  
351    We continue to find no significant treatment effects on order size, either in terms the total solid  
352    food grams ordered in levels or logs. We also test each order component separately and only find  
353    two effect estimates significant at the 10% level across eight models (order size in logs and levels  
354    for 4 food components – see Appendix).

355 Before discussing the regression results, observe figure 1, which plots the average of grams  
356 of solid food waste by treatment group. Those receiving the food waste information card discard  
357 significantly less food than those receiving financial literacy information ( $p<0.001$ ), implying that  
358 information that enhances participants' awareness about food waste and discourages food wasting  
359 behavior.<sup>4</sup> When aware participants are told that all the uneaten food from their lunch will be  
360 composted, they waste significantly more food ( $p=0.002$ ). This difference is insignificant among  
361 participants assigned to the financial literacy treatment ( $p=0.759$ ). Also, no significant difference  
362 is found between the food waste compost group and the financial literacy compost group  
363 ( $p=0.195$ ), implying that the announcement about composting offsets what is achieved by  
364 enhancing participants' awareness about food waste.

365

366 In table 3 we present the treatment effects on the log grams of solid food waste. In all the  
367 models, individual-level controls are included and robust standard errors are clustered by session.  
368 In column 1, we present ordinary least squares (OLS) estimates as a baseline. In column 2, we  
369 reproduce the analysis in column 1 using a Tobit model to correct for censoring. With random  
370 assignment, the local average treatment effect (LATE) estimated from Tobit is equal to the average  
371 effect of treatment on treated (ATT) if compliance were perfect. Compliance for *Comp* is not  
372 perfect, however. As a result, the Tobit estimation is biased and requires IV to yield the ATT  
373 (Angrist, et al., 1996). In column 3, we use instrumental variables (OLS-IV) to control for the  
374 endogenous imperfect compliance, but cannot control for censoring due to the lack of implemental  
375 IV approaches for models in which the endogenous variable is binary.

376 The three models in table 3 show similar patterns. Enhanced awareness about food waste  
377 significantly reduces the amount of solid food waste. The information effect of composting is  
378 heterogeneous. The announcement about composting has no significant effect on food waste

379 unless the participants also received the food waste information card ( $FW \times Comp$ ). For aware  
380 participants, the crowd-out/rebound effect of composting is positive and significant and the  
381 marginal effects of the two treatments offset (i.e.,  $FW + FW \times Comp = 0$ , see table 3 for test  
382 results). When censoring is corrected by a Tobit model or imperfect compliance is corrected by  
383 IV, the estimated crowd-out/rebound effects ( $FW \times Comp$ ) are larger compared to the ones estimate  
384 by OLS and we continue in our failure to reject that  $FW + FW \times Comp = 0$ . Hence, we postulate  
385 that our current estimates provide a lower bound for the actual crowd-out/rebound effect that  
386 occurs when participants believe food waste will be composted.

387 The crowding out or rebound effect of composting is not significantly different from zero  
388 among participants who are unaware of the environmental externalities caused by food waste in  
389 landfills (i.e.,  $Comp$  and  $E[Comp]$  coefficients are not significantly different from zero). This  
390 result reflects the theory that unaware diners don't internalize the environmental externalities of  
391 food waste in landfills; hence knowledge that food will be composted yields no behavioral  
392 response.

393 Table 4 presents the marginal treatment effects on solid food waste at the extensive margin  
394 by using a binary indicator of any waste generated as the dependent variable. Columns 1 and 2  
395 presents the estimated marginal treatment effects from Linear Probability Model (LPM) and a  
396 Probit model; these results are quite similar. In column 3, we use instrumental variables to correct  
397 the endogenous compliance (LPM-IV). When participants are aware of the negative social impact  
398 of food waste, they are 39% more likely to clean their plates (no solid waste) than those receiving  
399 the financial literacy control information. However, this effort is significantly frustrated (41%  
400 more likely to waste food) when they are told that uneaten food from their lunch will be composted.  
401 As with solid waste, the net effect ( $FW + FW \times Comp$ ) is not significantly different than zero.

402

403 **Discussion, Limitations and Policy Implications**

404       Rebound effects are behavioral and market responses that offset the original intent or  
405       expected impact of a policy and were first derived and most clearly documented for energy  
406       conservation initiatives (Binswanger, 2001, Chan and Gillingham, 2015, Greening, et al., 2000,  
407       Khazzoom, 1980, Sorrell and Dimitropoulos, 2008). Qi and Roe (2016) derive analytical  
408       expressions for rebound effects that arise in response to food waste reduction policies and find that  
409       initiatives that reduce waste rates in supply chain links upstream from the consumer (pre-consumer  
410       initiatives) decrease the cost of food (and hence food waste) and yield potentially strong rebound  
411       effects. Other strands of the literature also identify mechanisms in which a policy stimulates  
412       behaviors that offset the desired outcomes from that policy, including crowding out effects in  
413       charitable settings (Andreoni, Payne and Smith 2014), and lulling effects from safety regulations  
414       (Peltzman, 1975, Viscusi, 1984).

415       Our study calibrates such an effect when consumer expected external costs from wasting  
416       food are reduced by making consumers aware of a policy in which food waste is diverted from the  
417       landfill and sent to a compost facility. The results show that, when enacted in isolation, a key  
418       reduction policy (enhancing awareness about the negative social impacts of food waste) induces  
419       participants to reduce their personal levels of food waste by 77-85% compared to a no-policy  
420       baseline. However, making participants aware of a recycling policy implemented by the food  
421       service staff has no statistically significant effect on participant food waste behavior. Further,  
422       when implemented in conjunction with the reduction policy, the announcement and awareness by  
423       participants of the recycling policy leads to no reduction in participant food waste behavior  
424       compared to the no-policy baseline.

425        Hence, for this dining study, we document significant behavioral responses to an  
426        announced food waste *recycling* policy that fully offset the reductions delivered by a food waste  
427        *reduction* policy. According to ReFED (2016), if significant progress is to be made in achieving  
428        food waste reduction goals, centralized recycling policies implemented by food service operators  
429        and municipalities hold the greatest potential in terms of the total amount of food waste potentially  
430        diverted from landfills. Our results suggest that in our dining study, recycling policies work at  
431        cross purposes with reduction policies when consumers are made aware that other actors will  
432        mitigate the negative environmental effects of any consumer food waste created.

433        This suggests that care is needed when jointly implementing food waste reduction and  
434        recycling policies in order to ensure the maximum potential environmental benefits are achieved.  
435        Specifically, it suggests that more environmental benefits may be achieved from joint  
436        implementation when consumer messaging focuses on reduction strategies and omits details and  
437        benefits of any centralized recycling strategies. While such messaging coordination is simple to  
438        implement in our dining experiment, it may be more difficult to implement in broader contexts.  
439        Centralized composting efforts require considerable effort and cost for a food service provider or  
440        municipality and may reflect institutional commitment to sustainability principals. There is a  
441        strong motivation for firms and municipalities who ‘do the right thing’ by implementing food  
442        waste recycling to promote these efforts to their consumers and the general public. However, as  
443        our study suggests, the promotion of such ostensibly desirable sustainability efforts may crowd  
444        out consumer motivation to reduce personal food waste levels.

445        *Limitations and External Validity*

446        While the results of this particular dining experiment appear robust, we must grapple with  
447        several limitations of the study. First, we must be aware that the magnitude of treatment effects

448 for the *FW* information treatment may be magnified due to Hawthorne effects that naturally arise  
449 in experimental settings. Future work designed to avoid such observer effects can shed a brighter  
450 light on the magnitude of such effects. Also within the confines of the study setting, we have not  
451 conducted a comprehensive cost-benefit analysis that identifies the socially optimal policy  
452 prescription nor calculated the expected net social benefits of any policy. While we identify a  
453 behavioral regularity that shapes the efficacy and social efficiency of the suite of policy options,  
454 there is more to be done. Beyond the standard need to estimate policy costs and the relative  
455 environmental benefits of food waste reduction versus composting, we should explore possible  
456 implications for health and nutrition (e.g., does overeating driven by the awareness campaign result  
457 in weight gain and/or a reduction in the amount consumed at the next meal?).

458 When considering whether and how the results may translate to other food service settings,  
459 we must consider several aspects of our dining study. First, the food provided in our study is free.  
460 While some dining settings feature food with zero marginal cost (e.g., all-you-care-to-eat settings),  
461 consumers typically pay an entry fee contemporaneously (e.g., buffet-style restaurants), pay an  
462 entry fee in advance (e.g., university meal plans), or face a limit on the total amount that can be  
463 ordered (e.g., free meals at aid agencies). As Just and Wansink (2011) note, consumption and  
464 waste patterns in an all-you-care-to-eat setting may be sensitive to the size of the entry fee, as they  
465 document less waste when entry fees decline. Further, and perhaps more obviously, higher  
466 marginal food costs (i.e., charging for individual food items) will act as a natural reduction strategy  
467 by discouraging ordering and increasing the number of clean plates.

468 Second, study participants could order only once and could not engage in food storage.  
469 Many food service settings allow consumers to order more than once (e.g., returning to the buffet  
470 line for seconds or buying more food). Hence, it will be important to understand the frequency

471 with which consumers use these tactics and to gauge the marginal impact on the amount of food  
472 wasted (e.g., are people more likely to not eat the food obtained during their second trip through  
473 the buffet line?). On the food storage front it will be important to understand the following: the  
474 frequency and volume of doggy bagged leftovers in dining settings, the likelihood that doggy bag  
475 contents are subsequently consumed, and the dispensation of uneaten doggy bag contents (e.g.,  
476 landfill, compost, etc). Understanding each element would allow a more precise calculation of net  
477 social benefits of reduction and recycling policies in a food service setting.

478 Finally, the question arises if the interaction observed in our setting might translate to in-  
479 home behaviors. Particularly, would promotion of in-home composting systems undermine efforts  
480 to persuade households to reduce food waste in the first place? Home settings are distinct from  
481 foodservice settings because the consumer would be asked to implement two non-trivial changes  
482 to behavior: one involving food shopping, meal preparation and dining behavior to reduce the  
483 waste created, and then a separate set of activities to sort and manage food waste leaving the  
484 kitchen. Given limited time and motivational budgets for household members, understanding the  
485 means by which individuals prioritize available efforts to reduce the impacts of food waste will be  
486 critical for future research.

487

#### 488 **Footnotes**

489 1. Diners may also be uncertain of  $q_c^*$  at the time of ordering (e.g., not sure how hungry they are  
490 or not sure how filling these particular food items will be). This could give rise to an expected  
491 range of possible order sizes, hence yielding another mechanism that gives rise to values similar  
492 to  $q_c^{min}$  and  $q_c^{max}$  and a set of results similar to the propositions derived here.

493 2. 15 observations are deemed outliers as defined by the modified recursive procedure (Selst and

494 Jolicoeur, 1994) and are excluded from all analyses.

495 3. All models are also estimated in levels and available in the Appendix. Model fit declines when  
496 models are estimated in levels, though the qualitative treatment patterns are the same and the  
497 level of significance remains similar in most cases.

498 4. *p*-values reported in this paragraph are from nonparametric Kruskal Wallis equality-of-  
499 populations rank test.

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## Tables and Figures

Table 1: 2x2 Experimental Design

Group Assignments	Where Uneaten Food Goes	
Information Card Content	<i>Base</i> (Financial Literacy, Landfill) $U(q_c) - \frac{1}{2}G(q_t - q_c)$	<i>Comp</i> (Financial Literacy, Compost) $U(q_c) - \frac{1}{2}G(q_t - q_c)$
	<i>FW</i> (Food Waste, Landfill) $U(q_c) - G(q_t - q_c) - E(q_t - q_c)$	<i>FW x Comp</i> (Food Waste, Compost) $U(q_c) - G(q_t - q_c)$

505 *Notes:* The italicized line in each cell is the abbreviated treatment name used in subsequent  
506 tables. The first term in parentheses indicates the content of the information card received while  
507 the second term in parentheses indicates the dispensation of uneaten food from the session. The  
508 line below this in each cell is the expected representative utility function for participants assigned  
509 to the treatment (see text for details).

510  
511

Table 2: Summary Statistics

Variable	Base	Treatment Group			Total	<i>p</i> – value
		<i>FW</i>	<i>Comp</i>	<i>FWxComp</i>		
<i>Male</i>	31%	39%	39%	29%	33%	0.488
Race						0.224
<i>White</i>	66%	58%	47%	74%	64%	0.119
<i>Black</i>	7%	12%	11%	6%	8%	
<i>Other</i>	27%	30%	42%	20%	28%	
Education						0.018**
<i>≤College grad</i>	35%	54%	26%	36%	38%	
<i>Graduate degree</i>	23%	14%	16%	32%	23%	
<i>Currently student</i>	42%	32%	58%	32%	39%	
Employment						
<i>Full-time</i>	59%	54%	42%	66%	58%	0.049**
<i>Student</i>	30%	19%	37%	24%	26%	
<i>Part-time</i>	11%	26%	21%	11%	16%	
Age						0.109
<i>18-35</i>	69%	60%	76%	58%	64%	
<i>36-49</i>	18%	18%	5%	26%	19%	
<i>50+</i>	13%	23%	18%	16%	17%	
Metro Status:						0.125
Grew up						
<i>City</i>	33%	27%	49%	27%	32%	
<i>Non-city</i>	68%	74%	53%	73%	69%	
Metro Status:						0.382
Resident						
<i>Campus</i>	19%	11%	13%	14%	15%	
<i>City</i>	33%	38%	53%	33%	37%	
<i>Non -city</i>	48%	51%	34%	53%	48%	
Recycle						0.691
<i>Whenever possible</i>	48%	53%	45%	58%	52%	
<i>Most of time</i>	27%	19%	21%	21%	22%	
<i>Occasionally or less</i>	25%	28%	34%	21%	26%	

Variable	Base	Treatment Group			Total	<i>p</i> – value
		FW	Comp	FWxComp		
<i>E</i> [FW] <sup>a</sup>	N/A	95%	N/A	98%	N/A	0.391
<i>E</i> [Comp] <sup>b</sup>	15%	33%	95%	96%	59%	0.000***
Responsibility for Food Preparation						
<i>Most responsible</i>	80%	70%	76%	76%	76%	
<i>Somewhat</i>	15%	26%	21%	22%	21%	
<i>Not at all</i>	4%	4%	3%	1%	3%	
Awareness about Food Waste (before the study)						
<i>Aware</i>	66%	56%	68%	54%	60%	
<i>Unaware</i>	34%	44%	32%	46%	40%	
Perceived Environmental Damage from Food Waste in Landfill Compared to Composted Food Waste (before the study)						
<i>Less or the same</i>	18%	22%	26%	33%	25%	
<i>More</i>	66%	69%	55%	54%	61%	
<i>Don't know</i>	15%	9%	18%	13%	14%	
Awareness about the Study Purpose						
<i>Aware</i>	47%	47%	28%	37%	40%	0.060*
<i>Aware</i>		47%		47%		1.000
<i>Aware</i>	28%		37%			0.390
Food Order (g)						
<i>4-inch Subs</i>	1156	1048	1118	1110	1110	0.623
<i>Apple</i>	89	83	101	82	87	0.271
<i>Chips</i>	20	18	16	16	18	0.585
<i>All Food</i>	1265	1150	1235	1208	1215	0.566
<i>Beverage</i>	130	137	103	134	129	0.783
<i>Water</i>	240	218	252	226	232	0.795
Food Waste(g)						
<i>Solid food</i>	41 (79%) <sup>c</sup>	9 (51%)	38 (74%)	29 (67%)	29 (68%)	0.000*** 0.008***

Variable	Base	Treatment Group				<i>p</i> – value
		FW	Comp	FWxComp	Total	
<i>Sandwich</i>	27	6	21	20	19	0.000***
	(68%)	(40%)	(55%)	(56%)	(56%)	0.023**
<i>Apple</i>	12	2	11	9	9	0.050**
	(27%)	(7%)	(29%)	(20%)	(20%)	0.012**
<i>Chip</i>	1	1	5	1	2	0.093*
	(20%)	(9%)	(21%)	(14%)	(16%)	0.259
<i>Beverages</i>	82	43	56	44	56	0.016**
	(80%)	(47%)	(45%)	(52%)	(58%)	0.000***
N	71	57	38	85	251	
# Sessions	3	4	2	4	13	

513 *Notes:* reported *p*-values test equivalency across treatment groups using a Fisher's Exact Test for  
 514 categorical variables and the *F*-test from ANOVA results for continuous variables. *a* - E[FW]  
 515 denotes the percent of respondents that agree that the environmental cost of food waste is greater  
 516 when it is placed in a landfill rather than composted. *b* - E[Comp] is the percent of respondents  
 517 who believe the uneaten food from the session will be composted. *c* – The numbers in  
 518 parentheses are the percent of observations recording zero waste. \*, \*\*, \*\*\* denotes significance  
 519 at the 1, 5 and 10 percent levels.

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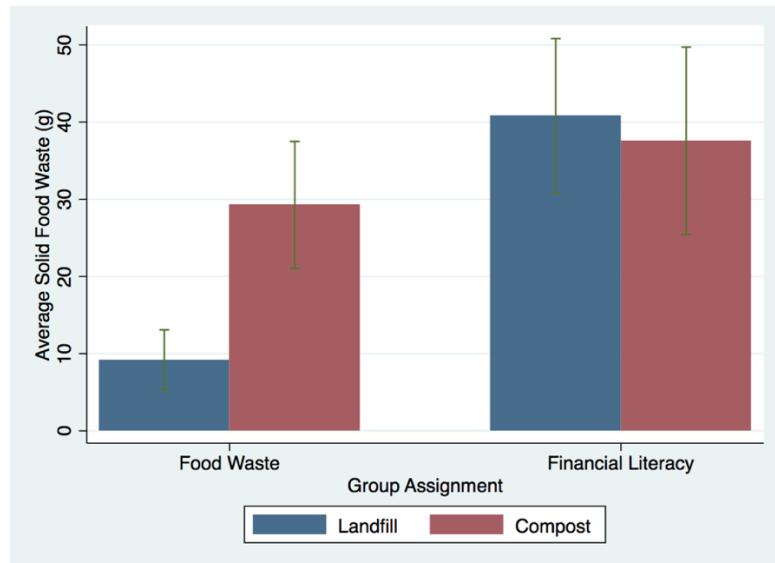
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Figure 1: Average grams of solid waste by topic of information received

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Table 3: Marginal Treatment Effects on Solid Food Waste

Dependent Variable = Log (grams of solid food waste + 1)

VARIABLES	OLS (1)	Tobit <sup>a</sup> (2)	OLS-IV (3)
Group Assignment			
<i>FW</i>	-1.503*** (0.312)	-1.536*** (0.353)	-2.137*** (0.504)
<i>Comp</i>	-0.275 (0.333)	-0.205 (0.352)	
<i>FW x Comp</i>	1.299** (0.560)	1.310** (0.635)	
Compliance			
<i>E[Comp]</i>			-0.306 (0.376)
<i>FW x E[Comp]</i>			2.000** (0.777)
<i>p: FW + FW x Comp = 0</i>	0.558 <sup>b</sup>	0.548	0.682
Observations	237	237	236
R-squared	0.297		0.288

532 Note: Robust standard errors clustered at the session level are in parentheses. \*\*\* p<0.01, \*\*  
533 p<0.05, \* p<0.1 *a* – The average marginal effect of the censored prediction is reported. *b* – *p*-  
534 value from a *F*-test where the null hypothesis is *FW + FW x Comp = 0* (first two columns) or  
535 *FW + FW x E[Comp] = 0* (last two columns).

536

537

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539 Table 4: Marginal Treatment Effects on Solid Food Waste at Extensive Margin  
 540 Dependent Variable = 1 if Solid Food Waste > 0; = 0 otherwise

VARIABLES	LPM (1)	Pobit <sup>a</sup> (2)	LPM-IV (3)
Group Assignment			
<i>FW</i>	-0.275** (0.105)	-0.255*** (0.864)	-0.393*** (0.135)
<i>Comp</i>	-0.074 (0.059)	-0.093* (0.056)	
<i>FW x Comp</i>	0.291* (0.135)	0.290*** (0.106)	
Compliance			
<i>E[Comp]</i>			-0.077 (0.066)
<i>FW x E[Comp]</i>			0.412** (0.172)
<i>p: FW + FW x Comp = 0</i>	0.809 <sup>b</sup>	0.494	0.764
Observations	237	237	236
R-squared	0.256		0.252

541 Note: Robust standard errors clustered at the session level in parentheses. \*\*\* p<0.01, \*\* p<0.05,  
 542 \* p<0.1 *a* – The average marginal effect is reported. *b* – *p*-value from a *F*-test where the null  
 543 hypothesis is *FW + FW x Comp = 0* (first two columns) or *FW + FW x E[Comp] = 0* (last two  
 544 columns).

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610 Supplemental Appendix for Reviewers and Online Publication

611

1. Welcome Sheet
2. Figure A1: Timeline of an Experiment Session
3. Figure A2: Food waste information card
4. Figure A3: Financial literacy information card
5. Quiz for FW and FW x Comp groups
6. Quiz for Base and Comp groups
7. Study Questionnaire
8. Tables of Supplementary Results

620

621

622

623

## Ohio State Lunch Study – Welcome!

624 The purpose of this study is to understand consumer eating and food handling habits  
625 during a midday meal. Hence there is no charge for the lunch, but please note:

626

- 627 • *You have only one chance to order food but you can order as much as you  
628 want at that time.*

629

- 630 • *No food from today's meal may be removed from the room.*

631

- 632 • *[Base & FW] All uneaten food will be placed in the facility's normal waste  
633 baskets, whose contents are placed in local landfills.*

634

- 635 • *[Comp & FW x Comp] All uneaten food will be sent to a compost facility so  
636 that emission of methane from the uneaten food will be largely reduced and  
637 the compost generated can nourish soil for healthier plants and gardens.*

638

- 639 • *Please do not share your food with others*

640

- 641 • *Please help us by leaving all leftovers from your meal on your tray. Return  
642 the tray to the survey table once you have finished the meal.*

643

644

645

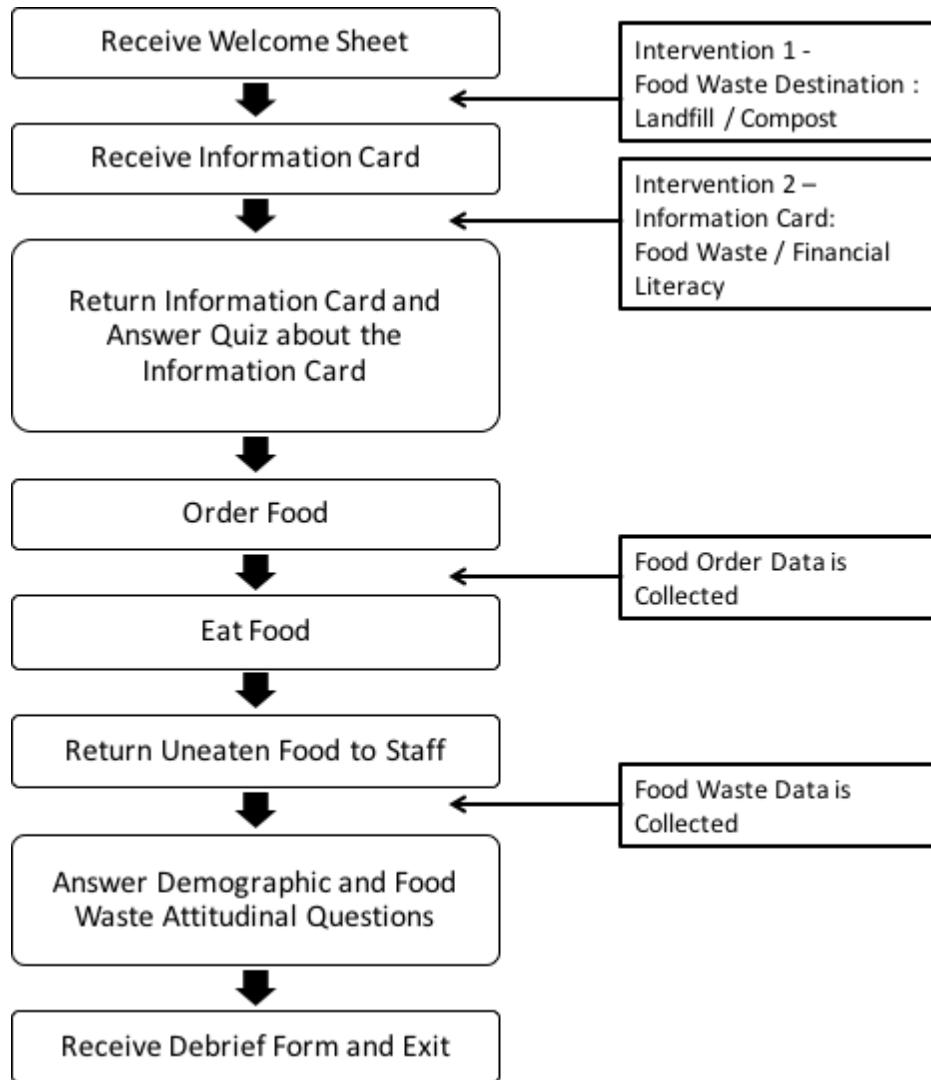
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**Figure A1: Timeline of an experimental session**

648

649



652

Figure A2. Food waste information card

653



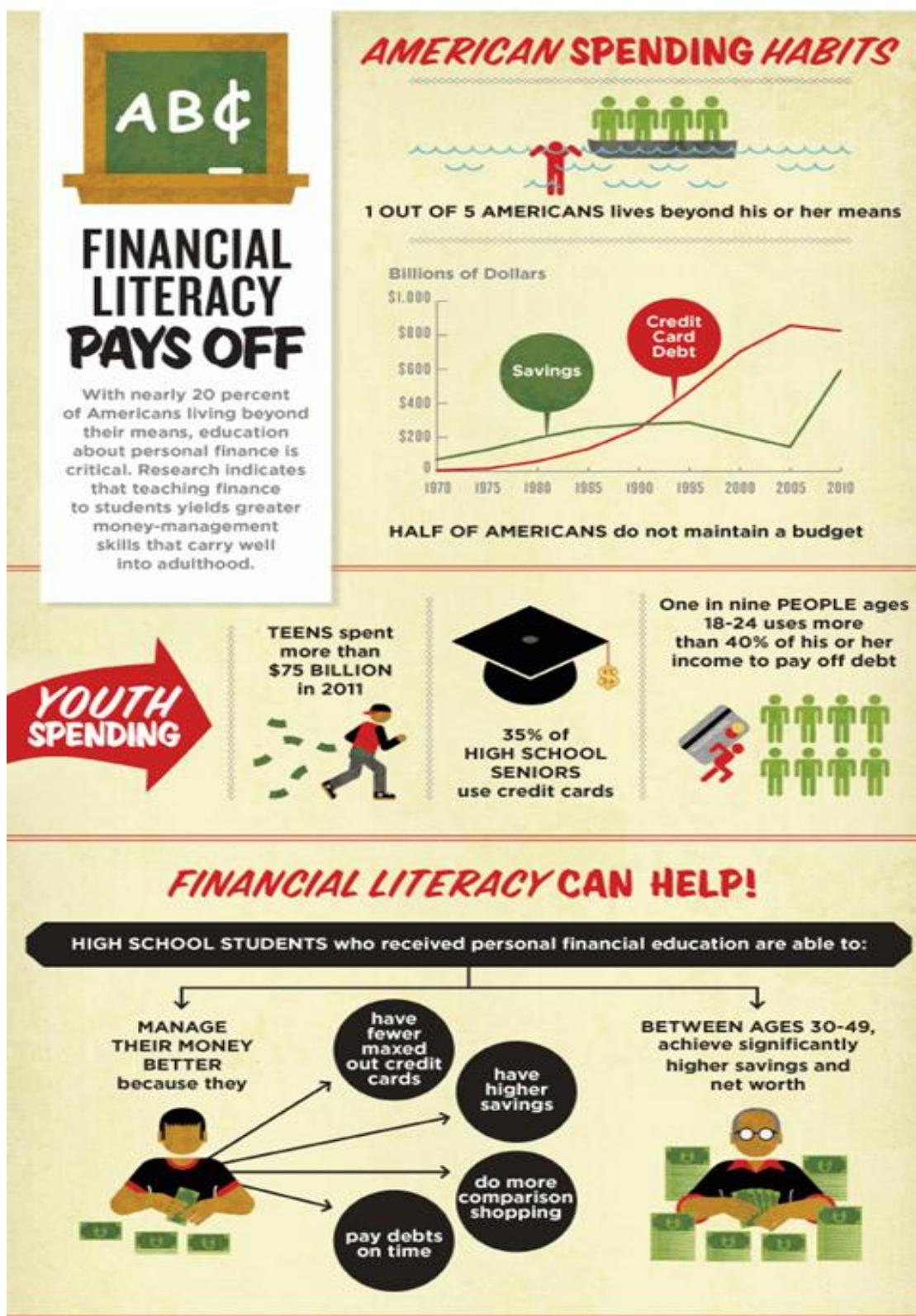
### Composting Food Waste Largely Reduces the Harm



654

655

Figure A3: Financial literacy information card



661 **Quiz for FW and FW x Comp groups**

662 Q1. How much food was left uneaten at the retail and consumer level in U.S. in 2010?

- 663 1. 5% of overall food supply (=21 billion pounds)
- 664 2. 11% of overall food supply (=47 billion pounds)
- 665 3. 31% of overall food supply (=133 billion pounds)
- 666 4. 61% of overall food supply (=262 billion pounds)

667

668 Q2. Food waste in landfill will generate \_\_\_\_.

- 669 1. Carbon Dioxide (CO<sub>2</sub>)
- 670 2. Methane (CH<sub>4</sub>)
- 671 3. Nitrous Oxide (N<sub>2</sub>O)
- 672 4. None of these

673

674 Q3. How do methane and carbon dioxide compare in term of greenhouse gas?

- 675 1. Methane (CH<sub>4</sub>) is more powerful than carbon dioxide (CO<sub>2</sub>)
- 676 2. Carbon dioxide (CO<sub>2</sub>) is more powerful than Methane (CH<sub>4</sub>)
- 677 3. They are about the same

678

679 Q4. Based on the information card, how does the damage from food waste in landfills compare to food waste sent to compost facilities?

- 680 1. Much less environmental damage from food waste in landfills vs composting
- 681 2. Somewhat less environmental damage from food waste in landfills vs composting
- 682 3. About the same
- 683 4. Somewhat more environmental damage from food waste in landfills vs composting
- 684 5. Much more environmental damage from food waste in landfills vs composting
- 685 6. Don't Know

686

687 Q5. Are you allowed to take any uneaten food away from this lunch?

- 688 1. Yes
- 689 2. No
- 690 3. Don't know

691

692 Q6[FW]. Where will the uneaten food from today's lunch be placed in?

- 693 1. Local facility, whose contents are placed in landfills
- 694 2. Organics disposal company
- 695 3. Don't know

701

702 Q6[FW x Comp]. Where will the uneaten food from today's lunch be placed in?

- 703 1. In a local facility, whose contents are placed in landfills
- 704 2. Composted to reduce the emission of methane and nourish soil
- 705 3. Don't know

706 **Quiz for *Base* and *Comp* Groups**

707 Q1. How many Americans lives beyond his or her means ?

708 1. 1 out of 3

709 2. 1 out of 5

710 3. 1 out of 10

711 4. 1 out of 20

712

713 Q2 How many Americans DO NOT maintain a budget?

714 1. One third of Americans

715 2. Half of Americans

716 3. 3 out of 4 Americans

717

718 Q3. Which of the following is true about American youth spending?

719 1. Teens spent more than \$75 billion in 2011

720 2. 35% of high school seniors use credit cards

721 3. One in nine people ages 18-24 uses more than 40% of his or her income to pay off debt

722 4. All of above

723

724 Q4. Which of the following is the solution provided by the information card?

725 1. Forbidding high school seniors using credit cards

726 2. Discourage teens from shopping alone

727 3. Teaching finance to high school students

728 4. None of them

729

730 Q5. How could financial literacy change high school students' financial behavior?

731 1. Have fewer maxed out credit cards

732 2. Have higher savings

733 3. Do more comparison shopping

734 4. Pay debts on time

735 5. All of the above

736

737 Q6. Are you allowed to take any uneaten food away from this lunch?

738 1. Yes

739 2. No

740 3. Don't know

741 4.

742 Q7[*Base*]. Where will the uneaten food from today's lunch be placed?

743 1. In a local facility, whose contents are placed in landfills

744 2. Organics disposal company

745 3. Don't know

746

747 Q7[*Comp*]. Where will the uneaten food from today's lunch be placed?

748 4. In a local facility, whose contents are placed in landfills

749 5. Organics disposal company

750 6. Don't know

751 **Questionnaire**

752 **Food handling**

753 Q1. How responsible are you for the food shopping and meal preparation in your home?

- 754 1. Mostly responsible
- 755 2. Somewhat responsible
- 756 3. Not at all responsible

757

758 Q2 [Base & Comp] In the last 12 months, have you read, seen or heard anything about the amount of food that is wasted or about ways to reduce the amount of food that is wasted?

- 759 1. Yes
- 760 2. No
- 761 3. Uncertain

762

763 Q3 [Base & Comp] Do you think there is much less, somewhat less, about the same, somewhat more or much more damage to the environment from food waste in landfills than from the composted food waste?

- 764 1. Much less environmental damage from food waste in landfills vs composting
- 765 2. Somewhat less
- 766 3. About the same
- 767 4. Somewhat more environmental damage from food waste in landfills vs composting
- 768 5. Much more
- 769 6. Don't Know

770

771 Q2[FW & FW x Comp]. Before today's session, but in the last 12 months, have you read, seen or heard anything about the amount of food that is wasted or about ways to reduce the amount of food that is wasted?

- 772 1. Yes
- 773 2. No
- 774 3. Uncertain

775

776 Q3[FW & FW x Comp]. Before today's session, do you think there is much less, somewhat less, about the same, somewhat more or much more damage to the environment from food waste in landfills than from the composted food waste?

- 777 1. Much less environmental damage from food waste in landfills vs composting
- 778 2. Somewhat less
- 779 3. About the same
- 780 4. Somewhat more environmental damage from food waste in landfills vs composting
- 781 5. Much more
- 782 6. Don't Know

783

784 Q4. To what extent would you agree with the following statements about food that is served in your home that gets thrown away?

- 785 A. Throwing away food is bad for the environment

794 1. Agree strongly  
795 2. Agree somewhat  
796 3. Disagree somewhat  
797 4. Disagree strongly  
798 5. Don't Know  
799

800 B. Throwing away food is a major source of wasted money in your household  
801 1. Agree strongly  
802 2. Agree somewhat  
803 3. Disagree somewhat  
804 4. Disagree strongly  
805 5. Don't Know  
806

807 C. Throwing away food if the package date has passed reduces the chance someone will get sick  
808 from eating the food  
809 1. Agree strongly  
810 2. Agree somewhat  
811 3. Disagree somewhat  
812 4. Disagree strongly  
813 5. Don't Know  
814

815 D. You feel guilty when you throw away food  
816 1. Agree strongly  
817 2. Agree somewhat  
818 3. Disagree somewhat  
819 4. Disagree strongly  
820 5. Don't Know  
821

822 E. You don't have enough time to worry about the amount of food you throw away.  
823 1. Agree strongly  
824 2. Agree somewhat  
825 3. Disagree somewhat  
826 4. Disagree strongly  
827 5. Don't Know  
828

829 F. Sometimes it is necessary to throw away some food to make sure meals taste fresh and good  
830 1. Agree strongly  
831 2. Agree somewhat  
832 3. Disagree somewhat  
833 4. Disagree strongly  
834 5. Don't Know  
835

836 G. It would be difficult to reduce further the amount of food your household throws away  
837 1. Agree strongly  
838 2. Agree somewhat  
839 3. Disagree somewhat

840 4. Disagree strongly  
841 5. Don't Know  
842  
843 H. You throw away more food when you buy things in large packages or when you buy in large  
844 quantities during a sale  
845 1. Agree strongly  
846 2. Agree somewhat  
847 3. Disagree somewhat  
848 4. Disagree strongly  
849 5. Don't Know  
850  
851 I. Your household throws away more food than other households of your size  
852 1. Agree strongly  
853 2. Agree somewhat  
854 3. Disagree somewhat  
855 4. Disagree strongly  
856 5. Don't Know  
857  
858 J. You left more food uneaten than other people eating lunch here today  
859 1. Agree strongly  
860 2. Agree somewhat  
861 3. Disagree somewhat  
862 4. Disagree strongly  
863 5. Don't Know  
864  
865 Q5. Did you give any food to others during today's lunch?  
866 1. Yes  
867 2. No  
868  
869 Q6. Did you take any food from others during today's lunch?  
870 1. Yes  
871 2. No

872 Q7. Before starting this questionnaire, what do you think was the purpose of this study?  
873 1. Eating habit  
874 2. Nutrition study  
875 3. Consumption habit  
876 4. Food handling habit  
877 5. Food waste habit  
878 6. Didn't think about it  
879 7. Other \_\_\_\_\_  
880

881 Q8. Where will any food left over from your meal today be placed?  
882 7. In a local facility, whose contents are placed in landfills  
883 8. In an organics disposal company  
884 9. It will be composted to reduce the emission of methane and nourish soil  
885 10. Don't know  
886

887 **Demographic Information**

888 Q9. What is your age (in years)?  
889

890 \_\_\_\_\_ years  
891

892 Q10. What is your sex?  
893 1. Male  
894 2. Female  
895

896 Q11. Ethnicity origin (or Race): Please specify your ethnicity  
897 1. White Non-Hispanic  
898 2. Black Non-Hispanic  
899 3. White Hispanic  
900 4. Black Hispanic  
901 5. Unspecified Hispanic  
902 6. Asian/ Chinese/ Japanese  
903 7. Native American/Alaska Native/Native Hawaiian/Pacific Islander  
904 8. Other Race  
905 9. Multiple Racial Identification  
906

907 Q12. Marital Status: What is your marital status?  
908

909 1. Single, never married  
910 2. Married  
911 3. Widowed  
912 4. Divorced  
913 5. Separated  
914

915 Q13. Education: What is the highest degree or level of school you have completed? If currently enrolled, which year are you in?

916 1. Less than high school graduate  
917 2. High school graduate  
918 3. Some college  
919 4. College graduate  
920 5. Graduate or Professional school  
921 6. (Currently enrolled) Undergraduate 1<sup>st</sup> year  
922 7. (Currently enrolled) Undergraduate 2<sup>nd</sup> Year  
923 8. (Currently enrolled) Undergraduate 3<sup>rd</sup> Year  
924 9. (Currently enrolled) Undergraduate 4<sup>th</sup> Year  
925 10. (Currently enrolled) Graduate or Professional Students  
926

927 Q14. Employment: Are you currently...?

928 1. Full-time  
929 2. Part-time  
930 3. Retired  
931 4. Homemaker  
932 5. Student  
933 6. Temporarily unemployed  
934 7. Disabled/handicapped  
935 8. Other not employed

936 Q15. Including yourself, how many people live in your households?

937 \_\_\_\_\_

938 Q16. How many of these are children under the age of eighteen years?

939 \_\_\_\_\_

940 Q17. How many of these adults are female?

941 \_\_\_\_\_

942 Q18. Which state/country did you grow up in?

943 \_\_\_\_\_

944 Q19. Which of the following best describes your metro status of the place where you grew up?

945 1. In a city  
946 2. In an inner suburb  
947 3. In an outer suburb  
948 4. In a rural area  
949 5. In another setting \_\_\_\_\_

950 Q20. Which of the following best describes your current residential setting? I live...

951 1. On campus  
952 2. In a city  
953 3. In an inner suburb  
954 4. In an outer suburb  
955 5. In a rural area

962 6. In another setting \_\_\_\_\_

963

964 Q21. Is your home owned or rented?

965 1. Owned

966 2. Rented

967

968 Q22. Do you have health insurance?

969 1. Yes

970 2. No

971 3. Don't know

972

973 Q23. What was your total household income before taxes during the past 12 months?

974 1. Less than \$50,000

975 2. \$50,000-\$99,999

976 3. More than \$100,000

977

978 Q24. When it comes to recycling cans, bottles and paper, which best describes your level of

979 activity? I recycle...

980 1. Whenever possible

981 2. Most of the time

982 3. Occasionally

983 4. Seldom

984 5. Never

985

986 Q25. Have you ever lived in a household where uneaten food was composted?

987 1. Yes

988 2. No

989 3. Unsure

990

991

992

993

994

995

996

997 Table A1. Marginal Treatment Effects on the Level of Solid Food Waste  
 998 Dependent Variable = Grams of solid food waste  
 999

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-31.249*** (3.862)	-30.919*** (11.284)	-43.623*** (7.328)
<i>Comp</i>	-6.747 (5.012)	-5.188 (6.374)	
<i>FW x Comp</i>	25.822** (9.384)	24.698 (15.011)	
Compliance			
<i>E[Comp]</i>			-7.572 (5.625)
<i>FW x E[Comp]</i>			39.637*** (13.612)
Observations	237	237	236
R-squared	0.295		0.272

1000 Robust standard errors clustered at the session level in parentheses\*\*\* p<0.01, \*\* p<0.05, \*  
 1001 p<0.1

1006  
1007

Table A2. Marginal Treatment Effects on the Solid Food Order

VARIABLES	OLS Log(order-solid+1)	OLS Order-solid
Group Assignment		
<i>FW</i>	-0.034 (0.059)	-62.781 (69.603)
<i>Comp</i>	0.046 (0.033)	41.497 (46.045)
<i>FW x Comp</i>	0.006 (0.050)	11.972 (57.078)
Constant	7.072*** (0.167)	1,268.083*** (204.653)
Observations	237	237
R-squared	0.357	0.354

1008 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1009 p<0.1

1010  
 1011  
 1012 Table A3. Marginal Treatment Effects on the Level of Sandwich Waste  
 Dependent Variable = Grams of sandwich waste

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-21.270*** (4.192)	-42.531*** (8.024)	-30.979*** (7.089)
<i>Comp</i>	-5.839 (4.764)	-8.831 (8.571)	
<i>FW x Comp</i>	19.650** (8.365)	36.758*** (12.216)	
Compliance			
$E[Comp]$			-7.299 (5.523)
$FW x E[Comp]$			30.861*** (11.818)
Observations	237	237	236
R-squared	0.303		0.279

1013 Robust standard errors clustered at the session level in parentheses\*\*\* p<0.01, \*\* p<0.05, \*  
 1014 p<0.1  
 1015  
 1016

1017  
1018Table A4. Marginal Treatment Effects on the Log of Sandwich Waste  
Dependent Variable = Log (grams of sandwich waste+1)

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-1.309*** (0.363)	-1.730* (0.897)	-1.882*** (0.520)
<i>Comp</i>	-0.207 (0.328)	-0.224 (0.324)	
<i>FW x Comp</i>	1.123* (0.516)	1.454* (0.754)	
Compliance			
<i>E[Comp]</i>			-0.238 (0.379)
<i>FW x E[Comp]</i>			1.763** (0.722)
Observations	237	237	236
R-squared	0.275		0.250

1019 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1020 p<0.1  
10211022  
1023

1024  
1025Table A5. Marginal Treatment Effects on the Sandwich Waste  
Dependent Variable = 1(grams of sandwich waste>0)

VARIABLES	LPM	Probit	LPM-IV
Group Assignment			
<i>FW</i>	-0.273*	-0.265**	-0.415***
	(0.130)	(0.115)	(0.158)
<i>Comp</i>	-0.058	-0.056	
	(0.072)	(0.063)	
<i>FW x Comp</i>	0.261*	0.252**	
	(0.130)	(0.115)	
Compliance			
<i>E[Comp]</i>			-0.076
			(0.084)
<i>FW x E[Comp]</i>			0.415**
			(0.170)
Observations	237	237	236
R-squared	0.238		0.200

1026 Robust standard errors clustered at the session level in parentheses\*\*\* p<0.01, \*\* p<0.05, \*  
1027 p<0.11028  
1029  
1030

1031  
1032

Table A6. Marginal Treatment Effects on the Sandwich Order

VARIABLES	OLS Log(order-sub+1)	OLS Order-sub
Group Assignment		
<i>FW</i>	-0.031 (0.066)	-56.301 (70.812)
<i>Comp</i>	0.046 (0.035)	33.917 (44.918)
<i>FW x Comp</i>	0.018 (0.052)	25.432 (55.630)
Constant	6.937*** (0.180)	1,127.394*** (198.674)
Observations	237	237
R-squared	0.347	0.350

1033 Robust standard errors clustered at the session level in parentheses

1034 \*\*\* p&lt;0.01, \*\* p&lt;0.05, \* p&lt;0.1

1035

1036  
1037  
1038

Table A7. Marginal Treatment Effects on the Level of Apple Waste  
Dependent Variable = Grams of apple waste

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-9.016** (3.957)	-59.220*** (14.405)	-11.736*** (4.040)
<i>Comp</i>	-4.454 (5.906)	-20.042 (20.752)	
<i>FW x Comp</i>	9.396 (6.449)	63.059*** (24.151)	
Compliance			
<i>E[Comp]</i>			-4.250 (6.112)
<i>FW x E[Comp]</i>			11.749 (7.323)
Observations	237	237	236
R-squared	0.192		0.182

1039 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1040 p<0.1  
1041  
1042

1043  
1044

Table A8. Marginal Treatment Effects on the Log of Apple Waste  
Dependent Variable = Log (grams of apple waste + 1)

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-0.695** (0.314)	-1.418 (1.683)	-1.011*** (0.333)
<i>Comp</i>	-0.241 (0.390)	-0.371 (0.570)	
<i>FW x Comp</i>	0.772* (0.425)	1.528 (1.928)	
Compliance			
<i>E[Comp]</i>			-0.251 (0.407)
<i>FW x E[Comp]</i>			1.104** (0.491)
Observations	237	237	236
R-squared	0.196		0.189

1045 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1046 p<0.1

1047  
1048

1049  
1050Table A9. Marginal Treatment Effects on the Apple Waste  
Dependent Variable = 1(grams of apple waste>0)

VARIABLES	LPM	Probit	LPM-IV
Group Assignment			
<i>FW</i>	-0.191** (0.087)	-0.258*** (0.074)	-0.291*** (0.095)
<i>Comp</i>	-0.056 (0.099)	-0.083 (0.217)	
<i>FW x Comp</i>	0.228* (0.111)	0.331*** (0.079)	
Compliance			
<i>E(comp)</i>			-0.056 (0.104)
<i>FW x E[Comp]</i>			0.335** (0.132)
Observations	237	230	236
R-squared	0.196		0.192

1051 Robust standard errors clustered at the session level in parentheses\*\*\* p<0.01, \*\* p<0.05, \*  
1052 p<0.1  
1053

1054

1055

Table A10. Marginal Treatment Effects on the Apple Order

VARIABLES	OLS Log(order-apple+1)	OLS Order-apple
Group Assignment		
<i>FW</i>	-0.229 (0.222)	-3.509 (4.337)
<i>Comp</i>	0.295 (0.169)	10.136* (4.722)
<i>FW x Comp</i>	-0.435 (0.369)	-14.215 (8.304)
<i>Constant</i>	5.209*** (0.809)	128.343*** (21.276)
Observations	237	237
R-squared	0.141	0.161

1056 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
 1057 p<0.1

1058

1059

1060

1061  
 1062  
 1063 Table A11. Marginal Treatment Effects on the Level of chip Waste  
 Dependent Variable = Grams of chip waste

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-0.963 (0.763)	-7.885 (8.057)	-0.908 (1.014)
<i>Comp</i>	3.546* (1.635)	11.839 (8.301)	
<i>FW x Comp</i>	-3.224 (2.351)	-3.484 (10.547)	
Compliance			
<i>E[Comp]</i>			3.978** (1.880)
<i>FW x E[Comp]</i>			-2.973 (2.713)
Observations	237	237	236
R-squared	0.115		0.108

1064 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
 1065 p<0.1  
 1066  
 1067

1068  
1069

Table A12. Marginal Treatment Effects on the Log of Chip Waste  
Dependent Variable = Log (grams of chip waste+1)

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-0.131 (0.128)	-0.106 (0.257)	-0.257* (0.142)
<i>Comp</i>	0.155** (0.064)	0.130 (0.252)	
<i>FW x Comp</i>	0.023 (0.139)	-0.018 (0.160)	
Compliance			
<i>E[Comp]</i>			0.143* (0.085)
<i>FW x E[Comp]</i>			0.200 (0.174)
Observations	237	237	236
R-squared	0.230		0.229

1070 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1071 p<0.1

1072  
1073  
1074

1075  
1076

Table A13. Marginal Treatment Effects on the Chip Waste  
Dependent Variable = 1(grams of chip waste>0)

VARIABLES	LPM	Probit	LPM-IV
Group Assignment			
<i>FW</i>	-0.077 (0.047)	-0.046 (0.044)	-0.148*** (0.050)
<i>Comp</i>	0.034 (0.027)	0.079** (0.035)	
<i>FW x Comp</i>	0.074 (0.052)	0.006 (0.045)	
Compliance			
<i>E[Comp]</i>			0.025 (0.036)
<i>FW x E[Comp]</i>			0.165** (0.070)
Observations	237	199	236
R-squared	0.286		0.290

1077 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1078 p<0.1

1079  
1080  
1081  
1082

1083  
1084

Table A14. Marginal Treatment Effects on the Chip Order

VARIABLES	OLS Log(order-chip+1)	OLS Order-chip
Group Assignment		
<i>FW</i>	-0.221 (0.247)	-2.971 (3.056)
<i>Comp</i>	-0.195 (0.281)	-2.556 (3.152)
<i>FW x Comp</i>	-0.020 (0.386)	0.755 (3.948)
Constant	1.545*** (0.498)	12.346** (4.168)
Observations	237	237
R-squared	0.167	0.166

1085 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1086 p<0.1  
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 1093 Table A15. Marginal Treatment Effects on the Level of Beverage Waste  
 Dependent Variable = Grams of Beverage waste

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-36.474*** (11.343)	-44.481** (17.350)	-42.927*** (15.416)
<i>Comp</i>	-27.199*** (8.014)	-37.653*** (12.606)	
<i>FW x Comp</i>	23.558 (13.871)	33.488** (15.315)	
Compliance			
<i>E[Comp]</i>			-33.852*** (7.609)
<i>FW x E[Comp]</i>			31.469* (18.149)
Observations	237	237	236
R-squared	0.308		0.302

1094 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
 1095 p<0.1  
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1100 Table A16. Marginal Treatment Effects on the Log of Beverage Waste  
Dependent Variable = Log (grams of beverage waste+1)

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-1.562*** (0.317)	-1.441* (0.818)	-1.963*** (0.422)
<i>Comp</i>	-1.351*** (0.236)	-1.330* (0.700)	
<i>FW x Comp</i>	1.558*** (0.358)	1.477* (0.849)	
Compliance			
<i>E[Comp]</i>			-1.636*** (0.228)
<i>FW x E[Comp]</i>			2.000*** (0.477)
Observations	237	237	236
R-squared	0.376		0.365

1101 Robust standard errors in parentheses \*\*\* p<0.01, \*\* p<0.05, \* p<0.1  
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Table A17. Marginal Treatment Effects on the Beverage Waste  
 Dependent Variable = 1(grams of beverage waste > 0)

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VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-0.348*** (0.076)	-0.339*** (0.052)	-0.426*** (0.105)
<i>Comp</i>	-0.291*** (0.053)	-0.305*** (0.036)	
<i>FW x Comp</i>	0.348*** (0.089)	0.363*** (0.074)	
Compliance			
<i>E[Comp]</i>			-0.344*** (0.061)
<i>FW x E[Comp]</i>			0.427*** (0.120)
Observations	237	237	236
R-squared	0.402		0.388

Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \* p<0.1

1122 Table A18. Marginal Treatment Effects on the Beverage Order  
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VARIABLES	OLS Log(order-beverage+1)	OLS Order-beverage
Group Assignment		
<i>FW</i>	-0.201 (0.239)	-30.599* (15.646)
<i>Comp</i>	-0.246 (0.206)	-15.028 (13.726)
<i>FW x Comp</i>	0.217 (0.309)	33.108 (22.528)
Constant	4.792*** (0.750)	288.803*** (59.835)
Observations	237	237
R-squared	0.150	0.186

1124 Robust standard errors clustered at the session level in parentheses \*\*\* p<0.01, \*\* p<0.05, \*  
1125 p<0.1  
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Table A19: Marginal Treatment Effects on Solid Food Waste  
Dependent Variable = Log (grams of solid food waste + 1)

VARIABLES	OLS	Tobit	OLS-IV
Group Assignment			
<i>FW</i>	-1.503*** (0.312)	-1.980*** (0.448)	-2.137*** (0.504)
<i>Comp</i>	-0.275 (0.333)	-0.265 (0.449)	
<i>FW x Comp</i>	1.299** (0.560)	1.689** (0.760)	
Compliance			
<i>E[Comp]</i>			-0.306 (0.376)
<i>FW x E[Comp]</i>			2.000** (0.777)
Order			
<i>Apple</i>	0.188 (0.275)	0.450 (0.378)	0.236 (0.225)
<i>Chip</i>	0.024 (0.171)	0.142 (0.197)	-0.059 (0.155)
<i>Sandwich</i>	0.047 (0.057)	0.087 (0.079)	0.052 (0.054)
<i>Beverage</i>	0.302 (0.471)	0.715 (0.525)	0.152 (0.452)
<i>Water</i>	0.371 (0.515)	0.940* (0.529)	0.163 (0.470)
Responsibility for Food Preparation			
<i>Somewhat</i>	-0.144 (0.366)	-0.336 (0.504)	-0.074 (0.338)
<i>Not at all</i>	0.093 (0.607)	0.383 (0.761)	0.366 (0.463)
Awareness about Food Waste			
<i>Unaware</i>	0.054 (0.217)	0.091 (0.291)	0.065 (0.223)
<i>Uncertain</i>	-0.864** (0.350)	-1.111*** (0.417)	-0.859** (0.373)

Perceived Environmental Damage from Food Waste in Landfill Compared to Composted Food Waste (before the study)			
<i>Somewhat less</i>	-1.890** (0.822)	-1.459 (1.168)	-1.863** (0.749)
<i>About the same</i>	-1.169* (0.611)	-0.698 (0.763)	-0.901* (0.466)
<i>Somewhat more</i>	-1.174* (0.652)	-0.592 (0.787)	-1.016* (0.533)
<i>Much more</i>	-1.462** (0.615)	-1.029 (0.815)	-1.152** (0.567)
<i>Don't Know</i>	-0.934* (0.506)	-0.378 (0.842)	-0.616 (0.413)
Awareness about the Study Purpose			
<i>Food Waste</i>	0.117 (0.156)	0.132 (0.226)	0.136 (0.141)
<i>Age</i>	-0.009 (0.010)	-0.004 (0.010)	-0.010 (0.007)
<i>Male</i>	-0.754** (0.344)	-1.114** (0.481)	-0.820** (0.322)
Race			
<i>Black</i>	0.186 (0.215)	0.709** (0.332)	-0.077 (0.175)
<i>Asian</i>	-0.429 (0.437)	-0.304 (0.451)	-0.705** (0.328)
<i>Other</i>	-0.066 (0.414)	-0.018 (0.504)	-0.082 (0.330)
Education			
<i>College graduate</i>	0.230 (0.357)	0.190 (0.337)	0.170 (0.394)
<i>Graduate degree</i>	0.128 (0.412)	0.374 (0.330)	-0.000 (0.377)
<i>Current Undergrad</i>	-0.079 (0.468)	-0.021 (0.327)	-0.188 (0.413)
<i>Current Grads</i>	-0.538 (0.648)	-0.552 (0.686)	-0.621 (0.605)
Employment			
<i>Part-time</i>	-0.388 (0.474)	-0.501 (0.630)	-0.153 (0.477)
<i>Student</i>	0.000 (0.321)	-0.046 (0.279)	0.045 (0.285)
<i>Other</i>	0.329	0.552	0.301

	(0.473)	(0.672)	(0.398)
Metro Status: grew up			
<i>Inner Suburb</i>	-0.173 (0.530)	0.273 (0.468)	-0.160 (0.471)
<i>Outer Suburb</i>	-0.348 (0.344)	-0.055 (0.329)	-0.503* (0.304)
<i>Rural Area</i>	-0.939** (0.312)	-0.653** (0.273)	-1.145*** (0.272)
Metro Status: Residence			
<i>City</i>	0.014 (0.344)	0.162 (0.321)	-0.120 (0.293)
<i>Inner Suburb</i>	-0.260 (0.367)	-0.309 (0.518)	-0.445 (0.317)
<i>Outer Suburb</i>	0.120 (0.443)	0.253 (0.297)	-0.070 (0.351)
<i>Rural Area</i>	-0.200 (0.503)	-0.032 (0.467)	-0.251 (0.412)
Recycle			
<i>Most of the time</i>	-0.342 (0.330)	-0.268 (0.372)	-0.291 (0.279)
<i>Occasionally</i>	0.571 (0.393)	0.737 (0.638)	0.562 (0.351)
<i>Seldom</i>	0.400 (0.545)	0.637 (0.752)	0.560 (0.424)
Observations	237	237	236
R-squared	0.297		0.288

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Robust standard errors clustered at the session level in parentheses

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\*\*\* p&lt;0.01, \*\* p&lt;0.05, \* p&lt;0.1

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Table A20: Marginal Treatment Effects on Solid Food Waste  
Dependent Variable = 1 if Solid Food Waste > 0; = 0 otherwise

VARIABLES	LPM	Probit	LPM-IV
Group Assignment			
<i>FW</i>	-0.275** (0.105)	-0.917*** (0.321)	-0.393*** (0.135)
<i>Comp</i>	-0.074 (0.059)	-0.336* (0.202)	
<i>FW x Comp</i>	0.291* (0.135)	1.046*** (0.393)	
Compliance			
<i>E[Comp]</i>			-0.077 (0.066)
<i>FW x E[Comp]</i>			0.412** (0.172)
Order			
<i>Apple</i>	0.008 (0.085)	0.023 (0.242)	0.021 (0.071)
<i>Chip</i>	0.031 (0.053)	0.136 (0.161)	0.012 (0.048)
<i>Sandwich</i>	0.005 (0.016)	0.010 (0.049)	0.007 (0.015)
<i>Beverage</i>	0.121 (0.120)	0.464 (0.404)	0.092 (0.118)
<i>Water</i>	0.229 (0.136)	0.836** (0.410)	0.185 (0.126)
Responsibility for Food Preparation			
<i>Somewhat</i>	-0.039 (0.084)	-0.130 (0.238)	-0.023 (0.079)
<i>Not at all</i>	0.244 (0.160)	1.061 (0.667)	0.304*** (0.112)
Awareness about Food Waste			
<i>Unaware</i>	0.008 (0.059)	0.009 (0.190)	0.014 (0.053)
<i>Uncertain</i>	-0.100 (0.083)	-0.373 (0.248)	-0.094 (0.090)

Perceived Environmental  
Damage from Food Waste in  
Landfill Compared to  
Composted Food Waste (before  
the study)

<i>Somewhat less</i>	-0.382*	-1.169*	-0.397**
	(0.208)	(0.678)	(0.174)
<i>About the same</i>	-0.246	-0.727	-0.188
	(0.151)	(0.529)	(0.118)
<i>Somewhat more</i>	-0.222	-0.726	-0.190
	(0.180)	(0.640)	(0.151)
<i>Much more</i>	-0.241	-0.715	-0.177
	(0.167)	(0.612)	(0.152)
<i>Don't know</i>	-0.151	-0.223	-0.086
	(0.142)	(0.502)	(0.113)

Awareness about the Study  
Purpose

<i>Food Waste</i>	-0.004	-0.054	-0.004
	(0.053)	(0.190)	(0.047)
<i>Age</i>	-0.002	-0.006	-0.002
	(0.003)	(0.010)	(0.003)
<i>Male</i>	-0.180	-0.543*	-0.201**
	(0.103)	(0.310)	(0.093)
<i>Race</i>			
<i>Black</i>	0.115	0.440	0.062
	(0.094)	(0.327)	(0.081)
<i>Asian</i>	-0.166	-0.538	-0.222***
	(0.104)	(0.362)	(0.081)
<i>Other</i>	-0.066	-0.200	-0.067
<i>Education</i>			
<i>College graduate</i>	0.024	0.128	0.012
	(0.113)	(0.387)	(0.118)
<i>Graduate degree</i>	0.080	0.273	0.049
	(0.111)	(0.393)	(0.103)
<i>Current Undergrad</i>	0.032	0.005	0.007
	(0.144)	(0.495)	(0.129)
<i>Current Grads</i>	-0.106	-0.348	-0.126
<i>Employment</i>			
<i>Part-time</i>	-0.065	-0.282	-0.019
	(0.128)	(0.393)	(0.127)
<i>Student</i>	0.107	0.201	0.107
	(0.162)	(0.625)	(0.133)
<i>Other</i>	-0.029	-0.150	-0.015

Metro Status: grew up	(0.068)	(0.219)	(0.051)
<i>Inner Suburb</i>	0.016	0.073	0.022
	(0.121)	(0.466)	(0.109)
<i>Outer Suburb</i>	-0.068	-0.272	-0.097
	(0.103)	(0.320)	(0.087)
<i>Rural Area</i>	-0.206*	-0.722**	-0.251**
Metro Status: Residence	(0.110)	(0.368)	(0.100)
<i>City</i>	-0.011	-0.054	-0.038
	(0.062)	(0.176)	(0.048)
<i>Inner Suburb</i>	-0.144	-0.536	-0.187**
	(0.101)	(0.334)	(0.086)
<i>Outer Suburb</i>	-0.060	-0.289	-0.098
	(0.114)	(0.362)	(0.086)
<i>Rural Area</i>	-0.091	-0.427	-0.103
Recycle	(0.127)	(0.333)	(0.113)
<i>Most of the time</i>	-0.029	-0.096	-0.016
	(0.081)	(0.235)	(0.068)
<i>Occasionally</i>	0.203*	0.818**	0.203**
	(0.096)	(0.396)	(0.087)
<i>Seldom</i>	0.176	0.652	0.212*
	(0.154)	(0.514)	(0.127)
Constant	0.949***	1.495*	1.002***
	(0.258)	(0.847)	(0.236)
Observations	237	237	236
R-squared	0.256		0.252

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Robust standard errors clustered at the session level in parentheses

\*\*\* p&lt;0.01, \*\* p&lt;0.05, \* p&lt;0.1

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Table A21: Regression Results from the First stage of 3SLS

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Dependent Variable = E[*Comp*]

VARIABLES	Probit Model E[ <i>Comp</i> ]
Group Assignment	
<i>FW</i>	0.483** (0.211)
<i>Comp</i>	2.640*** (0.324)
<i>FW x Comp</i>	-0.281 (0.414)
Responsibility for Food Preparation	
<i>Somewhat</i>	-0.034 (0.200)
<i>Not at all</i>	0.695 (0.551)
Awareness about Food Waste (before the study)	
<i>Unaware</i>	0.180 (0.397)
<i>Uncertain</i>	-0.226 (0.462)
Perceived Environmental Damage from Food Waste in Landfill Compared to Composted Food Waste (before the study)	
<i>Somewhat less</i>	0.018 (0.856)
<i>About the same</i>	0.052 (0.949)
<i>Somewhat more</i>	-0.455 (0.709)
<i>More</i>	-0.522 (0.823)
<i>Don't know</i>	-0.519 (0.929)
Constant	-0.701 (0.684)
Observations	248
Robust standard errors in parentheses*** p<0.01, ** p<0.05, * p<0.1	

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Table A22: Regression Results from the Second stage of 3SLS

VARIABLES	OLS E[Comp]	OLS FW x E[Comp]
Predicted E[Comp]	1.011*** (0.066)	
FW x Predicted E[Comp]		0.923*** (0.095)
Group Assignment		
FW	-0.008 (0.042)	0.067 (0.081)
Order		
Apple	-0.074 (0.055)	-0.020 (0.044)
Chip	0.039 (0.043)	0.034 (0.032)
Sandwich	-0.012 (0.009)	-0.000 (0.006)
Beverage	0.108 (0.077)	0.086 (0.064)
Water	0.115 (0.069)	0.090 (0.053)
Responsibility for Food Preparation		
Somewhat	-0.033 (0.041)	-0.018 (0.028)
Not at all	0.075 (0.192)	-0.157 (0.135)
Awareness about Food Waste (before the study)		
Unaware	0.008 (0.066)	-0.005 (0.057)
Uncertain	0.011	0.045
Perceived Environmental Damage from Food Waste in Landfill Compared to Composted Food Waste (before the study)	(0.093)	(0.084)
Somewhat less	0.054 (0.233)	-0.138 (0.123)
About the same	-0.007 (0.232)	-0.120 (0.111)

<i>Somewhat more</i>	0.043	-0.045
	(0.211)	(0.083)
<i>More</i>	0.044	-0.098
	(0.214)	(0.091)
<i>Don't know</i>	0.008	-0.127
	(0.229)	(0.090)
Awareness about the Study Purpose		
<i>Food Waste</i>	-0.053	-0.032
	(0.044)	(0.029)
<i>Age</i>	0.002	0.001
	(0.002)	(0.002)
<i>Male</i>	-0.038	-0.003
	(0.059)	(0.038)
Race		
<i>Black</i>	0.178**	0.155***
	(0.069)	(0.049)
<i>Asian</i>	0.175*	0.169**
	(0.089)	(0.076)
<i>Other</i>	0.189*	0.067
	(0.104)	(0.064)
Education		
<i>College graduate</i>	-0.042	0.031
	(0.128)	(0.105)
<i>Graduate degree</i>	0.007	0.033
	(0.125)	(0.099)
<i>Current Undergrad</i>	-0.020	0.039
	(0.080)	(0.060)
<i>Current Grads</i>	-0.021	0.012
	(0.113)	(0.094)
Employment		
<i>Part-time</i>	-0.175**	-0.131**
	(0.063)	(0.053)
<i>Student</i>	-0.081	0.023
	(0.102)	(0.056)
<i>Other</i>	-0.012	-0.007
	(0.066)	(0.047)
Metro Status: grew up		
<i>Inner Suburb</i>	-0.023	0.001
	(0.071)	(0.036)
<i>Outer Suburb</i>	0.043	0.097*
	(0.082)	(0.051)
<i>Rural Area</i>	0.076	0.091*
	(0.061)	(0.043)
Metro Status: Residence		
<i>City</i>	0.094	0.094

	(0.064)	(0.062)
<i>Inner Suburb</i>	0.082	0.078
	(0.071)	(0.053)
<i>Outer Suburb</i>	0.062	0.113
	(0.091)	(0.076)
<i>Rural Area</i>	0.016	0.040
	(0.109)	(0.108)
Recycle		
<i>Most of the time</i>	0.004	-0.013
	(0.068)	(0.057)
<i>Occasionally</i>	0.004	0.020
	(0.068)	(0.053)
<i>Seldom</i>	0.161	-0.037
	(0.118)	(0.060)
Constant	-0.194	-0.213
	(0.187)	(0.125)
Observations	236	236
R-squared	0.650	0.794

1159 Robust standard errors in parentheses \*\*\* p<0.01, \*\* p<0.05, \* p<0.1  
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Table A23: Instrumental Variable Tests

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Weak identification test (Cragg-Donald Wald F statistic)	75.95
(Kleibergen-Paap rk Wald F statistic)	46.42
Stock-Yogo weak ID test critical values: 10% maximal IV size	7.03
15% maximal IV size	4.58
20% maximal IV size	3.95
25% maximal IV size	3.63

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