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Food Standards, Certification, and Poverty among Coffee Farmers in  
Uganda

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# Food Standards, Certification, and Poverty among Coffee Farmers in Uganda

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**Summary.**— Private standards are gaining in importance in global markets for high-value foods. We analyze and compare impacts of three sustainability oriented standards – Fairtrade, Organic, and UTZ – on the livelihoods of smallholder coffee farmers in Uganda. Using survey data and propensity score matching with multiple treatments, we find that Fairtrade certification increases household living standards by 30% and significantly reduces the prevalence and depth of poverty. For the other two certification schemes, no significant impacts are found. Institutional factors that may explain differential impacts are discussed. Overly general statements about the effects of standards on smallholder livelihoods may be misleading.

*Key words*— coffee; smallholder farmers; Organic; Fairtrade; impact; Uganda; Africa

*JEL codes*— I32; L15; O12; Q13; Q17

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## **Food Standards, Certification, and Poverty among Coffee Farmers in Uganda**

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### 1. INTRODUCTION

Food systems around the world are undergoing a rapid transformation, with modern retailers, private standards, and vertically integrated supply chains gaining in importance (Henson, Masakure, & Boselie, 2005; Reardon, Barrett, Berdegúe, & Swinnen, 2009). This transformation is partly driven by changing consumer preferences, induced by rising living standards and growing concerns about food safety and the environmental and social consequences of agricultural production (Mergenthaler, Weinberger, & Qaim, 2009; Narrod et al., 2009). What do these trends imply for smallholder farmers in developing countries? On the one hand, farmers may profit from higher prices that are paid for high-quality products. They may also benefit from technical and institutional support that is sometimes provided in integrated supply chains. On the other hand, smallholders may find it difficult to meet the high

standards, or they might be exploited by agribusiness companies through monopsony situations or unfavorable contracts.

A growing body of literature has studied related questions in different developing countries. One literature strand has analyzed the impacts of new supermarket procurement channels on smallholder productivity and household welfare (e.g., Hernandez, Reardon, & Berdegúe, 2007; Neven, Odera, Reardon, & Wang, 2009; Rao & Qaim, 2011; Rao, Brümmer, & Qaim, 2012). Another literature strand has studied the direct and indirect effects of GlobalGAP and other private standards in horticultural export channels on small-scale producers (e.g., Maertens & Swinnen, 2009; Asfaw, Mithöfer, & Waibel, 2010; Carletto, Kirk, Winters, & Davis, 2010; Colen, Maertens, & Swinnen, 2012). Most of these studies show that poor rural households can benefit from modern supply chains through own participation as producers or through labor markets.

However, the number of standards is growing, and different standards may have different impacts. Hence, overly general statements about the welfare effects of standards for smallholder farmers may not be justified. Especially for luxury foods – such as coffee, tea, or cocoa – retailers and manufacturers are increasingly using sustainability oriented standards and labels to differentiate their products and fulfill objectives of corporate social responsibility. This trend is supported by non-governmental organizations and independent certification bodies (Liu, Byers, Giovannucci et al., 2008). For coffee, the global market share of products with sustainability certification – such as Organic, Fairtrade, UTZ, or Rainforest Alliance – has doubled from 4% in 2006 to 8% in 2009; it is expected to grow to over 20% in the next couple of years (ITC, 2011). Especially in rich and emerging countries, a rising share of consumers is willing to pay more for foods that are labeled to be sustainably produced. For coffee and other tropical products, this also involves consumer perceptions to contribute to improved

livelihoods of smallholder farmers (Basu & Hicks, 2008; Elfenbein & McManus, 2010). However, actual evidence about producer benefits is mixed (ITC, 2011).

Several studies have explored the impacts of different sustainability standards on coffee producers in developing countries. Impacts of Fairtrade, Organic, and other certification schemes were analyzed in Nicaragua (Utting-Chamorro, 2005; Bacon, 2005; Valkila & Nygren, 2009; Beuchelt & Zeller, 2011), Mexico (Jaffee, 2008; Barham, Callenes, Gitter, Lewis, & Weber, 2011), and other countries in Latin America (Raynolds, Murray, & Taylor, 2004). Some of these studies are qualitative in nature. Others used quantitative techniques but without accounting for non-random selection of farmers into certification schemes, so the impact estimates may be biased. There are also a few quantitative studies that tried to control for selection bias, but most of these studies focused on only one certification scheme. Arnould, Plastina, & Ball (2009) evaluated the impact of Fairtrade certification on coffee farmers in Peru, Guatemala, and Nicaragua, using a multi-stage sampling procedure. Ruben & Fort (2012) also focused on Fairtrade, evaluating impacts in Peru with propensity score matching techniques. Bolwig, Gibbon & Jones (2009) analyzed impacts of Organic certification in Uganda, and Wollni & Zeller (2007) looked at specialty coffees in Costa Rica; both studies used Heckman selection models. Jena et al. (2012) evaluated the impact of coffee certification on smallholder farmers in Ethiopia; their sample included Fairtrade and Organic farmers, but the results were not disaggregated by certification scheme. We are not aware of studies that compared impacts of different certification schemes in the same context, using quantitative techniques and controlling for selection bias. Such comparison could help to better understand how differences in the institutional design of standards and certification schemes affect smallholder livelihoods.

Here, we address this research gap by analyzing and comparing impacts of three sustainability oriented certification schemes – namely, Fairtrade, UTZ, and Organic – on household living standards and poverty among smallholder coffee producers in Uganda. We

use household survey data collected in 2012 and employ a propensity score matching approach with multiple treatments to control for observed heterogeneity between different groups of farmers. We also test for the potential role of unobserved heterogeneity. The estimation results suggest that there are indeed significant differences in impacts between certification schemes.

## 2. FAIRTRADE, UTZ, AND ORGANIC STANDARDS

Fairtrade, UTZ, and Organic are among the most important sustainability oriented standards in the global coffee market. Recent trends in the global trade of coffee under these standards are shown in Figure 1. All three are relevant for smallholder farmers in developing countries, and all three have social and environmental objectives. For smallholders to be certified under any of these standards, they need to be organized in farmer groups or cooperatives.

*Figure 1 about here*

Fairtrade certification and labeling systems for coffee were launched in 1988 by the Fairtrade Labeling Organization (FLO) with the aim of improving the livelihoods of smallholder producers and cushioning them from volatile market prices. Fairtrade certification can only be attained by smallholder producer organizations that are farmer managed, transparent, and founded on democratic principles. Democratic principles require that leaders are elected by all members of the organization. The Fairtrade label guarantees producers a minimum floor price, whenever the international free market price falls below a certain threshold. In addition, a Fairtrade premium is paid to the producer organization to be used for capacity building, community development, and related projects. Producers have to ensure good labor conditions for workers, including payment of minimum wages, no child labor, and measures to reduce occupational health hazards. There are also specific rules for environmental protection, including practices for sustainable soil and water management and safe use of pesticides and

fertilizers (Fairtrade, 2011). The most important markets for Fairtrade coffee are the United States, United Kingdom, Germany, France, and the Netherlands (ITC, 2011).

The UTZ labeling system (formerly known as UTZ Kapeh) is a more recently founded standard. It was established in 1999 by the Ahold Coffee Company, a Dutch roaster, but is now used by other European coffee companies and restaurant chains as well. The primary focus of UTZ is on traceability and sustainable production processes, based on Good Agricultural Practice (GAP) as specified by GlobalGAP. The GlobalGAP standard requires producers to comply with the labor laws concerning wages and working hours, and to handle agrochemicals responsibly, as stipulated by the International Labor Organization. The UTZ label does not guarantee a minimum price to producers, nor does it provide any premium or protection against price volatility. It is mandatory for UTZ certified farmers to be trained in GAP. The idea is that this training will contribute to higher coffee yields, better quality, and thus higher prices. The official website says: “Through the UTZ-program farmers grow better crops, generate more income and create better opportunities while safeguarding the environment and securing the earth’s natural resources” (UTZ Certified, 2013). Blackmore et al. (2012) argue that the certification process is less bureaucratic for UTZ than for other sustainability oriented standards, which may be one reason for the rapid expansion of this standard. The Netherlands is the biggest consumer of UTZ certified coffee; around 30% of all coffee consumed in the Netherlands has the UTZ label (ITC, 2011).

The Organic standard follows the principles of health, ecology, fairness, and care. Certified farmers have to use production methods based on traditional and scientific knowledge that maximize farm soil fertility and enhance biodiversity. The use of inorganic inputs such as synthetic fertilizers and chemical pesticides is strictly prohibited. Organic certification requires farmers to strictly follow organic production guidelines for a minimum period of three years (referred to as the conversion period) before getting full certification, thus making it one of the



most stringent among the voluntary standards (Coulibaly & Liu, 2006). Prices paid for Organic coffee are usually higher than for uncertified coffee. The international guidelines for Organic farming are set by the International Federation of Organic Agriculture Movements (IFOAM), an organization based in Germany with affiliated organizations in over 100 countries. In addition, some countries and companies use their own organic standards, which are similar to the IFOAM guidelines but may differ in certain details.

A fundamental difference between the three standards is that Fairtrade and Organic provide price bonuses in comparison to free market prices, while UTZ does not. Fairtrade provides a minimum guaranteed price that is above the average cost of production and independent of the prevailing international price, while the Organic price is usually above the prevailing international price, but not necessarily above the average cost of production. Hence, the social sustainability component has a higher weight in Fairtrade than in the other two standards.

### 3. METHODS

#### (a) *Modeling farmers' choice of certification scheme*

We model farmers' participation in a particular certification scheme in a random utility framework. Utility,  $U$ , is determined by a set of socioeconomic variables and contextual factors,  $X$ , which also influence the farmers' ability and willingness to participate in certification. The farmer is assumed to maximize utility

$$\text{MAX } U = f(X). \quad (1)$$

We postulate that coffee farmer  $i$  will participate in a certified coffee market  $j$  if and only if the utility  $U_{ij}$  derived is greater than the utility  $U_{im}$  that results from accessing an alternative market  $m$ . This relationship can be represented by latent variable  $I^*$  as

$$I^* = U_{ij} > U_{im} \quad \forall m \neq j \quad (2)$$

where  $I^*$  is representing the benefits of participating in certified coffee market  $j$  as opposed to market  $m$ . While  $I^*$  itself is unobserved, we can observe the type of marketing channel the farmer participates in. The probability that a farmer participates in certified market  $j$  can be denoted by  $\Pr(I=1)$ ; if the farmer does not participate in market  $j$ ,  $I^*$  takes a value of zero. The utility maximizing behavior of farmers can be represented as

$$U_i = \begin{cases} I^* & \text{if } I_{ij} \geq 0 \\ 0 & \text{if } I_{im} < 0 \end{cases} \quad \forall m \neq j \quad (3)$$

If we assume a linear relationship,  $I^*$  can be written as

$$I_{ij} = \beta_j X_i + u_{ij} \quad (4)$$

where  $\beta$  is a vector of coefficients to be estimated, and  $u$  is a vector of random disturbances of the unobserved factors affecting the participation decision.

#### (b) *Modeling the impact of certification*

In theory, impacts of a program should be evaluated by estimating the average treatment effect on the treated (ATT) as follows

$$E(W_i|I = 1) = E(Y_{i1}|I = 1) - E(Y_{i0}|I = 1), \quad (5)$$

where  $W_i$  denotes the unbiased welfare effect for households  $i$  that participate in the program,  $I=1$ . In our case,  $I = 1$  means that households participate in a particular certification scheme.  $Y_{i1}$  is the outcome variable of interest (e.g., income, poverty) with certification, while  $Y_{i0}$  is the outcome variable when the same households were not certified. Unfortunately, the same

households are not observed with and without certification, so in reality one has to compare certified and uncertified households that are not identical as follows

$$E(W_i|I = 1) = E(Y_{i1}|I = 1) - E(Y_{i0}|I = 0), \quad (6)$$

where  $E(Y_{i0}|I = 0)$  is the outcome for households not participating in certification. Equations (5) and (6) lead to identical results when there is no systematic difference between participating and non-participating households, except for the certification scheme itself. Yet, whenever participating and non-participating households differ in terms of observed or unobserved characteristics, equation (6) will lead to biased impact estimates, where the bias  $B$  can be represented as

$$B = E(Y_{i0}|I = 1) - E(Y_{i0}|I = 0). \quad (7)$$

A good method to avoid estimation bias is an experiment where households are randomly assigned to treatment and control groups, thus ensuring that there are no systematic differences. In our case, such random assignment was not possible. Our study builds on observational data, where households self-selected into certification. We use a propensity score matching approach to reduce selection bias  $B$  when evaluating the impact of different certification schemes.

### (c) *Propensity score matching with multiple treatments*

We use generalized propensity scores to control for pre-treatment differences between certified and uncertified households in estimating the ATT. Propensity score matching (PSM) is often used to evaluate impacts of a binary treatment variable (e.g., Fischer & Qaim, 2012; Ruben & Fort, 2012). However, in our case there are different certification schemes  $j$  that farmers can participate in, so that the treatment variable can take more than two values. In particular, with three certification schemes and one control group, the treatment variable can have four possible values. We define  $j=0$  for farm households that are not certified under any

scheme,  $j=1$  for households with Fairtrade certification,  $j=2$  for households with UTZ certification, and  $j=3$  for households with Organic certification. We follow theoretical foundations by Imbens (2000) and Lechner (2001) and empirical applications by Gerfin & Lechner (2002) and Lechner (2002) for estimating propensity scores with multiple treatments. For each marketing channel, we predict the individual probability of participation using an unconditional multinomial probit model. Predicted propensity scores of participation can be written as

$$\hat{P}_j(x), j \in J = \{0,1,..3\}. \quad (8)$$

Following Lechner (2002), the resulting pairwise propensity scores are

$$\hat{P}_{j|m_j}(x) = \frac{\hat{P}_j(x)}{\hat{P}_j(x) + \hat{P}_m(x)} \quad \forall m \neq j; \quad j, m \in J = \{0,1,..3\}, \quad (9)$$

where  $\hat{P}_{j|m_j}(x)$  is the predicted conditional propensity score of a household participating in channel  $j$  as opposed to an alternative channel  $m$ . We want to evaluate the impact of certification in comparison to no certification. In addition, we are interested in how each certification scheme compares to no certification, and how the different schemes compare against each other. Thus, there are seven pairwise comparisons, namely certified vs. non-certified, Fairtrade, UTZ, and Organic vs. non-certified, as well as Fairtrade vs. UTZ, Fairtrade vs. Organic, and UTZ vs. Organic.

Following Lechner (2001, 2002), estimation of ATT with multiple treatments can be extended to

$$ATT^{j|m} = E\{Y_j - Y_m | J = j\}, \quad \forall m \neq j, \quad j \in J = \{0,1,..3\} \quad (10)$$

In our case  $ATT^{j|m}$  estimates the expected average effects of participating in marketing channel  $j$  compared to the alternative channel  $m$ .

As in any PSM analysis, an algorithm to match treated and control households has to be chosen. We use nearest neighbor matching (NNM) and kernel matching (KM), two commonly used algorithms for empirical analysis (Caliendo & Kopeinig, 2008). NNM involves choosing a partner from the control group for matching with each treated household or individual based on propensity scores. We match each treated household with the three nearest neighbors (with replacement) in terms of propensity score distances. To avoid the possibility of bad matches, we impose a maximum caliper restriction of 0.1. KM uses non-parametric techniques to compare treated and control households based on kernel-weighted averages (Caliendo & Kopeinig, 2008). For the KM, we specified a default bandwidth of 0.06.

It should be stressed that PSM builds on the conditional independence assumption (CIA), which is also called selection on observables (Rosenbaum & Rubin, 1983). This means that the method only controls for observed heterogeneity between treated and control households. Estimates of the ATT may still be biased when there is unobserved heterogeneity. We test for the influence of such hidden bias by calculating Rosenbaum bounds (DiPrete & Gangl, 2004; Becker & Caliendo, 2007).

(d) *Estimating poverty outcomes*

We are interested in analyzing how sustainability certification affects the living standard and poverty of coffee-producing households in Uganda. We use household per capita expenditure on food and non-food consumption items as our measure of living standard. This also includes the market value of home-produced goods. In evaluating poverty outcomes, we make use of the FGT (Foster, Greer, & Thorbecke 1984) class of poverty measures, which are calculated as

$$FGT_{\alpha} = \frac{1}{N} \sum_{i=1}^q \left( \frac{z - q_i}{z} \right)^{\alpha} \quad \text{with } \alpha \geq 0, \quad (11)$$

where  $N$  is the total number of households in the sample,  $z$  is the poverty line,  $q_i$  is per capita expenditure of household  $i$ ;  $q$  is the number of households below the poverty line, and  $\alpha$  is the poverty aversion parameter. We calculate two measures, (i) the head count index, when  $\alpha= 0$ , and (ii) the poverty gap index, when  $\alpha = 1$ . For the calculations, we use the international poverty line of \$1.25 a day in terms of purchasing power parity (PPP). Expenditures by households in Ugandan shillings (UGX) are converted to international dollars by using the PPP exchange rate (World Bank, 2013).<sup>1</sup>

#### 4. DATA AND DESCRIPTIVE STATISTICS

##### (a) *Coffee production in Uganda*

Uganda is one of the top coffee producers in Africa, accounting for approximately 2.5% of global coffee production. Coffee is also the most important export crop in Uganda. Eighty-five percent of the coffee grown in the country is Robusta, which is indigenous to Uganda, while the rest is Arabica (World Bank, 2011). It is estimated that in Uganda the coffee sector employs more than 3.5 million people directly and indirectly. The crop is mostly grown by smallholders; an estimated 90% of the coffee in Uganda is produced by farm households with less than 7 acres of total land (GAIN, 2012). In smallholder production systems, coffee is often intercropped with staples like banana, maize, and cassava; coffee is the main source of cash income, while the other crops are predominantly grown for subsistence consumption.

Prior to 1991, the Ugandan coffee market was centrally controlled by a marketing board. Coffee producers were organized in cooperatives, and through these cooperatives the marketing board paid farmers a fixed price upon delivery, and a premium based on quality at a later stage. The fixed prices were often below world market levels, and the quality premium was often paid with significant delays. The system was liberalized in 1991. The Uganda Coffee

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<sup>1</sup> The PPP exchange rate is 744.62 UGX per dollar. In 2012, the official market exchange rate was around 2600 UGX per dollar.

Development Authority (UCDA) was established to monitor and regulate the market, and to promote value addition and competitiveness among local farmers. But the UCDA is not directly involved in purchasing or marketing coffee; this is left to independent private traders and companies. As a result of liberalization, market efficiency and prices that farmers received for their coffee increased, while poverty rates in coffee-growing regions decreased (Baffes, 2006).

Farmers in Uganda sell their coffee in different forms, depending on technical ability, availability of labor, financial needs, and other factors. When farmers urgently need cash already before the harvest, they sometimes decide to sell their coffee to middlemen when it is still at the flowering stage in the field. Prices received by farmers for such coffee sales are very low. Alternatively, when the coffee turns red, it can be harvested and sold as fresh red cherries. If the cherries are dried in the sun to a moisture content of about 12%, they can be sold as 'kiboko'. The sun-dried cherries can also be milled, by separating the husk from the bean, using a hulling machine. After milling, the coffee is sold as green beans. Green beans are then further graded by size, shape, and quality and exported to various international destinations for roasting (Fafchamps & Hill, 2005).

#### (b) *Household survey*

We carried out a structured survey of coffee-producing households in Uganda between July and September 2012. For the selection of households to be interviewed, we used a multi-stage sampling procedure. At first, we contacted the main coffee associations in Uganda to obtain lists of existing farmer cooperatives, including information on their location, the number of cooperative members, and certification details. Based on these lists and visits to many of the locations, we purposively selected three cooperatives. These three cooperatives had similar agro-ecological and infrastructure conditions. All three are located in the Central Region of

Uganda; two of them in Luwero District, and the third in Masaka District. In all three cooperatives, farmers produce Robusta coffee. Luwero and Masaka are among the top four districts that account for over 50% of Uganda's Robusta coffee production.

All three cooperatives selected had acquired UTZ certification around the year 2007; two of them had added a second certification scheme shortly thereafter. At the time of the survey, one cooperative had only UTZ, the second had UTZ plus Fairtrade, and the third UTZ plus Organic certification. We could not identify farmers that are only certified under Fairtrade or Organic without also having UTZ certification. This may be considered a drawback for the evaluation of individual standards. However, we evaluate the impact of each standard not only in comparison to uncertified farmers but also in comparison to farmers with other standards, so the combination in two of the cooperatives is not a problem. As Fairtrade and Organic standards both have stronger requirements than the UTZ, we refer to the UTZ-Fairtrade combination as "Fairtrade" and to the UTZ-Organic combination as "Organic" below.

Farmers have to be member of a cooperative to participate in the certification schemes, but not all members of the three cooperatives actually participated in certification. Hence, participation is an individual decision. Cooperative management provided us with lists of all members, including details on the location of each farm household and their participation in certification schemes. In each cooperative we randomly selected two parishes, and in each parish we randomly selected three villages. In these villages, we randomly selected households for the interviews. In total, we interviewed 108 Fairtrade farmers, 101 Organic farmers, and 69 UTZ farmers. In addition, 141 control farmers were randomly selected from the lists of non-certified farmers in the same villages.

The farmers were interviewed with a structured questionnaire by a small team of local enumerators that were carefully selected, trained, and supervised by the researchers. The questionnaire covered all economic activities of households with a detailed breakdown for



coffee production and marketing. We also captured the household demographic composition, food and non-food consumption, and a variety of household contextual characteristics. Food consumption data were collected through a 7-day recall. As the timing of the survey was shortly after the main harvest, consumption levels may be somewhat higher than during other times of the year. Yet, as all farmers were surveyed during a relatively short period, this should not lead to any bias in the impact assessment.

(c) *Descriptive statistics*

Table 1 shows descriptive statistics of sample farmers with a disaggregation by certification scheme. There are a few significant differences between certified and non-certified farmers. Certified farms have larger households, older household heads, longer experience with coffee cultivation, and better access to credit and agricultural extension. They also have larger farms and shorter distances to all-weather roads and input shops. Furthermore, we observe a few significant differences between farmers in different certification schemes. On average, Fairtrade farmers are better educated, own larger houses, and have better access to credit than UTZ and Organic farmers. They are also more likely to have a leadership position in the cooperative or any other local association, which we use as a proxy for diplomatic skills and social standing. On the other hand, UTZ farmers have better infrastructure conditions, whereas Organic farmers have somewhat larger landholdings.

*Table 1 about here*

Considering household consumption expenditures and poverty levels, which are shown in the lower part of Table 1, Fairtrade farmers seem to be better off than all other groups. This is also visualized in Figure 2, which depicts cumulative distribution functions (CDFs) of per capita expenditure for certified and non-certified farmers in our sample. A Kolmogorov-Smirnov test confirms that the Fairtrade distribution stochastically dominates the CDF of uncertified farmers

( $p < 0.01$ ) and that of UTZ farmers ( $p < 0.05$ ). The pooled CDF for certified farmers dominates that of non-certified farmers at 10% significance level. Figure 3 shows the poverty headcount index and the poverty gap. Fairtrade farmers are less likely to be poor, and those below the poverty line are less likely to be very poor.

*Figures 2 and 3 about here*

These descriptive statistics suggest that there are systematic differences between participants and non-participants in certified markets and also between participants in different certification schemes. However, without estimating treatment effects we do not know whether the observed differences in household living standards are impacts of certification or the result of other factors. This will be analyzed in the next section.

## 5. ESTIMATION RESULTS AND DISCUSSION

### (a) *Factors influencing the certification decision*

We start this analysis by analyzing the factors that influence household decisions to participate in a particular certification scheme. We estimate a multinomial probit model for the three certification schemes and take non-certified farmers as the base category. As described above, this multinomial probit is also employed to calculate propensity scores. Hence, we include a broad range of explanatory variables. Estimation results are shown in Table 2. For the calculation of propensity scores it does not matter if the explanatory variables are endogenous. However, to the extent possible we tried to use exogenous variables. For the more durable assets such as size of the house and landholding we preferred values lagged by five years, as this was the time when the certification schemes started in the study region. Thus, we avoid possible reverse causality. Interestingly, lagged size of the landholding does not influence participation in any of the three schemes, suggesting that certification is scale-neutral in this

local context. However, the size of the house, which we use as a proxy of wealth, increases the likelihood of Fairtrade and UTZ certification.

*Table 2 about here*

Farmers with local leadership positions are more likely to be Fairtrade certified, while access to extension seems to be more important for UTZ and Organic certification. Organic production involves knowledge-intensive agronomic practices, so farmers with access to extension may find it easier to participate. Organic practices are often more labor-intensive, too. Hence, households with a larger family labor capacity have an advantage. And, in organic production external inputs such as chemical fertilizers and pesticides are replaced with household resources, which may explain why farms further away from roads and markets are more likely to be certified in the Organic scheme. For them, it is more difficult to access such external inputs anyway. In contrast, better road access increases the likelihood of participation in Fairtrade and UTZ certification.

Based on this multinomial probit model, we predict propensity scores for the PSM analysis. Figures A1 and A2 in the appendix show the propensity score distributions for each of the seven pairwise comparisons. Regions of common support are identified by eliminating observations in the treatment and control groups that do not find matches due to too low or too high propensity scores (“untreated off-support” and “treated off-support”). These eliminated observations are not included in the calculation of the treatment effects below.

#### *(b) Impact of certification*

Table 3 shows the average treatment effects of certification on household expenditure and poverty levels for the different matching comparisons. On average, the ATTs are somewhat larger with nearest neighbor matching than with kernel matching, although the significance levels are almost identical. Looking at the first comparison between certified and non-certified

farmers, we find that certification increases consumption expenditure by UGX 369-479 per capita and day (PPP \$ 0.50-0.64). This effect is significant and implies an increase in living standard by 12-15% when compared to mean expenditure levels of non-certified households. However, the effects on household poverty are not statistically significant. These results are similar to the findings of Jena et al. (2012) in Ethiopia; they also concluded that certification somewhat increased household expenditures among smallholder coffee producers, but without a significant effect on poverty.

*Table 3 about here*

Disaggregating by certification scheme, we find that the positive impact on household expenditure is entirely driven by Fairtrade certification. Participation in Fairtrade increases per capita expenditure by 27-33%, while the effects for UTZ and Organic are both insignificant. Likewise, we find significant poverty-reducing effects for Fairtrade, but not for UTZ and Organic. Participation in Fairtrade reduces the poverty headcount index by 0.13-0.15, implying a 50% reduction of the poverty rates among non-certified households. Fairtrade also reduces the poverty gap by 9-11 percentage points. These results confirm that differentiating impacts by certification scheme is important.

How do the three certification schemes compare with each other in terms of living standard effects? Fairtrade farmers have significantly higher household expenditures than both UTZ and Organic farmers. The differences in the poverty headcount index between certification schemes are not statistically significant. Interestingly, however, Fairtrade farmers below the poverty line have a much lower poverty gap than their colleagues in the UTZ and Organic schemes. Comparing UTZ with Organic, none of the effects is statistically significant. These patterns underline that Fairtrade is more beneficial for smallholder coffee farmers in Uganda than the other two certification schemes. The results also suggest that the combination of treatments in two of the cooperatives is unlikely to confuse the impact assessment. As discussed above,

Fairtrade farmers actually have UTZ plus Fairtrade certification, whereas Organic farmers have UTZ plus Organic certification. Our estimates show that participation in UTZ alone has no significant effect on living standard. Hence, it seems justified to attribute the combined UTZ-Fairtrade effects primarily to the Fairtrade standard. This does not rule out that UTZ certification may facilitate participation in more stringent standards, such as Fairtrade or Organic.

(c) *Robustness tests*

As discussed in section 3, PSM controls for selection bias in impact assessment that is caused by observed heterogeneity between treatment and control groups. While we have used a broad set of farm, household, and contextual variables to calculate the propensity scores, it is still possible that there are unobserved factors that could be jointly correlated with the decision to participate in certification and household living standard. Such unobserved heterogeneity could bias the estimated treatment effects. To test the robustness of our results we calculate Rosenbaum bounds for hidden bias (DiPrete & Gangl, 2004; Becker & Caliendo, 2007). Assume two matched individuals with the same observed covariates that differ in their odds of participating in a certification scheme solely by the difference in unobserved factors. The Rosenbaum bound ( $\Gamma$ ) measures how big the difference in unobserved factors that drive the participation decision would have to be, in order to render the estimated ATT insignificant.

The Rosenbaum bounds are shown in the last column of Table 3.<sup>2</sup> For the significant ATTs, the values for  $\Gamma$  range between 1.5 and 2.3. The lower bound of 1.5 (for the Fairtrade poverty gap effect) implies that matched farmers with the same observed covariates would have to differ in terms of unobserved covariates by a factor of 1.5 (50%), in order to invalidate the inference of a significant treatment effect. The upper bound of 2.3 implies that unobserved

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<sup>2</sup> The Rosenbaum bounds shown in Table 3 refer to the nearest neighbor matching algorithm. We did the same calculations also for the kernel matching algorithm with almost identical results.

covariates could even differ by a factor of 2.3 (130%). Based on these results we conclude that the impact estimates are quite robust to possible hidden bias.

(d) *Possible impact pathways*

We have shown that Fairtrade certification is associated with significant benefits for smallholder coffee producers in Uganda, while UTZ and Organic certification is not. What are the reasons for these differences in impact between certification schemes? Differences in prices that farmers receive for their coffee may play a role. In section 2, we discussed that the three standards involve different pricing schemes. Fairtrade provides minimum support prices to farmers plus a Fairtrade premium to the cooperative, while Organic coffee is supposed to fetch a bonus on top of international market prices. In Table 4, we show average coffee prices received by sample farmers in different marketing channels. As coffee prices can fluctuate considerably, we asked farmers to report prices received over a period of two years. These price data are not normally distributed; we show median prices that better reflect the average than arithmetic means. Prices received by farmers for certified coffee are significantly higher than for non-certified coffee. This is in line with expectations and with studies conducted in other settings (e.g., Bacon, 2005; Wollni & Zeller, 2007). However, further disaggregation by certification scheme reveals that this pattern is primarily driven by the high prices in the Fairtrade scheme. In fact, average prices received for UTZ and Organic coffee are not significantly different from prices received for non-certified coffee. This also confirms farmers' subjective perceptions. Especially Organic farmers in our sample pointed out that there is usually no difference in prices between certified Organic and uncertified channels. An advantage of selling to traders in uncertified channels is that farmers get cash on the spot, while sales in the Organic channels are through the cooperative and associated with payment delays.

*Table 4 about here*

Table 4 shows that the average price received for Fairtrade coffee is more than double the price of uncertified coffee. This is not only due to price bonuses for certified coffee, but also to differences in processing and sales channels. Many non-certified farmers sell their coffee as fresh red cherries or as ‘kiboko’. UTZ and Organic producers also sell primarily in the ‘kiboko’ stage. In contrast, farmers in the Fairtrade cooperative mostly sell their coffee after milling in the green bean stage. Hence, Fairtrade farmers benefit from value addition at the cooperative level. Such value addition, including capacity building and technological upgrading, is especially promoted through the Fairtrade premium. Obviously, other cooperatives could also engage in further processing, but this is not specifically supported in any of the other schemes. Furthermore, there is an important institutional difference in the local context. The Fairtrade cooperative is entirely managed by its farmer members, and it owns the certification documents itself. The cooperative independently sells the coffee directly to exporters in Kampala, where it can negotiate prices. In contrast, the certification process for the UTZ and Organic cooperatives was partly funded by local export companies. Thus, the certification documents are owned by these companies, who buy the coffee from certified farmers and determine prices and processing stages.

## 6. CONCLUSION

Global food systems are undergoing a rapid transformation, with high-value market segments, private standards, and certification schemes gaining in importance. Smallholder farmers in developing countries may potentially benefit from these trends when they can be linked successfully to the emerging international value chains. Especially for luxury foods from tropical regions – such as coffee, tea, and cocoa – manufacturers and retailers use an increasing number of sustainability oriented standards and labels that also promise to improve the livelihoods of farmers. Several recent studies have analyzed the impacts of sustainability

oriented standards on farmers in developing countries, but no previous research has compared the effects of different standards in the same setting with rigorous quantitative evaluation techniques. This can be important to better understand how differences in standard design and certification practices can affect outcomes at the local level. In this article, we have addressed this research gap and have analyzed and compared the impact of three standards, namely Fairtrade, UTZ, and Organic, on the livelihoods of coffee farmers in Uganda. For the analysis, we have used data from a household survey in Central Uganda and a propensity score matching approach with multiple treatments.

Estimation results show that farm households in all three certification schemes combined have significantly higher living standards than their matched counterparts in non-certified channels. Poverty effects are not statistically significant for the combined sample of certified households. However, disaggregation by certification scheme has revealed important differences. Fairtrade certification causes a 30% increase in per capita consumption expenditures, primarily through higher prices received in the Fairtrade channel. Fairtrade certification cuts the likelihood of being poor by 50% and also significantly reduces the poverty gap. Participation in UTZ and Organic certification schemes is not associated with significant impacts on living standards and poverty. In fact, average prices received by UTZ and Organic farmers are not different from those received by non-certified farmers. These results confirm that differentiating by certification scheme is important. Overly broad statements about the impact of certification in general may be misleading.

The differences in impact can be explained by various factors. First, Fairtrade guarantees farmers a minimum support price and pays an additional Fairtrade premium to the cooperative for capacity building and related community projects. Such social premiums are not paid in UTZ and Organic certification schemes. Second, farmers in the Fairtrade cooperative have more freedom how to market their coffee. The cooperative owns the certification documents



itself and can sell to any buyer; thus it is in a better position to negotiate prices. In contrast, the UTZ and Organic certification documents are owned by specific exporters, to which participating farmers have to sell their coffee. Third, and related to the previous point, the Fairtrade cooperative sells most of the coffee from its members in milled form as green beans; member farmers benefit from this value addition at the cooperative level. UTZ and Organic farmers, on the other hand, sell most of their coffee in unprocessed form, as specified by the exporters that own the certification documents. Some of these factors are specific to the particular cooperatives analyzed here. Therefore, one should not extrapolate these findings to other settings without further analysis. We should also stress that our study is not an attempt to holistically assess all possible impacts of certification. We focused on socioeconomic implications for smallholder producers in terms of living standard and poverty. Especially the Organic standard places higher priority on aspects of environmental sustainability, which we did not analyze here.

Nevertheless, there are some broader lessons that can be learned from our results. First, when provided with institutional support, smallholder farmers and cooperatives can participate in certified markets and comply with stringent food quality and food safety standards. The cooperatives investigated in this study, in one of the poorest countries in the world, were certified around the year 2007 and have since managed to fully comply with the different international standards. This is encouraging and disproves pessimistic views that smallholder farmer will not be able to participate in high-value markets on a sustained basis. Second, the impact of standards and certification on farmer livelihoods may differ significantly by certification scheme. Hence, it is worthwhile to take a closer look. Better understanding impact differences and factors that contribute to these differences may be relevant for all actors along the supply chain, including for consumers who may wish to make more informed purchase decisions. Such understanding may also help improve the design of standards and certification

systems from a social perspective. Third, the impacts of standards and certification systems depend to a large extent on institutional factors at the local level, including cooperative performance and management capacity. Certification may be a prerequisite for entering international high-value chains, but this alone is not a sufficient condition for improved livelihoods and poverty reduction.

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**Table 1: Summary statistics by certification scheme**

	Pooled sample		By certification scheme		
	Non-certified (N=141)	Certified (N=278)	Fairtrade (N=108)	UTZ (N=69)	Organic (N=101)
<i>Household characteristics</i>					
Male household head (dummy)	0.791 (0.41)	0.738 (0.44)	0.806 (0.40)	0.694 (0.46)	0.693 (0.46)
Age of household head (years)	47.378 (15.44)	55.432*** (12.82)	55.824*** (11.96)	56.258*** (13.05)	54.505*** (13.60)
Education of household head (years)	6.534 (3.33)	6.590 (3.78)	7.787** (3.66)	6.710 <sup>d</sup> (3.57)	5.238** <sup>i</sup> (3.63)
Cellphone ownership (dummy)	0.750 (0.43)	0.775 (0.42)	0.907** <sup>b</sup> (0.29)	0.758 (0.43)	0.644 <sup>i</sup> (0.48)
Household size (members)	5.919 (3.07)	6.919** (3.23)	6.731* (2.55)	6.452 (2.95)	7.406*** (3.94)
Labor capacity (worker equivalents) <sup>#</sup>	3.370 (1.78)	4.200*** (2.19)	4.246*** (1.80)	3.821 (1.82)	4.384*** (2.70)
Number of rooms	4.128 (1.48)	4.613** (1.51)	5.296*** <sup>c</sup> (1.53)	4.435 <sup>d</sup> (1.25)	3.990 <sup>i</sup> (1.33)
Years resident in community	34.074 (32.79)	40.321* (17.33)	44.194** <sup>a</sup> (16.15)	37.855 (17.88)	37.693 <sup>h</sup> (17.59)
Years growing coffee	16.662 (12.75)	26.786*** (15.59)	26.787*** (15.33)	25.597*** (16.50)	27.515*** (15.40)
Leadership position (dummy)	0.372 (0.48)	0.513** (0.50)	0.685*** <sup>b</sup> (0.47)	0.484 (0.50)	0.347 <sup>i</sup> (0.48)
Access to extension (dummy)	0.486 (0.50)	0.598* (0.49)	0.667** (0.47)	0.677* <sup>d</sup> (0.47)	0.475 <sup>h</sup> (0.50)
Access to savings account (dummy)	0.182 (0.39)	0.347*** (0.48)	0.444*** (0.50)	0.323* (0.47)	0.257 <sup>h</sup> (0.44)
Access to credit (dummy)	0.291 (0.46)	0.487*** (0.50)	0.657*** <sup>b</sup> (0.48)	0.403 (0.49)	0.356 <sup>i</sup> (0.48)
<i>Farm characteristics</i>					
Total land owned (acres)	4.533 (3.30)	6.220*** (4.70)	5.857** (3.37)	5.378 <sup>d</sup> (3.53)	7.126*** (6.20)
Farm altitude (m)	1210.02 (47.70)	1168.85*** (71.65)	1249.65*** <sup>c</sup> (24.75)	1140.13*** <sup>f</sup> (22.64)	1100.07*** <sup>i</sup> (23.52)
Distance to input market (km)	5.712 (8.32)	4.009** (3.87)	4.484 (4.74)	3.677 (3.21)	3.705* (3.10)
Distance to output market (km)	4.135 (6.19)	3.523 (3.02)	3.521 (3.10)	2.863 <sup>d</sup> (2.46)	3.930 <sup>g</sup> (3.19)
Distance to all-weather road (km)	18.793 (15.40)	14.998** (8.31)	15.450* <sup>c</sup> (6.71)	4.959*** <sup>f</sup> (3.31)	20.675 <sup>i</sup> (6.01)
<i>Living standard and poverty</i>					
Per capita expenditure (UGX/day)	3,176 (1,582)	3,579* (1,821)	4,010*** <sup>b</sup> (1,902)	3,154 (1,666)	3,380 <sup>g</sup> (1,743)
Poverty headcount index	0.26 (0.44)	0.21 (0.41)	0.14* <sup>a</sup> (0.35)	0.26 (0.44)	0.25 <sup>g</sup> (0.43)

Notes: Mean values are shown with standard deviations in parentheses. Mean values across schemes are tested for statistically significant differences; \* p<0.1, \*\* p<0.05, \*\*\* p<0.01 when compared to non-certified farmers; <sup>a</sup> p<0.1, <sup>b</sup> p<0.05, <sup>c</sup> p<0.01 for differences between Fairtrade and UTZ; <sup>d</sup> p<0.1, <sup>e</sup> p<0.05, <sup>f</sup> p<0.01 for differences between UTZ and Organic; <sup>g</sup> p<0.1, <sup>h</sup> p<0.05, <sup>i</sup> p<0.01 for differences between Organic and Fairtrade. <sup>#</sup> Worker equivalents were calculated by weighting household members; less than 9 years = 0; 9 to 15 years or above 49 years = 0.7; 16 to 49 = 1.

**Table 2: Multinomial probit estimates for participation in certification schemes**

Variables	Fairtrade	UTZ	Organic
<i>Household characteristics</i>			
Male household head (dummy)	-0.142 (0.384)	0.158 (0.501)	0.893 (0.634)
Age of household head (years)	0.104 (0.077)	0.127 (0.093)	0.270** (0.115)
Age of household head squared	-0.001 (0.001)	-0.001 (0.001)	-0.002** (0.001)
Education of household head (years)	0.067 (0.050)	0.073 (0.071)	-0.036 (0.083)
Cellphone ownership (dummy)	0.106 (0.467)	0.334 (0.475)	0.284 (0.586)
Labor capacity (worker equivalents)	0.061 (0.087)	0.172 (0.119)	0.243* (0.135)
Number of rooms (5 years ago)	0.276*** (0.100)	0.289** (0.132)	-0.096 (0.211)
Years resident in community	0.006 (0.005)	0.008 (0.011)	0.004 (0.009)
Years growing coffee	0.038*** (0.013)	0.017 (0.020)	0.029 (0.024)
Leadership position (dummy)	0.853*** (0.326)	0.554 (0.466)	-0.695 (0.653)
Access to extension (dummy)	0.389 (0.312)	1.477*** (0.484)	1.357** (0.584)
Access to savings account (dummy)	0.200 (0.364)	0.312 (0.558)	0.536 (0.666)
Access to credit (dummy)	0.985*** (0.303)	0.631 (0.443)	0.854 (0.523)
<i>Farm characteristics</i>			
Total land owned 5 years ago (acres)	-0.017 (0.042)	-0.089 (0.069)	0.059 (0.071)
Farm altitude (m)	0.018*** (0.004)	-0.044*** (0.009)	-0.076*** (0.010)
Distance to input market (km)	-0.030 (0.027)	0.038 (0.071)	-0.069 (0.071)
Distance to output market (km)	0.039 (0.037)	0.076 (0.088)	0.092* (0.053)
Distance to all-weather road (km)	-0.058*** (0.015)	-0.161*** (0.037)	0.061** (0.025)
Constant	-28.25*** (5.239)	42.27*** (9.834)	75.17*** (10.94)
Log likelihood	-178.7		
Chi-square	200.0***		
Observations	419		

Notes: Coefficient estimates are shown with standard errors in parentheses. The base category consists of farmers without any certification. \* p<0.1, \*\* p<0.05, \*\*\* p<0.01.



**Table 3: Average treatment effects on the treated for household expenditure and poverty**

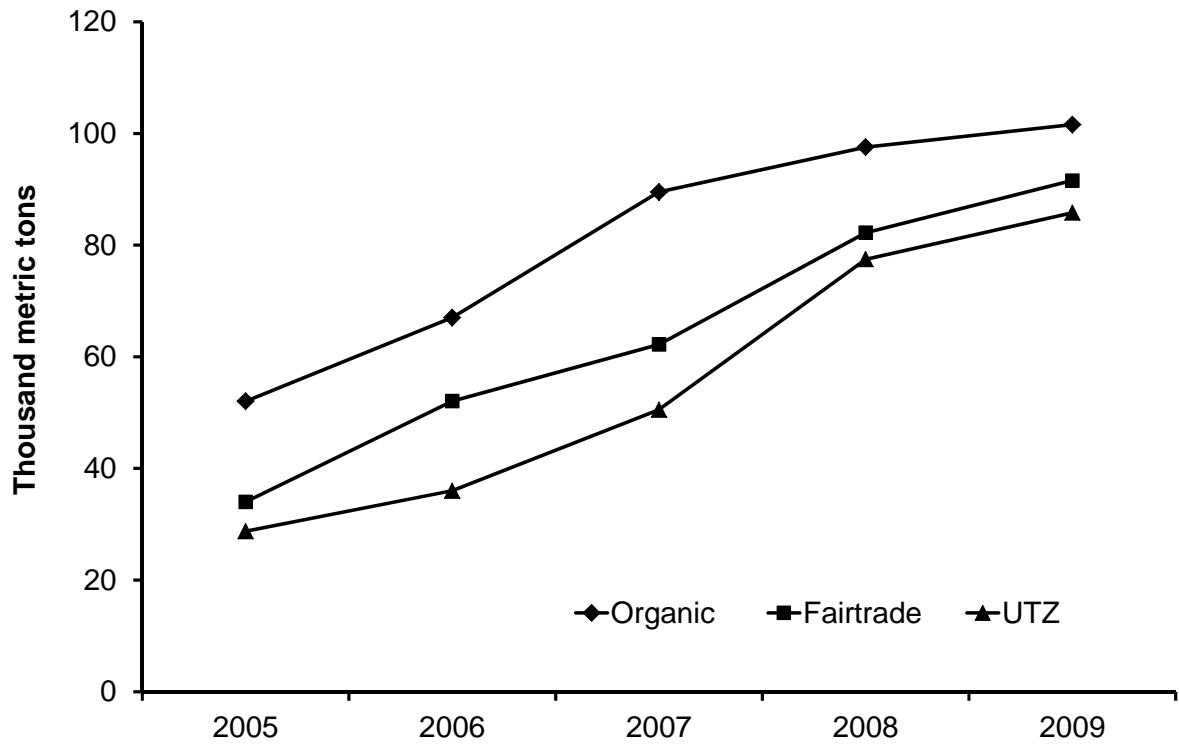
	Nearest neighbor matching		Kernel matching		$\Gamma$
	ATT	S.E.	ATT	S.E.	
<i>Certified vs. non-certified</i>					
Per capita expenditure (UGX)	478.99**	191.88	369.44**	180.24	1.9
Poverty headcount index	-0.08	0.05	-0.05	0.05	1.5
Poverty gap index	0.01	0.04	0.01	0.04	1.3
<i>Fairtrade vs. non-certified</i>					
Per capita expenditure (UGX)	1028.58***	239.84	871.27***	229.69	1.6
Poverty headcount index	-0.15**	0.06	-0.13**	0.05	2.0
Poverty gap index	-0.09*	0.04	-0.11**	0.04	1.5
<i>UTZ vs. non-certified</i>					
Per capita expenditure (UGX)	-51.70	269.70	36.72	254.52	1.2
Poverty headcount index	-0.02	0.08	-0.03	0.07	1.3
Poverty gap index	0.05	0.07	0.05	0.07	1.1
<i>Organic vs. non-certified</i>					
Per capita expenditure (UGX)	242.42	286.99	0.55	252.84	1.3
Poverty headcount index	-0.04	0.08	0.02	0.07	1.4
Poverty gap index	0.06	0.05	0.07	0.06	1.1
<i>Fairtrade vs. UTZ</i>					
Per capita expenditure (UGX)	984.83***	318.74	850.20***	286.93	1.8
Poverty headcount index	-0.07	0.07	-0.07	0.07	1.4
Poverty gap index	-0.21**	0.06	-0.22***	0.06	2.3
<i>Fairtrade vs. Organic</i>					
Per capita expenditure (UGX)	619.75*	334.15	484.8	331.01	1.4
Poverty headcount index	-0.08	0.08	-0.07	0.08	1.1
Poverty gap index	-0.19**	0.08	-0.24**	0.1	2.3
<i>UTZ vs. Organic</i>					
Per capita expenditure (UGX)	97.53	405.28	-106.55	343.34	1.2
Poverty headcount index	0.15	0.11	0.13	0.09	1.1
Poverty gap index	-0.17	0.18	0.03	0.13	1.1

Notes: ATT: average treatment effect on the treated; S.E.: bootstrapped standard errors;  $\Gamma$ : Rosenbaum bounds (critical levels of hidden bias). \* p<0.1; \*\* p<0.05; \*\*\* p<0.01.

**Table 4: Median prices received for coffee under different certification schemes**

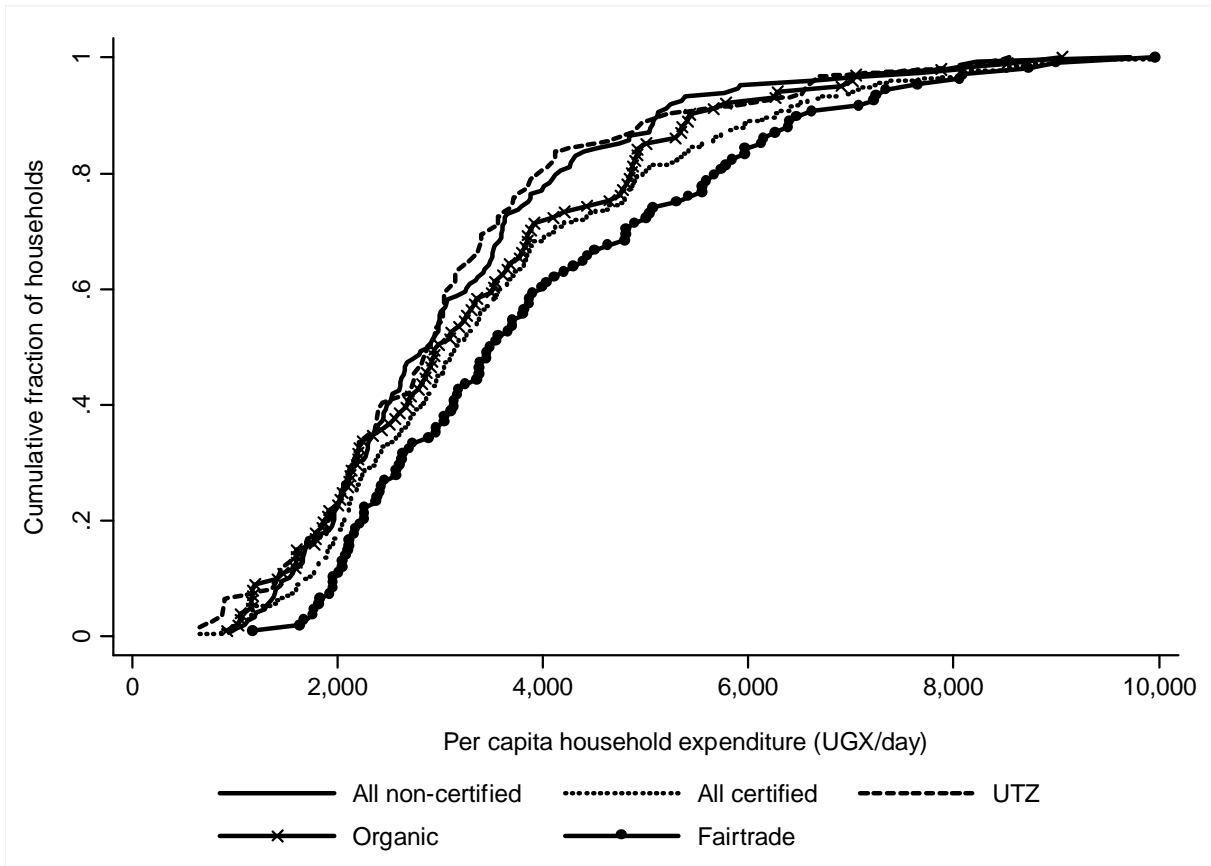
Certification scheme	Median coffee price (UGX/kg)	Interquartile range
All non-certified	1550	1150
All certified	2000 <sup>a</sup>	1350
Fairtrade	3233 <sup>a,c,d</sup>	1783
UTZ	1750 <sup>b</sup>	762
Organic	1500 <sup>b</sup>	900

Notes: Median coffee prices received by farmers were calculated over the last two seasons. The interquartile range is analogous to the standard deviation for the median. Median prices between schemes are tested for statistically significant differences using the Kruskal-Wallis test; <sup>a</sup> p<0.01 when compared to non-certified; <sup>b</sup> p<0.01 when compared to Fairtrade; <sup>c</sup> p<0.01 when compared to UTZ; <sup>d</sup> p<0.01 when compared to Organic.

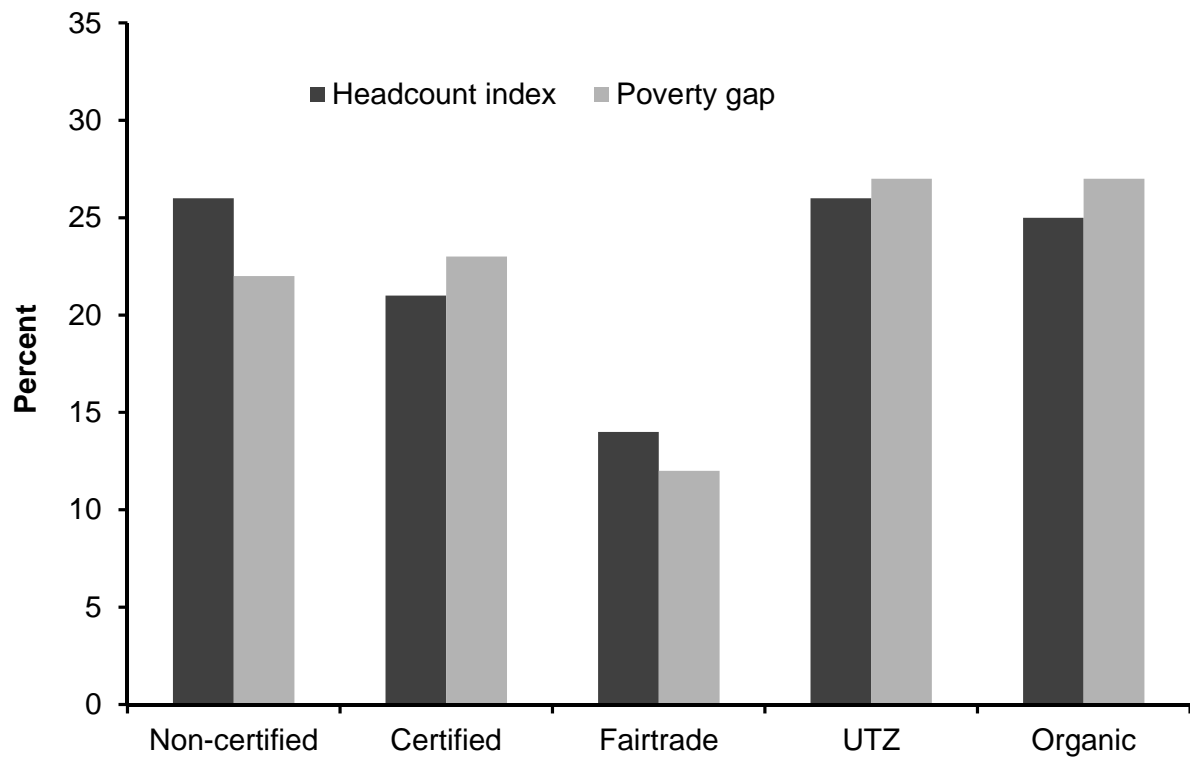


**Figure 1: Global import quantities of Organic, Fairtrade, and UTZ Certified coffee**

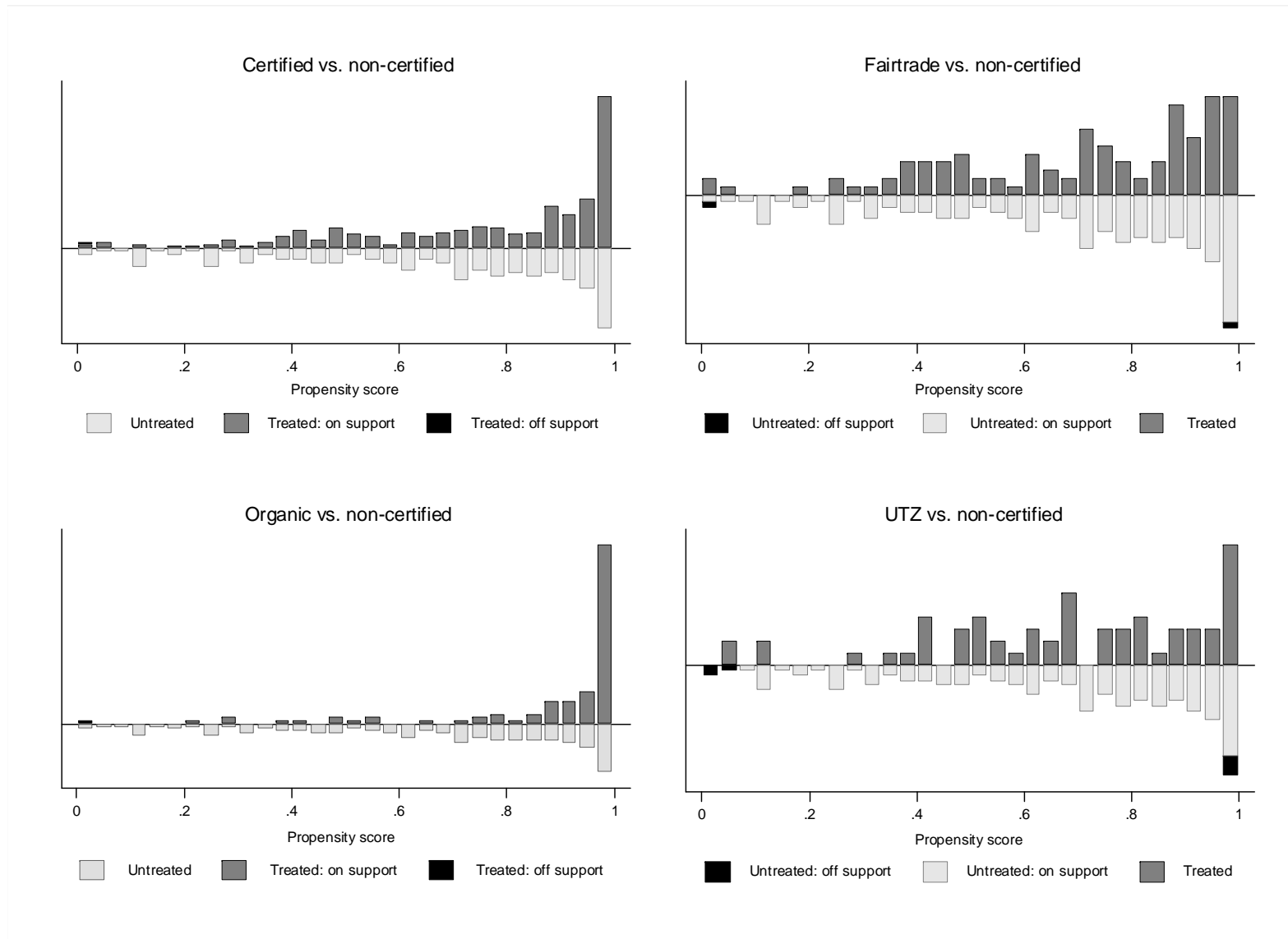
Source: Own graphical presentation based on data from ITC (2011).



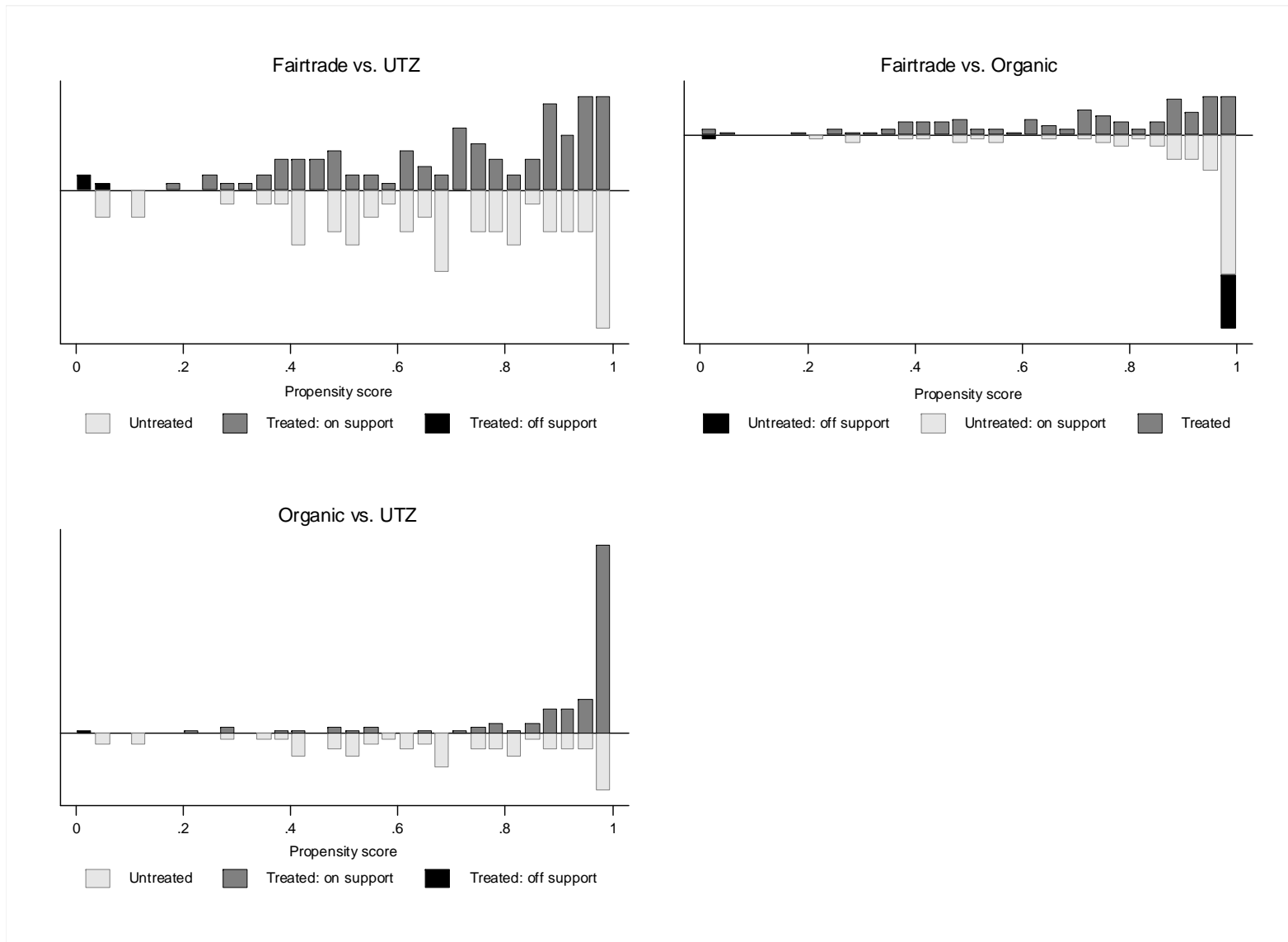
**Figure 2: Cumulative distribution of per capita expenditure by certification scheme**



**Figure 3: Poverty indicators by certification scheme**



**Figure A1: Propensity score distribution and common support for certified and non-certified farmers**



**Figure A2: Propensity score distribution and common support for farmers in different certification schemes**